

WEEKLY calendar

SUNDAY, MARCH 19
TO SATURDAY, MARCH 25

MONTH OF
March

SUNDAY, MAR 19

10:00-10:45 AM	GET FIT WHILE YOU SIT 2.0	CH. 918
2:00-3:30 PM	TECH ONE-ON-ONE WITH ORAN (SIGN UP AT 4-9218)	NOSH
2:00-3:00 PM	AL CONCERT SERIES: <i>CREATING SERENITY WITH MUSIC</i> FEATURING LAURA COLE, HARP	ASSISTED LIVING
2:00-4:00 PM	SUNDAY TV SERIES: <i>BREAKING BAD</i> (S.3, EP. 7 & 8) THE SERIES FOLLOWS WALTER WHITE (BRYAN CRANSTON), AN UNDERPAID, OVERQUALIFIED, AND DISPIRITED HIGH SCHOOL CHEMISTRY TEACHER, WHO IS STRUGGLING WITH A RECENT DIAGNOSIS OF STAGE-THREE LUNG CANCER. WHITE TURNS TO A LIFE OF CRIME AND PARTNERS WITH A FORMER STUDENT, JESSE PINKMAN (AARON PAUL), TO PRODUCE AND DISTRIBUTE METHAMPHETAMINE TO SECURE HIS FAMILY'S FINANCIAL FUTURE BEFORE HE DIES, WHILE NAVIGATING THE DANGERS OF THE CRIMINAL UNDERWORLD.	LIVING ROOM CH. 918
3:30-4:30 PM	FIRESIDE CHAT – ALL WELCOME!	
7:30-9:00 PM	DOCUMENTARY NIGHT: <i>NASRIN</i> (2020) SECRETLY FILMED IN IRAN, THIS IS AN IMMERSIVE PORTRAIT OF COURAGEOUS HUMAN RIGHTS ACTIVIST AND POLITICAL PRISONER NASRIN SOTOODEH ALONG WITH DEPICTION OF IRAN'S REMARKABLE WOMEN'S RIGHTS MOVEMENT. NARRATED BY OLIVIA COLMAN.	FIREPLACE BY CENTRO SOBEL THEATER/CH. 918

MONDAY, MAR 20

8:30-12:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
10:00-10:45 AM	BOOTCAMP 2.0	CH. 918
10:00-10:45 AM	ZUMBA GOLD	AEROBICS STUDIO
11:00-12:00 PM	HEBREW CLASS LED BY SIGALIT DAVIS	CL CONF. ROOM/ZOOM
11:00 AM	BUS DEPARTS FOR TJ MAXX, STOP & SHOP & JOB LOT	
1:00-3:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
1:15-1:45 PM	BETTER BALANCE	AEROBICS STUDIO
2:00-3:00 PM	<i>THE TIMELESS LANDSCAPE OF THE CHANNEL ISLANDS</i> PRESENTED BY PHOTO-JOURNALIST BARRY PELL	GMH/CH. 918
3:30-4:30 PM	LIVING WITH LOSS SUPPORT GROUP	BEAL FAMILY CHAPEL
4:00-5:00 PM	WINE DOWN	WINTER GARDEN
7:30-9:50 PM	2023 OSCAR WINNER: <i>EVERYTHING EVERYWHERE ALL AT ONCE</i> (2022) THE FATE OF THE WORLD LIES IN THE HANDS OF AN OVERWHELMED IMMIGRANT MOTHER. AS BIZARRE AND BEWILDERING DANGERS EMERGE FROM THE MANY POSSIBLE UNIVERSES, SHE MUST LEARN TO CHANNEL HER NEWFOUND POWERS AND FIGHT TO SAVE EVERYONE. TOOK HOME SEVEN ACADEMY AWARDS.	SOBEL THEATER/CH. 918

TUESDAY, MAR 21

9:00-9:45 AM	BOOTCAMP FITNESS CLASS	AEROBICS STUDIO
10:00-10:45 AM	YOGA FIT 2.0	CH. 918
10:00-12:30 PM	TECH ONE-ON-ONE WITH BOB (SIGN UP AT 4-9218)	NOSH
12:45-2:00 PM	TUESDAY MEN'S LUNCH GROUP	NOSH
1:00-3:00 PM	OPEN ART – ALL WELCOME	ART STUDIO

