

SUNDAY, JULY 31

10:00-10:45 AM
2:00-3:30 PM

GET FIT WHILE YOU SIT 2.0
SUNDAY TV SERIES: *BEAUTY QUEEN OF JERUSALEM*
SEASON 2, EPISODE 1 & 2 - THIS MULTIGENERATIONAL HISTORICAL SAGA TELLS THE STORY OF A SEPHARDIC FAMILY LIVING THROUGH THE OTTOMAN EMPIRE, THE BRITISH MANDATE AND ISRAEL'S WAR OF INDEPENDENCE.

CH. 918
CH. 918

7:30-10:00 PM

MOVIE NIGHT: *THIRTEEN DAYS* (2001)
KEVIN COSTNER STARS IN THIS INSIDE LOOK AT HOW THE KENNEDY ADMINISTRATION RESPONDED TO THE DISCOVERY OF OFFENSIVE SOVIET WEAPONS IN CUBA. STARRING KEVIN COSTNER, BRUCE GREENWOOD, STEVEN CULP. DIRECTOR ROGER DONALDSON.

SOBEL THEATER/CH. 918

MONDAY, AUGUST 1

8:30-12:00 PM
9:00-10:00 AM
10:00-10:45 AM
10:30-12 PM

SUPERVISED EXERCISE
YOGA FITNESS CLASS
BOOTCAMP 2.0
SUMMER COURSES: *THE ULTIMATE NEGOTIATION* –
JOHN F. KENNEDY AND THE CUBAN MISSILE CRISIS
LED BY EUGENE KOGAN, PH.D. (PRIOR REGISTRATION REQUIRED)

FITNESS CENTER
AEROBICS STUDIO
CH. 918
SYNAGOGUE

11:00 AM

BUS DEPARTS FOR TJ MAXX, STOP & SHOP, AND JOB LOT

1:00-3:00 PM
1:15-1:45 PM
2:00-4:30 PM

SUPERVISED EXERCISE
BETTER BALANCE
MET AT HOME: STRAUSS – *ARIADNE AUF NAXOS* (2022)
HAILED BY THE NEW YORK TIMES FOR POSSESSING A VOICE WITH “ALMOST PHYSICAL PRESENCE—PRESSING AGAINST YOUR CHEST, RAISING THE HAIRS ON THE BACK OF YOUR NECK,” NORWEGIAN SOPRANO LISE DAVIDSEN DELIVERS A CAREER-DEFINING PERFORMANCE IN THE TITLE ROLE, GOING HEAD TO HEAD WITH STRATOSPHERIC SOPRANO BRENDA RAE AS HER COMIC FOIL, ZERBINETTA.

FITNESS CENTER
AEROBICS STUDIO
CH. 918

5:30-7:30 PM
7:30-9:00 PM

COMMUNITY BIRTHDAY CELEBRATION
NEW RELEASE MOVIE NIGHT: *THE FIRE WITHIN – A REQUIEM FOR KATIA AND MAURICE KRAFFT*
WRITTEN, DIRECTED AND NARRATED BY GERMAN DIRECTOR WERNER HERZOG, THIS DOCUMENTARY PAYS HOMAGE TO THE LEGENDARY FRENCH VOLCANOLOGISTS, MAURICE AND KATIA KRAFFT, WHO WERE KILLED BY A VOLCANIC ERUPTION IN 1991, AND LEFT AN ARCHIVE OF MORE THAN 200 HOURS OF FOOTAGE.

GMH
SOBEL THEATER/CH. 918

TUESDAY, AUGUST 2

9:00-9:45 AM
10:00-10:45 AM
10:30-12 PM

BOOTCAMP FITNESS CLASS
YOGA FIT 2.0
SUMMER COURSES: “*VERISMO*” OPERA
LED BY ERIKA REITSHAMER (PRIOR REGISTRATION REQUIRED)

AEROBICS STUDIO
CH. 918
SYNAGOGUE

12:45-2:00 PM
1:00-3:00 PM

TUESDAY MEN’S LUNCH GROUP
OPEN ART – ALL WELCOME!

