

NEWBRIDGE
ON THE CHARLES



Dr. Miriam and Sheldon G. Adelson Campus

January 14, 2022

Hello everyone,

In a previous communication, I explained the steps we are taking to improve the snow removal at NewBridge. But, I want to remind you that if you are ever concerned about driving in this crazy New England weather, security does provide transportation to the on-campus medical and physical therapy practices. I encourage you to reach out to security should you ever need assistance getting to an appointment.

Monday is the Martin Luther King holiday. This is a staff holiday. So, I am including the housekeeping holiday coverage so you can see how you may be affected next week.

I received a request from a resident to publish the most recent version of the in-house phone numbers for staff and services. This particular reference is also available on the resident web site – www.newbridgeresidents.org .

On Thursday, January 20, Tara Fleming-Caruso will lead the educational seminar, *NBOC 101* via Zoom. The seminar will provide a basic understanding about all the supports available to you as NewBridge Members. Arm yourself with pro-active education so you may choose how you can live your best life regardless of whatever may be in your future. A Zoom link will be shared with you next week.

On yesterday's resident Zoom call, we spoke about the current situation regarding COVID-19 happening in Independent Living. As of today, we have three residents in isolation after testing positive. All are doing well with mild symptoms being the strongest complaint. We also have four residents who have recovered from their encounter over the past few weeks. We are seeing a "flattening of the curve" in terms

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of staff absences. The number of staff returning to work is slightly higher than those needing to isolate from the campus. While there are signs of this surge being on the verge of abating, *we are still at the highest level of transmission* since we began watching the virus. Now is still the time for all of you to be at your most careful.

Remember the key rules:

- Wear a mask
- Keep your distance
- If ill, stay home

Together, we seem to be getting through this well. Again, thank you all for taking care of yourselves!

Since I haven't done my personal paragraph in a while, I'll leave you with this quick tidbit. Even though my wife was home with me throughout my sickly time at home, she had the audacity to stay wonderfully healthy despite our close quarters. With a smile, she says to me, "misery never loves company." Cheeky, yes, but I'm glad she never had a problem. I'm wishing you all the very same!

Have a wonderful weekend,

Steve Colwell
Executive Director
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