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1:30-2:30 PM	CAFE CONNECT: DESIGNED FOR PEOPLE LIVING WITH SHORT TERM MEMORY LOSS, WITH THEIR CARE PARTNERS	GMH
2:00-4:30 PM	MET AT HOME: <i>VERDI SIMON BOCCANEGRÀ</i> (1995 PRODUCTION) THIS EVOCATIVE PRODUCTION BY GIANCARLO DEL MONACO SUMPTUOUSLY CAPTURES THE LOOK AND FEEL OF 14TH CENTURY GENOA—A PERFECT COMPLIMENT TO VERDI'S SETTING OF THIS STORY OF SEARING CONFLICT BETWEEN PUBLIC DUTY AND PRIVATE GRIEF. STARRING PLÁCIDO DOMINGO, VLADIMIR CHERNOV, AND KIRI TE KANAWA.	CH. 918
4:00-4:30 PM	VILLAS' FLOOR MEETING	ZOOM
7:30-9:30 PM	BRENDA KEEGAN MOVIE NIGHT: <i>GUESS WHO'S COMING TO DINNER</i> (1967) DESPITE CONSIDERING THEMSELVES LIBERAL AND OPEN-MINDED, A COUPLE MUST OVERCOME THEIR OWN LATENT RACISM WHEN THEIR STRONG-WILLED DAUGHTER DECIDES TO MARRY A DISTINGUISHED BLACK PHYSICIAN. SHE BRINGS HIM HOME FOR DINNER AFTER MEETING HIM ON A VACATION. DIRECTOR STANLEY KRAMER. STARRING SPENCER TRACY, KATHARINE HEPBURN, POITIER.	SOBEL THEATER/CH. 918

WEDNESDAY, MAR 22

8:30-12:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
9:00 AM	BUS DEPARTS FOR SUDBURY FARMS, TRADER JOE'S & CVS	
9:30-10:15 AM	BARRE PILATES FUSION	AEROBICS STUDIO
10:00-10:45 AM	CHAIR ZUMBA GOLD	CH. 918
10:00-11:00 AM	COFFEE CONNECTION	WINTER GARDEN
11:00-12:00 PM	TORAH STUDY GROUP WITH RABBI VAN LANCKTON	ZOOM/CH. 918
1:00-3:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
1:15-1:55 PM	FIT AND FLEXIBLE	AEROBICS STUDIO
2:00-3:00 PM	<i>GENDER AND POLITICS IN THE 21ST CENTURY: WOMEN AS LEADERS</i> . PART TWO OF A FOUR-PART SERIES PRESENTED BY PROFESSOR EMERITA OF POLITICAL SCIENCE, VIRGINIA SAPIRO	GMH/CH. 918
3:30-4:30 PM	NEEDLEWORK AND HANDWORK GROUP LED BY TARA	TERRACE ROOM
3:45-4:45 PM	TAI CHI	AEROBICS STUDIO
4:00-5:00 PM	3 RD FLOOR NORTH MEETING	
4:00-6:00 PM	JUDY STAVIS MOVIE GROUP: <i>PEACE BY CHOCOLATE</i> (2022) AFTER THE BOMBING OF HIS FATHER'S CHOCOLATE FACTORY, A CHARMING YOUNG SYRIAN REFUGEE STRUGGLES TO SETTLE INTO HIS NEW CANADIAN SMALL-TOWN LIFE, CAUGHT BETWEEN FOLLOWING HIS DREAM TO BECOME A DOCTOR AND PRESERVING HIS FAMILY'S CHOCOLATE-MAKING LEGACY. BASED ON AN INCREDIBLE INTERNATIONALLY RECOGNIZED TRUE STORY.	SOBEL THEATER/CH. 918
7:30-9:30 PM	COMEDY MOVIE NIGHT: <i>JUST GO WITH IT</i> (2011) AFTER TELLING HIS GIRLFRIEND THAT HE'S MARRIED AS A MEANS OF AVOIDING REAL COMMITMENT, A PLASTIC SURGEON MUST RECRUIT A FAKE FAMILY TO PROVE HIS HONESTY.	SOBEL THEATER/CH. 918

MONTH OF
March

GMH

WEEKLY calendar

SUNDAY, MARCH 19
TO SATURDAY, MARCH 25

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THURSDAY, MAR 23

9:00-9:45 AM	BOOTCAMP	AEROBICS STUDIO
9:00-10:00 AM	WAFFLE THURSDAY BREAKFAST (RESERVATIONS NOT REQUIRED)	MEADOWVIEW, ASSISTED LIVING
10:00-10:45 AM	KEEPIN' IT LOOSE 2.0	CH. 918
10:00-11:30 AM	NB PHOTOGRAPHY CLUB MEETING	EXEC CONF. RM
11:30-12:30 PM	NY TIMES CROSSWORD PUZZLE GROUP	LBR. RDN. ROOM
2:00-3:00 PM	AMERICAN MASTERS: <i>WALTER WINCHELL - THE POWER OF GOSSIP</i> MEET THE NEWSPAPER COLUMNIST, RADIO COMMENTATOR, AND TELEVISION PERSONALITY WHO PIONEERED THE FAST-PACED, GOSSIP-DRIVEN, POLITICALLY CHARGED JOURNALISM THAT DOMINATES TODAY. AT THE PEAK OF HIS CAREER, HIS AUDIENCE REACHED 50 MILLION: TWO-THIRDS OF AMERICAN ADULTS.	CH. 918
3:30-4:30 PM	RESIDENTS' CHAT HOSTED BY JERRY WYNER	ZOOM/CH. 918
7:30-9:15 PM	TIMELESS CLASSICS MOVIE NIGHT: <i>IT'S ALWAYS FAIR WEATHER</i> (1955) GENE KELLY, DAN DAILEY, AND MICHAEL KIDD STAR AS THREE WWII COMRADES WHO MEET AGAIN DURING A TEN-YEAR REUNION ONLY TO DISCOVER THEY HAVE NOTHING IN COMMON.	SOBEL THEATER/CH. 918
8:00-9:00 PM	FOUR HANDS FOR FRIENDSHIP: <i>BEETHOVEN, SCHUBERT & DEBUSSY</i> FEATURING PIANISTS SIVAN ETEDGEE AND PEI-YEH TSAI	GMH