NOSH
ART STUDIO

| | | |
|--------------|--|-----------------------|
| 2:00-3:15 PM | BSO ARCHIVES: <i>EVENING AT POPS WITH CONDUCTOR JOHN WILLIAMS AND SPECIAL GUEST GREGORY HINES (1983)</i> | CH. 918 |
| 2:00-3:30 PM | TUESDAY'S WITH SECURITY: <i>ACTIVE THREAT RESPONSE FOR NEWBRIDGE COMMUNITY MEMBERS</i> | SYNAGOGUE |
| 3:30-4:30 PM | VOLUNTEER OUTREACH COMMITTEE | LBR.RDN ROOM |
| 4:00-6:00 PM | CAROL MARLIN MOVIE GROUP: <i>IMAGE OF VICTORY (2021)</i> IN 1948, AN EGYPTIAN FILMMAKER DOCUMENTS A RAID ON NITZANIM, WHERE A YOUNG ISRAELI MOTHER MUST RECKON WITH THE TRUE COST OF WAR. BASED ON REAL EVENTS. | SOBEL THEATER/CH. 918 |
| 7:30-9:00 PM | BRITISH COMEDY NIGHT: <i>MR. BEAN'S HOLIDAY (2007)</i> WHEN LONDON'S WET WEATHER BECOMES TOO MUCH TO BEAR, PRATFALL-PRONE MR. BEAN (ROWAN ATKINSON) HEADS TO THE FRENCH RIVIERA FOR SOME FUN IN THE SUN. | SOBEL THEATER/CH. 918 |
| 8:00-9:00 PM | <i>A MUSICAL TRIBUTE TO TONY BENETT</i> FEATURING JIM PORCELLA QUINTET | GMH |

WEDNESDAY, AUG 3

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|----------------|--|-----------------------|
| 8:30-12:00 PM | SUPERVISED EXERCISE | FITNESS CENTER |
| 9:00 AM | BUS DEPARTS FOR SUDBURY FARMS, TRADER JOE'S & CVS | |
| 9:00-9:45 AM | ZUMBA GOLD | AEROBICS STUDIO |
| 10:00-10:45 AM | CHAIR ZUMBA GOLD 2.0 | CH. 918 |
| 10:00-1:00 PM | BUS TOUR OF NORTH END WITH ANTHONY SAMMARCO (PRIOR REGISTRATION REQUIRED) | |
| 10:00-11:00 AM | COFFEE CONNECTION | WINTER GARDEN |
| 11:00-12:00 PM | TORAH STUDY WITH RABBI JUDI EHRLICH | ZOOM/CH. 918 |
| 1:15-1:55 PM | FIT AND FLEXIBLE | AEROBICS STUDIO |
| 1:00-3:00 PM | SUPERVISED EXERCISE | FITNESS CENTER |
| 2:00-3:00 PM | <i>REBELS AT SEA - PRIVATEERING IN THE AMERICAN REVOLUTION</i> <i>PRESENTED BY AUTHOR ERIC JAY DOLIN</i> | GMH/CH.918 |
| 3:30-4:30 PM | <i>SCAVENGER HUNT - START BY GMH - END UP IN AL</i> | |
| 4:00-6:00 PM | SHARON GOUVEIA MOVIE GROUP: <i>GLORY (1990)</i> MATTHEW BRODERICK AND OSCAR-WINNER DENZEL WASHINGTON STAR IN THIS TRUE STORY OF BLACK TROOPS FIGHTING IN THE U.S. CIVIL WAR. | |
| 7:30-9:00 PM | FOREIGN MASTERPIECE MOVIE NIGHT: <i>UNBERTO D (1952)</i> "VITTORIO DE SICA'S "UNBERTO D" IS THE STORY OF THE OLD MAN'S STRUGGLE TO KEEP FROM FALLING FROM POVERTY INTO SHAME. IT MAY BE THE BEST OF THE ITALIAN NEOREALISTIC FILMS – THE ONE THAT IS MOST SIMPLY ITSELF, AND DOES NOT REACH FOR ITS EFFECTS OR STRAIN TO MAKE ITS MESSAGE CLEAR." ROGER EBERT | SOBEL THEATER/CH. 918 |

THURSDAY, AUG 4

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|----------------|--|-----------------|
| 9:00-9:45 AM | BOOTCAMP | AEROBICS STUDIO |
| 10:00-10:45 AM | KEEPIN' IT LOOSE 2.0 | CH. 918 |
| 10:30-12 PM | SUMMER COURSES: <i>NEIL SIMON - AMERICA'S FUNNY BONE</i> LED BY THEATER DIRECTOR ILYSE ROBBINS (PRIOR REGISTRATION REQUIRED) | SYNAGOGUE |

WEEKLY calendar

SUNDAY, JULY 31
TO SATURDAY, AUGUST 6

MONTH OF
August

11:30-12:30 PM

2:00-3:00 PM

NY TIMES CROSSWORD PUZZLE GROUP

MAGIC MOMENTS OF MUSIC: *KATHLEEN BATTLE & JESSYE NORMAN SING SPIRITUALS*

WHEN THE SINGERS JESSYE NORMAN AND KATHLEEN BATTLE STEP ONTO THE CARNEGIE HALL STAGE ON MARCH 18, 1990, AN AURA OF HISTORY PERVADES AMERICA'S MOST RENOWNED CONCERT HALL. ON THIS OCCASION, THE TWO SOPRANOS – CONSIDERED AMONG THE WORLD'S VERY BEST – CREATE A MONUMENT TO THE AFRO-AMERICAN MUSICAL TRADITION.

