

# WEEKLY calendar

SUNDAY, JAN 16  
TO SATURDAY, JAN 22

MONTH OF  
January

## SUNDAY, JANUARY 16

10:00-10:45 AM

GET FIT WHILE YOU SIT 2.0

CH. 918

2:00-3:50 PM

SUNDAY TV SERIES: *THE FORSYTE SAGA*

SOBEL THEATER/CH. 918

(SEASON 2, EPISODES 3 & 4)

AN EPIC DRAMA SPANNING THREE GENERATIONS OF THE  
POWERFUL FORSYTE FAMILY AT THE TURN OF THE 20TH CENTURY

7:30-9:35 PM

FOREIGN MASTERPIECE MOVIE NIGHT: *PLAYTIME*

SOBEL THEATER/CH. 918

JACQUES TATI'S GLORIOUSLY CHOREOGRAPHED, NEARLY  
WORDLESS COMEDIES ABOUT CONFUSION IN AN AGE  
OF TECHNOLOGY REACHED THEIR PEAK IN THIS FILM.

WITH EVERY INCH OF ITS FRAME CRAMMED WITH HILARITY  
AND INVENTIVENESS, *PLAYTIME* IS A TESTAMENT TO  
A MODERN ERA TIPTOEING ON THE EDGE OF OBLIVION.

## MONDAY, JANUARY 17

8:30-12:00 PM

SUPERVISED EXERCISE

FITNESS CENTER

9:00-10:00 AM

YOGA FITNESS CLASS

AEROBICS STUDIO

10:00-10:45 AM

BOOTCAMP 2.0

CH. 918

11:00 AM

BUS DEPARTS FOR TJ MAXX, STOP & SHOP, AND JOB LOT

1:00-3:00 PM

SUPERVISED EXERCISE

FITNESS CENTER

2:00-3:00 PM

LIVE ZOOM BROADCAST: *POUSSIN AND THE DANCE*

ZOOM/CH.918

PRESENTED BY ART HISTORIAN RUTH EZRA, PH.D.

CH.918

3:30-4:15 PM

FIT AND FLEXIBLE

3:30-4:30 PM

LIVING WITH LOSS SUPPORT GROUP

BEAL FAMILY CHAPEL

7:30-9:30 PM

REMEMBERING MARTIN LUTHER KING, JR: *MLK/FBI* (2021)

SOBEL THEATER/CH. 918

BASED ON RECENTLY DECLASSIFIED FILES, OSCAR-NOMINATED  
FILMMAKER SAM POLLARD EXPLORES THE US GOVERNMENT'S  
SURVEILLANCE & HARASSMENT OF MARTIN LUTHER KING, JR.

## TUESDAY, JAN. 18

9:00-9:45 AM

BOOTCAMP FITNESS CLASS

AEROBICS STUDIO

10:00-10:45 AM

YOGA FIT 2.0

CH. 918

12:45-2:00 PM

TUESDAY MEN'S LUNCH GROUP

NOSH

1:15-1:45 PM

BETTER BALANCE FITNESS CLASS

AEROBICS STUDIO

2:00-4:00 PM

FEATURE DOCUMENTARY: *PRESERVING DEMOCRACY –*

CH.918

*PURSUING A MORE PERFECT UNION*

FOLLOW THE PURSUIT OF DEMOCRACY FROM THE  
REVOLUTIONARY WAR THROUGH RECURRING CYCLES OF CIVIL  
RIGHTS PROGRESS AND BACKLASH, THE 2021 CAPITOL RIOT  
AND BEYOND. EXPLORE THE IMPACT OF VOTER RIGHTS AND  
A CIVICS CURRICULUM ON ENGAGED AND INFORMED CITIZENS.

3:30-4:30 PM

JEWISH LIFE COMMITTEE

ZOOM

7:30-9:15 PM

NEW RELEASE MOVIE NIGHT: *THE TENDER BAR*

SOBEL THEATER/CH. 918

FROM DIRECTOR GEORGE CLOONEY AND BASED ON THE BEST-  
SELLING MEMOIR, THE FILM FOLLOWS AN ASPIRING WRITER  
PURSUING HIS ROMANTIC & PROFESSIONAL DREAMS.  
STARRING BEN AFFLECK AND TYE SHERIDAN.

