

* Hebrew SeniorLife

Dr. Miriam and Sheldon G. Adelson Campus

March 24, 2023

Hello NewBridge Community,

What an incredible event we had last Thursday with the Scholarship Committee raffle drawing. Congrats to all the winners and thank you for your contributions in supporting our employees and our future! Also, thank you to the Scholarship Committee for planning such a fun evening and to the culinary, programming and housekeeping teams for ensuring that everything went smoothly. It was a fun night and a real show of community.

Speaking of community, I had a great meeting with Ernest Mandel, MD, HSL's Chief Medical Officer, and a handful of our in-house resident physicians. We spent a great deal of time discussing the current state of COVID-19 and whether our precautions are still effective given what is happening outside the walls of NewBridge. Effective immediately here is where we have landed:

- Masks are no longer required to be worn in elevators or company vehicles. If
 you are concerned about COVID-19 safety in the elevators, please wait for the
 next elevator. Drivers will continue to wear masks when in company vehicles.
 As a reminder, the CDC defines an exposure as being within six feet for 15
 minutes or longer.
- Masks are no longer required after returning from travel. All restrictions
 regarding dining after travel have also been lifted. The truth is, we are all
 interfacing with many people outside of NewBridge and the risk now exists
 regardless of travel.



- If you are exposed to COVID-19, please wear a mask in the community and refrain from communal dining for five days. *Please remember to test on day six.*
- If you test positive for COVID-19, please isolate until you test negative or until day 11 from your onset of symptoms. *Please notify Security if you test positive so they can begin contact tracing.*

Reminder: The HSL Medical Practice at NewBridge is open Monday-Friday 8:30 a.m. - 4:30 p.m. If you need to speak with a doctor after hours please call the office at 781-234-9600 or 4-9600. The answering service will pick up and they will page the doctor on call. You should receive a call within 15 minutes. If you do not belong to the medical practice please call your PCP's office.

As we learn to live with COVID-19, we need to take safety measures that fit our individual risk tolerance and move toward basic precautions in line with other communities. If we follow these guidelines, and use the tools available to us, we will continue to keep ourselves and each other safe.

Starting on Monday, April 3, if you see someone walking around with me and attending a few meetings, it is most likely our new Associate Executive Director, Jessica Coleman. Please welcome Jessica when you see her.

Enjoy your weekend.

Sincerely,

Matt