3:30-4:30 PM

7:30-9:00 PM

RESIDENTS' CHAT HOSTED BY JERRY WYNER

WESTERN MOVIE NIGHT: *COWBOY* (1958)

AN IDEALISTIC TENDERFOOT CHICAGO HOTEL CLERK IS TAKEN ON A CATTLE-DRIVE TO MEXICO BY FAMOUS TRAIL BOSS TOM REECE BUT DISCOVERS THAT COWBOY LIFE ISN'T WHAT HE EXPECTED.

8:00-9:00 PM

SIVAN ETEDGE PIANO RECITAL FEATURING WORKS BY SCHUBERT, BRAHMS & CHOPIN

ZOOM/THEATER

CH. 918

ZOOM/CH. 918

SOBEL THEATER/CH. 918

GMH

FRIDAY, AUG 5

8:30-10:00 PM

10:00-10:45 PM

10:20 AM, 12:50 PM

10:30-12:00 PM

SUPERVISED EXERCISE

FIT & FLEXIBLE 2.0

BUS DEPARTS FOR LEGACY PLACE SHOPPING

NB COURSE: *THE BEGINNINGS OF JUDAISM – PART II*

LED BY RABBI ROBERT ORKAND – ALL WELCOME

11:00-12:00 PM

1:15-1:45 PM

2:00-3:00 PM

2:00-3:00 PM

SUPERVISED EXERCISE

BETTER BALANCE FITNESS CLASS

CURRENT EVENTS DISCUSSION GROUP

BERLINER PHILHARMONIKER DIGITAL STAGE

EUROPAKONZERT FROM LIEPAJA WITH KIRILL PETRENKO

THE EUROPAKONZERT 2022 WAS ORIGINALLY SCHEDULED TO TAKE PLACE IN ODESA. INSTEAD, THE GREAT AMBER CONCERT HALL IN LIEPĀJA, LATVIA, HOSTED A PROGRAMME DEDICATED TO SOLIDARITY WITH UKRAINE AND PEACEFUL COEXISTENCE IN EUROPE. THE BERLINER PHILHARMONIKER, CONDUCTOR KIRILL PETRENKO AND ELĪNA GARANČA PRESENTED WORKS WHOSE MESSAGE IS ONE OF FREEDOM.

5:00-6:00 PM

7:30-9:30 PM

FRIDAY SHABBAT SERVICE LED BY JUDI EHRLICH

BASED ON TRUE STORY MOVIE NIGHT: *THE WALK* (2013)

HIGH-WIRE ARTIST PHILIPPE PETIT'S ATTEMPT TO CROSS THE TWIN TOWERS OF THE WORLD TRADE CENTER IN 1974.

DIRECTOR ROBERT ZEMECKIS. STARRING JOSEPH GORDON-LEVITT, BEN KINGSLEY, JAMES BADGE DALE.

FITNESS CENTER

CH. 918

SYNAGOGUE

FITNESS CENTER

AEROBICS STUDIO

ZOOM

CH. 918

SYNAGOGUE/CH. 918

SOBEL THEATER/CH. 918

SATURDAY, AUG 6

10:00-10:45 AM

11:00-11:45 AM

12:00 PM

SATURDAY SHABBAT SERVICE LED BY RABBI KAREN LANDY

FLEX & STRETCHED 2.0

RESIDENTS' CHAT HOSTED BY JERRY WYNER

RECORDED ON AUGUST 4

CH. 918

CH. 918

CH. 918

2:00-4:00 PM

PBS GREAT PERFORMANCES: *SOUND OF MUSIC*
FALL IN LOVE WITH THE BELOVED MUSICAL AS NEVER BEFORE!
STARS KARA TOINTON AS MARIA AND JULIAN OVENDEN AS CAPTAIN
VON TRAPP.

CH. 918

7:30-9:30 PM

DRAMA MOVIE NIGHT: *THE LAST MEASURE* (2020)
SEBASTIAN STAN, CHRISTOPHER PLUMMER, WILLIAM HURT, ED
HARRIS, AND SAMUEL L. JACKSON STAR IN THIS POWERFUL WAR
STORY INSPIRED BY THE COURAGEOUS ACTS OF A MILITARY HERO.

SOBEL THEATER/CH. 918

“

Every person that I have ever met longs
to be heard, to be understood, ...to be loved
unconditionally. Listening is one of the most
intimate gifts one can give another.”

STEVE COLWELL



HOW WELL DO YOU LISTEN
TO OTHERS AT NEWBRIDGE?

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