# WEEKLY calendar

SUNDAY, JAN 16  
TO SATURDAY, JAN 22

MONTH OF  
January

## WEDNESDAY, JAN. 19

8:30-12:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
9:00-10:15 AM	BUS DEPARTS FOR SUDBURY FARMS, TRADER JOE'S & CVS	
10:00-10:45 AM	CHAIR ZUMBA GOLD 2.0	CH. 918
10:00-11:00 AM	CANCELLED COFFEE CONNECTION	TERRACE ROOM
10:00-11:00 AM	CANCELLED LINE DANCING	AEROBICS STUDIO
11:00-12:00 PM	TORAH STUDY WITH RABBI JUDI EHRLICH	ZOOM/CH.918
1:00-3:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
1:15-1:45 PM	BETTER BALANCE FITNESS CLASS	AEROBICS STUDIO
2:00-3:00 PM	<i>AFFORDABLE HEALTH CARE FOR ALL –THE EASIEST PROBLEM TO FIX IN THE UNITED STATES</i> PRESENTED BY ALAN SAGER, PH.D., BOSTON UNIVERSITY SCHOOL OF PUBLIC HEALTH	GMH/CH. 918
3:30-4:15 PM	FLEX & STRETCHED 2.0	CH.918
3:30-4:30 PM	A STITCH IN TIME – KNITTING GROUP WITH TARA	CENTRO FIREPLACE
4:00-4:30 PM	3 <sup>RD</sup> FLOOR NORTH	
7:30-9:15 PM	FROM BROADWAY ARCHIVE: ZIEGFELD FOLLIES (1946) THE GREATEST SHOWMAN ON EARTH IS NOW THE GREATEST SHOWMAN IN HEAVEN AS FLO ZIEGFELD LOOKS DOWN FROM PARADISE ON A REVUE OF MUSICAL AND COMEDY ACTS, LIKE NO OTHER EVER BEFORE, WHEN THE WORLD FAMOUS ZIEGFELD GIRLS STAR WITH THE BIGGEST STARS OF THE TIME. DIRECTOR VINCENTE MINNELLI, STARRING FRED ASTAIRE, LUCILLE BALL, JUDY GARLAND AND FANNIE BRICE.	SOBEL THEATER/CH. 918

## THURSDAY, JAN. 20

10:00-10:45 AM	KEEPIN' IT LOOSE 2.0	CH. 918
10:00-10:45 AM	ADVANCED EXERCISE & SELF DEFENSE CLASS	AEROBICS STUDIO
11:30-12:30 PM	NY TIMES CROSSWORD PUZZLE GROUP	ZOOM/THEATER
1:00-2:00 PM	ADVANCED TAI CHI	ZOOM
2:00-3:00 PM	FEATURE DOCUMENTARY: <i>EXTINCTION - THE FACTS</i> NATURAL HISTORIAN SIR DAVID ATTENBOROUGH EXPLORES THE EXTINCTION CRISIS AND HOW IT DRIVES PANDEMIC DISEASES.	CH. 918
2:00-3:00 PM	BEGINNERS TAI CHI	ZOOM
2:00-3:00 PM	NBOC 101: AN EDUCATIONAL SESSION ON CARE OPTIONS ACROSS THE NBOC CAMPUS WITH TARA (RSVP AT 4-9404)	ZOOM
3:30-4:30 PM	RESIDENTS' CHAT HOSTED BY JERRY WYNER	ZOOM/CH. 918
7:30-9:00 PM	MOVIE NIGHT: <i>ONE SPECIAL NIGHT</i> (1999) JULIE ANDREWS AND JAMES GARNER PORTRAY TWO STRANGERS WHO TAKE REFUGE IN A SMALL CABIN DURING A STORMY WINTER NIGHT AND, DESPITE THEIR DIFFERENCES, OR PERHAPS BECAUSE OF THEM, THEY ARE UNDENIABLY DRAWN TO ONE ANOTHER.	SOBEL THEATER/CH. 918
8:00-9:00 PM	WOLVERINE JAZZ BAND LIVE IN CONCERT	GMH

