

# NEWBRIDGE ON THE CHARLES

 Hebrew SeniorLife

Dr. Miriam and Sheldon G. Adelson Campus

February 15, 2019

Hello Everyone,

Have you noticed how much quieter the lower level of the Community Center has become? I believe our #1 objective has been met with the installation of the carpet throughout the Nosh area. Thank you for your patience (and continued patience) as we continue with our upgrades to your living areas.

I have two attachments this week. The first is regarding the holiday on Monday (Happy Presidents Day). In terms of apartment cleaning, homes typically cleaned on Mondays will instead be cleaned on Thursday. Thursday cleaning will resume on Thursday, February 28. Second, while we've been spoiled this winter with very little slippery stuff (keep your fingers crossed), I received some wonderful tips from our partners in the Health Center, *Winter Safety for Older Adults*. I know most of you are excellent in your winter awareness, but it never hurts to be reminded about how to stay safe.

At yesterday's NILMA meeting, we were all reminded about the role Members play as the employer of Aides. As noted before, we have agreed that the living room space is intended for Member use only. If you employ an Aide, it is your responsibility to instruct them as to where they can wait for you (your apartment or the employee breakroom are two possibilities). Also, *every* aide needs to register with Security so we can instruct them on handling emergencies and about NewBridge rules such as permitted parking areas. Your cooperation will be very helpful—thank you for your support.

Yesterday was Valentine's Day and I had an epiphany of sorts. My wife asked me to sign two V-Day cards for each of our daughters. Given the original intention of the holiday, this seemed odd to me. But even more odd, despite 39 Valentine's Days together, Pam and I have *never* exchanged cards, chocolates or flowers. While I would like to think I shall never be a slave to corporate America determined to make us feel guilty for not loving the ones we love, I think the reality is I am void of any romanticism. Luckily, I found someone who doesn't seem to mind.

Sincerely,

Steve Colwell  
Executive Director  
4-9011