FRIDAY, MAR 24

8:30-12:00 PM	SUPERVISED EXERCISE	FITNESS CENTER
10:00-10:45 AM	FIT & FLEXIBLE 2.0	CH. 918
10:20 AM & 12:50 PM	BUS DEPARTS FOR LEGACY PLACE SHOPPING	
11:00-12:00 PM	CURRENT EVENTS DISCUSSION GROUP	ZOOM
1:15-1:45 PM	BETTER BALANCE	AEROBICS STUDIO
2:00-3:30 PM	BERLINER PHILHARMONIKER DIGITAL ARCHIVE <i>ALAN GILBERT AND JOSHUA BELL</i> ENJOY THREE 20TH-CENTURY WORKS THAT CONFRONT THE MUSIC OF THE PAST. BORIS BLACHER TOOK ONE OF THE MOST FAMOUS THEMES FROM THE VIOLIN LITERATURE AS THE POINT OF DEPARTURE FOR HIS JAZZY PAGANINI VARIATIONS— PRESENTED BY ALAN GILBERT. SAMUEL BARBER REVITALIZED THE LATE ROMANTIC VIOLIN CONCERTO WITH DISTINCTIVE COLORS—PERFORMED BY JOSHUA BELL. HENRI DUTILLEUX'S SECOND SYMPHONY COMPLETES THE PROGRAM. THIS IS A BAROQUE CONCERTO GROSSO IN THE GUISE OF MODERNISM.	CH. 918
5:00-6:00 PM	FRIDAY SHABBAT SERVICE WITH RABBI JUDI EHRLICH	SYNAGOGUE/CH. 918
7:30-9:15 PM	COMEDY MOVIE NIGHT: <i>PRairie Home Companion</i> (2006) GOLDEN GLOBE WINNER ROBERT ALTMAN DIRECTS AN ALL-STAR CAST IN THIS FICTIONALIZED FILM ACCOUNT OF GARRISON KEELER'S POPULAR RADIO PROGRAM.	SOBEL THEATER/CH. 918

SATURDAY, MAR 25

10:00-11:00 AM	YOGA	AEROBICS STUDIO
10:00-10:45 AM	SATURDAY SHABBAT SERVICE LED BY RABBI KAREN LANDY	CH. 918

Programs
@ NewBridge

WEEKLY calendar

SUNDAY, MARCH 19
TO SATURDAY, MARCH 25

11:00-11:45 AM	FLEX & STRETCHED 2.0	CH. 918
11:15-12:00 PM	BRAIN BOOSTERS WITH BONNIE – ALL ARE WELCOME!	LIB RDING RM
12:00-1:00 PM	RESIDENTS CHAT RECORDED ON MARCH 23	CH. 918
2:00-4:00 PM	CELEBRATING WOMEN'S HISTORY MONTH: <i>GLORIA: A LIFE</i> A FEMINIST ICON GLORIA STEINEM'S LIFE UNIQUELY INTERPRETED BY PLAYWRIGHT EMILY MANN AND PRESENTED BY AN ALL-FEMALE CAST STARRING EMMY AWARD WINNER CHRISTINE LAHTI AND DIRECTED BY TONY AWARD WINNER DIANE PAULUS.	CH. 918
7:30-9:00 PM	ISRAELI MOVIE NIGHT: <i>A TALE OF LOVE AND DARKNESS</i> (2015) THE STORY OF AMOS OZ'S YOUTH SET AGAINST THE BACKDROP OF THE END OF THE BRITISH MANDATE FOR PALESTINE AND THE EARLY YEARS OF THE STATE OF ISRAEL. THE FILM DETAILS THE YOUNG MAN'S RELATIONSHIP WITH HIS MOTHER AND HIS BEGINNINGS AS A WRITER, WHILE LOOKING AT WHAT HAPPENS WHEN THE STORIES WE TELL BECOME THE STORIES WE LIVE. DIRECTED BY AND STARRING NATALIE PORTMAN.	SOBEL THEATER/CH. 918

MONTH OF
March

“ The smallest act of kindness
is worth more than
the grandest intention.

Oscar Wilde



HOW DO YOU CONNECT WITH
OTHERS AT NEWBRIDGE?