# WEEKLY calendar

SUNDAY, JAN 16  
TO SATURDAY, JAN 22

MONTH OF  
January

## FRIDAY, JAN. 21

8:30-12:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
10:00-10:45 PM	FIT & FLEXIBLE 2.0	CH. 918
10:20 AM & 12:50 PM	BUS DEPARTS FOR LEGACY PLACE SHOPPING	
11:00-12:00 PM	CURRENT EVENTS DISCUSSION GROUP	ZOOM
11:15 AM	BUS DERARTS FOR BSO PERFORMANCE	
1:00-3:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
1:15-1:45 PM	BETTER BALANCE FITNESS CLASS	AEROBICS STUDIO
2:00-3:30 PM	GREAT PERFORMANCES SERIES  <i>FROM VIENNA – THE NEW YEAR'S CELEBRATION 2022</i> UNDER THE BATON OF GRAMMY-WINNING GUEST CONDUCTOR DANIEL BARENBOIM, THE VIENNA PHILHARMONIC PERFORMS A SELECTION OF FAVORITE STRAUSS WALTZES. THE CONCERT ALSO FEATURES DANCES FROM THE VIENNA STATE BALLET PERFORMED AT SCHÖNBRUNN PALACE AND ITS PARK GROUNDS, AS WELL AS A PERFORMANCE BY THE WORLD-FAMOUS LIPIZZANER HORSES FROM THE SPANISH RIDING SCHOOL. FRIDAY SHABBAT SERVICE LED BY RABBI JUDI EHRLICH TIMELESS CLASSICS MOVIE NIGHT: <i>THE QUIET MAN</i> A RETIRED AMERICAN BOXER RETURNS TO THE VILLAGE OF HIS BIRTH IN IRELAND, WHERE HE FALLS FOR A SPIRITED REDHEAD WHOSE BROTHER IS CONTEMPTUOUS OF THEIR UNION. DIRECTOR JOHN FORD; STARRING JOHN WAYNE, AND MAUREEN O'HARA.	CH. 918
5:00-6:00 PM		SYNAGOGUE/CH.918
7:30-9:45 PM		SOBEL THEATER/CH. 918

## SATURDAY, JAN. 22

10:00-10:45 AM	SATURDAY SHABBAT SERVICE LED BY RABBI KAREN LANDY	CH. 918
11:00-11:45 AM	FLEX & STRETCHED 2.0	CH. 918
12:00 PM	RESIDENTS' CHAT HOSTED BY JERRY WYNER RECORDED ON JANUARY 1.20.22	CH.918
2:00-4:30 PM	MET @ HOME: <i>VERDI NABUCCO</i> LEGENDARY SUPERSTAR PLACIDO DOMINGO AND MET MUSIC DIRECTOR EMERITUS JAMES LEVINE CONTINUE THEIR HISTORIC PARTNERSHIP IN THIS PERFORMNACE OF THE OPERA THAT MADE VERDI FAMOUS. ALSO STARS LIUDMYLA MONASTYRSKA AS THE CRUEL & TREACHEROUS ABIGAILE.	CH. 918
7:30-9:15 PM	NEW RELEASE MOVIE NIGHT: <i>THE FRENCH DISPATCH</i> WES ANDERSON'S NEW FILM BRINGS TO LIFE A COLLECTION OF STORIES FROM THE FINAL ISSUE OF AN AMERICAN MAGAZINE PUBLISHED IN A FICTIONAL 20 <sup>TH</sup> -CENTURY FRENCH CITY. IT STARS BENICIO DEL TORO, ADRIEN BRODY, TILDA SWINTON, FRANCES McDORMAND, TIMOTHEE CHALEMET, BILL MURRAY AND OWEN WILSON.	SOBEL THEATER/CH. 918