

### SUNDAY, OCTOBER 10

10:00-10:45 AM	GET FIT WHILE YOU SIT 2.0	CH. 918
2:00 PM	BUS DEPARTS FOR SPEAK EASY THEATER	
2:00-4:15 PM	OUTSTANDING STAGE-TO-FILM ADAPTATION: <i>ONE FLEW OVER THE CUCKOO'S NEST</i> – FIVE-TIME OSCAR WINNER, MILOS FORMAN'S SEMINAL CLASSIC	THEATER/CH. 918
7:30-9:00 PM	GREAT PERFORMANCES SERIES: <i>THE KENNEDY CENTER AT 50 ~ NOT TO BE MISSED!</i>	THEATER/CH. 918

### MONDAY, OCTOBER 11

8:30-12:00 PM	<i>CANCELED</i> - SUPERVISED EXERCISE	FITNESS CENTER
9:00-10:00 AM	<i>CANCELED</i> - YOGA FITNESS CLASS	AEROBICS STUDIO
10:00-10:45 AM	BOOTCAMP 2.0	CH. 918
11:00 AM	BUS DEPARTS FOR TJ MAXX, STOP & SHOP, JOB LOT	
11:00-12:00 PM	PBS NOVA: <i>THE CANNABIS QUESTION</i>	CH. 918
1:00-3:00 PM	FROM AWARD-WINNING DOCUMENTARIAN SARAH HOLT	
2:00-3:30 PM	<i>CANCELLED</i> - SUPERVISED EXERCISE	FITNESS CENTER
	NY PHIL HISTORIC PERFORMANCES	GMH/CH.918
4:00-6:00 PM	<i>MAHLER'S SEVENTH IN A CONCERT FOR UNITY</i>	
7:30-9:00 PM	MITCH FREEMAN MOVIE GROUP: <i>THE KING'S SPEECH</i>	CH. 918
7:30-9:30 PM	W/COLIN FIRTH, GEOFFREY RUSH, HELENA BONHAM CARTER	
	DUPLICATE BRIDGE WITH DAVID ARONSON	SYNAGOGUE
	FROM BROADWAY ARCHIVES: <i>BELLS ARE RINGING</i> (1960)	THEATER/CH.918
	ROMANTIC COMEDY-MUSICAL DIRECTED BY VINCENTE MINNELLI, STARRING JUDY HOLLIDAY AND DEAN MARTIN.	

### TUESDAY, OCTOBER 12

9:00-10:00 AM	BOOTCAMP FITNESS CLASS	AEROBICS STUDIO
10:00-10:45 AM	YOGA FIT 2.0	CH. 918
10:00-12:15 PM	TECH 1 ON 1 SESSIONS (RSVP AT 4-9218)	TREATS/NOSH
12:45-2:00 PM	TUESDAY MEN'S LUNCH GROUP	NOSH
1:15-1:45 PM	BETTER BALANCE FITNESS CLASS	AEROBICS STUDIO
2:00-3:00 PM	RESIDENT'S RECOMMENDATION: <i>NEVERTHELESS,</i> <i>THEY RESISTED</i> -THE WOMEN WHO DEFIED NAZI RULE DURING THE HOLOCAUST	GMH/CH. 918
3:10-3:55 PM	KEEPIN' IT LOOSE 2.0	CH. 918
3:15-4:15 PM	NEWBRIDGE SOCIAL ACTION GROUP - ALL ARE WELCOME!	ZOOM
4:00-5:45 PM	MARILYN STONE MOVIE GROUP: <i>AND BREATHE NORMALLY</i>	THEATER/CH.918
7:30-9:00 PM	DRAMEDY MOVIE NIGHT: <i>THE HERO</i> (2017) STARRING SAM ELLIOT	THEATER/CH.918
8:00-9:00 PM	WOMEN IN WORLD JAZZ LECTURE-CONCERT <i>MUSIC AS AN EXPRESSION OF WOMEN DISSENT-</i> <i>CELEBRATION OF THE 19'TH AMENDMENT</i>	GMH

