

FRIDAY OCTOBER 22ND, 2021



Items to Chew On:

(Did you know???????)



- Please see memo regarding our store “discontinued inventory” sale taking place this Monday October 25th from 10am-4pm in the General Store next to Nosh. Refreshments will be offered to all. We hope to see you there!
- Stay tuned in to future Foodies for holiday plans. Thanksgiving, Hanukkah, and Christmas are all just around the corner. We will be communicating hours of operation, menu options and ordering instructions over the next several weeks to assist you in proper planning.
- The October End of the Month spend down order form is included in this Weeks’ Foodie
- Please note that while reservations in Nosh are not required, they are **strongly recommended** as they assist us in proper planning. Reservations for Nosh can be made online using the below link <https://book.easytablebooking.com/book/?id=346e4&lang=en> or simply call x4-9100 between 10am and 4pm daily.
- As the season changes we are looking to modify some menu items to reflect more fall/winter inspired ingredients. We are experiencing some significant product availability issues so please bear with us if any unavoidable substitutions or exclusions are made.

you **DONUT** !!!

WANT TO MISS OUT
ON OUR STORE SALE!

ENJOY SOME
DONUTS &
CIDER WHILE
YOU SHOP

MONDAY
OCTOBER 25, 2021
10AM-4PM



SHABBAT DINNER

Friday, October 29, 2021

STARTERS:

Chicken Matzo Soup or Gefilte Fish

PROTEIN 1: \$23

*Chicken Marbella

Slow Cooked Statler Chicken with Prunes, Olives, Capers, Red Wine, Parsley, Oregano & Red Wine Vinegar. Seared & Simmered in its own Sauce

PROTEIN 2: \$24

Pomegranate Arctic Char

Arctic Char Baked with a Pomegranate Sauce

VEGAN ENTREE: \$18

*Tofu Marbella

Marinated Tofu with Prunes, Olives, Capers, Parsley, Oregano & Red wine Vinegar. Seared & Simmered in its own Sauce

SERVED WITH

Steamed Baby Yukon Potatoes
Broccoli

DESSERT

Lemon Pound Cake or Fruit Plate





October Month End

Pre-Order

**Return your completed order form to
one of the collection boxes no later
than Wednesday 10/27.**

**Orders may be picked up in Centro on
Wednesday 11/3
Between 11am - 2pm**

| ITEM | QTY | PRICE |
|------|-----|-------|
|------|-----|-------|

Frozen (to be thawed and cooked)

| | | |
|---------------------|-------|---------|
| NY Sirloin 10oz | _____ | \$24 ea |
| Double Rack Of Lamb | _____ | \$60 ea |
| Salmon Filet 6oz | _____ | \$10 ea |

Ready to Eat

| | | |
|---------------------------------------|-------|------------|
| 16/20 shrimp cocktail (6 to an order) | _____ | \$17 1/2dz |
| Lobster Roll w/ coleslaw | _____ | \$23 ea |
| Asst Rugelach /dz | _____ | \$14 dz |
| Chocolate Chip or M&M Cookies /dz | _____ | \$24 dz |

(Pick Up Only)

Member Name _____

Member Unit # _____

Member Phone # _____

Today's Date: Wednesday October 27th 2021

Pick-Up Date: Wednesday November 3rd 2021

NOSH LUNCH

Specials

MONDAY 10/25

NBOC CHICKEN SUB

SLICED CHICKEN BREAST SERVED WITH PEPPERS, ONIONS & MUSHROOMS ON A SUB ROLL WITH CHIPOTLE MAYO

TUESDAY 10/26

TURKEY BLT

TURKEY BACON, LETTUCE, TOMATO & MAYO SERVED ON WHEAT OR WHITE TOAST WITH POTATO CHIPS

WEDNESDAY 10/27

CHICKEN FINGERS

BBQ, HONEY MUSTARD, OR BUFFALO SAUCE. SERVED WITH FRIES.

THURSDAY 10/28

IMPOSSIBLE VEGAN TACOS

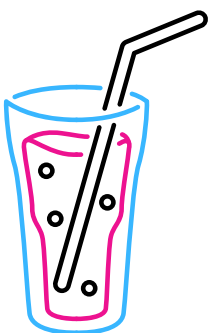
PLANT BASED MEAT TACOS SERVED WITH GUACAMOLE, PICO DE GALLO & FLOUR TORTILLA

FRIDAY 10/29

FISH & CHIPS

PANKO BREADED COD DEEP FRIED. SERVED WITH COLESLAW, A LEMON WEDGE & FRENCH FRIES

\$11.99 - INCLUDES BEVERAGE



NOSH

SOUP OF THE DAY

WEEK OF 10/24- 10/30

SUNDAY – VEGETABLE NOODLE (VG)

MONDAY – PASTA E FAGIOLI (VG)

TUESDAY – CORN CHOWDER (VG)

WEDNESDAY – SPLIT PEA (VG)



THURSDAY – BEEF VEGETABLE

FRIDAY – CHICKEN MATZO BALL

SATURDAY – POTATO LEEK (VG)