### WEDNESDAY, OCT 13

8:30-12:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
9:00-10:15 AM	BUS DEPARTS FOR SUDBURY FARMS, TRADER JOE'S & CVS	
10:00-10:45 AM	CHAIR ZUMBA GOLD	CH. 918
10:00-11:00 AM	CAREGIVER SUPPORT GROUP	LIBRARY RDN ROOM
10:00-11:00 AM	COFFEE CONNECTION	TERRACE ROOM
10:00-11:00 AM	LINE DANCING	AEROBICS STUDIO
11:00-12:00 PM	TORAH STUDY WITH RABBI VAN LANCKTON	ZOOM/CH.918
1:00 PM	BUS LEAVES FOR LYRIC STAGE MATINEE	
1:00-3:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
1:15-1:55 PM	BETTER BALANCE FITNESS CLASS	AEROBICS STUDIO
2:00-5:30 PM	MET @ HOME: <i>MUSSORGSKY'S BORIS GODUNOV</i> (2010) THE EXTRAORDINARY CAST & THE MET ORCHESTRA AND CHORUS ARE LED BY VALERY GERGIEV, THE FOREMOST MUSSORGSKY INTERPRETER OF OUR TIME	CH. 918
3:30-4:30 PM	<i>A STITCH IN TIME</i> – KNITTING GROUP WITH TARA	CENTRO FIREPLACE
5:30-7:00 PM	TECH 1 ON 1 SESSIONS (RSVP AT 4-9218)	NOSH/TREATS
7:30-9:30 PM	NEW RELEASE MOVIE NIGHT: <i>THE CARD COUNTER</i> PAUL SCHRADER'S INTENSE DRAMA CAPTURES RIVETING PERFORMANCES FROM STARS OSCAR ISAAC & WILLEM DAFOE.	THEATER/CH. 918

### THURSDAY, OCT 14

10:00-10:45 AM	KEEPIN' IT LOOSE 2.0	CH. 918
10:00-11:00 AM	ADVANCED EXERCISE & SELF DEFENSE FITNESS CLASS	AEROBICS STUDIO
11:30-12:30 PM	NY TIMES CROSSWORD PUZZLE GROUP	ZOOM/THEATER
1:00-2:00 PM	ADVANCED TAI CHI	ZOOM
1:30-3:30 PM	HBO SPECIAL: <i>AT THE HEART OF GOLD - INSIDE THE USA GYMNASTICS SCANDAL</i>	CH. 918
2:00-3:00 PM	BEGINNERS TAI CHI	ZOOM
3:30-4:30 PM	RESIDENT ZOOM CHAT HOSTED BY JERRY WYNER	ZOOM/CH. 918
7:30-9:30 PM	DRAMA MOVIE NIGHT: <i>WITNESS (1985)</i> STARRING HARRISON FORD AND KELLY MCGILLIS	THEATER/CH. 918
8:00-9:00 PM	<i>COHLER, CLARINET &amp; VITKAUSKAITE, PIANO IN CONCERT</i>	GMH

### FRIDAY, OCTOBER 15

8:30-12:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
10:20 AM & 12:50 PM	BUS DEPARTS FOR LEGACY PLACE SHOPPING	
10:00-10:45 PM	FIT & FLEXIBLE 2.0	CH. 918
11:00-12:00 PM	CURRENT EVENTS DISCUSSION GROUP	ZOOM
11:15 AM	BUS LEAVES FOR BSO	
1:00-3:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
1:15-1:55 PM	BETTER BALANCE FITNESS CLASS	AEROBICS STUDIO

### FRIDAY, OCTOBER 15

2:00-3:20 PM	BERLINER PHILHARMONIKER DIGITAL CONCERT HALL <i>TUGAN SOKHIEV (CONDUCTOR) AND NIKOLAI LUGANSKY (PIANO) PERFORMING RIMSKY-KORSAKOV, RACHMANINOV, AND CHAUSSON</i>	CH. 918
4:00-4:45 PM	GET FIT WHILE YOU SIT 2.0	CH. 918
5:00-6:00 PM	FRIDAY SHABBAT SERVICE LED BY RABBI JUDI EHRLICH	SYNAGOGUE/CH.918
7:30-9:00 PM	FOREIGN MASTERPIECE MOVIE NIGHT: <i>THE HIDDEN FORTRESS</i> (1958, ENGLISH SUBTITLES) ONE OF AKIRA KUROSAVA'S MOST BELOVED FILMS	THEATER/CH. 918

### SATURDAY, OCT 16

10:00-10:45 AM	SATURDAY SHABBAT SERVICE LED BY RABBI KAREN LANDY	CH. 918
11:00-11:45 AM	FLEX & STRETCH 2.0	CH. 918
12:00-1:00 PM	RESIDENTS' CHAT HOSTED BY JERRY WYNER (RECORDING FROM 10/14)	CH. 918
1:45-4:35 PM	NATIONAL THEATRE @ HOME: <i>A STREETCAR NAMED DESIRE</i> - "SHATTERINGLY POWERFUL, BOLD & THOUGHTFUL"	CH.918
7:30-9:45 PM	MOVIE NIGHT: <i>QUIZ SHOW</i> (1994) THE FILM CHRONICLES THE TWENTY-ONE QUIZ SHOW SCANDALS OF THE 1950S DIRECTED BY ROBERT REDFORD, STARRING JOHN TURTURRO, ROB MORROW, AND RALPH FIENNES	THEATER/CH. 918

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“Those who are happiest  
are those who do the most  
for others.”

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BOOKER T. WASHINGTON



HOW DO YOU CONNECT WITH  
OTHERS AT NEWBRIDGE?