



## Programs for January 26<sup>th</sup> – February 1<sup>st</sup>

### **Sunday, January 26**

1:00 Bus Departs for Huntington Theater (**prior registration required**)  
2:00 “The Marvelous Mrs. Maisel” – TV Series (Season 3, Episodes 3 & 4): Theater/Channel 918  
7:00 “Steve Jobs”: Theater/Channel 918

### **Monday, January 27**

8:30-12:00 Supervised Exercise: Fitness Center  
9:00 Fall Prevention: Strength and Balance (Advanced): Aerobics Studio  
10:00-12:00 Winter Course: *Learning How to See: Drawing for All*  
Led by Artist Roberta Paul: Art Studio (**prior registration required**)  
10:00 Hebrew Literature with Yona Rosenman: Community Life Conference Room  
11:00-12:45 Bus Departs for Shopping at the Dedham Mall  
1:00-3:00 Supervised Exercise: Fitness Center  
1:15 Fit and Flexible: Aerobics Studio  
3:30 *Facing Forward: The Art of Aging: Inheritance – Best Intentions. Just Decisions?*  
With Rabbi Judi Ehrlich: Interface Chapel  
5:00 Wine Down Monday: Terrace Room  
7:00 Duplicate Bridge with David Aronson: Card Room (All are welcome!)  
7:30 “McCarthy”: Theater/Channel 918

### **Tuesday, January 28**

8:30 Zumba Gold: Aerobics Studio  
10:00 Coffee Connection: Club Room  
**10:30-12:00 CANCELLED Winter Course: *The Talmud Tales* Led by Rabbi Sonia Saltzman**  
**Synagogue - next class on February 4**  
11:00 Yoga Meditation and Gentle Stretch (Chair Yoga): Aerobics Studio  
1:00-2:00 Supervised Swim: Pool  
2:00 “Howards End”: Theater/Channel 918  
2:15 Better Balance: Aerobics Studio  
4:00 1<sup>st</sup> Floor South Meeting  
7:30 *Orphans of Fortune: Jewish Benevolence in the Jim Crow South*  
Presented by Harvard Professor Caroline Light: Great Meadow Hall  
7:30 “Howards End”: Theater/Channel 918

### **Wednesday, January 29**

8:30-12:00 Supervised Exercise: Fitness Center  
9:00 Yoga Stretch: Aerobics Studio  
9:00-10:45 Shopping at the Needham Plaza  
10:15 Bus Departs for WGBH Tour and Lunch at Stockyard (sign up at 4-9218)  
10:30-12:30 One on One with WizeGuides: Library Reading Room (sign up at 4-9218)  
11:00 Torah Study Group with Rabbi Judi: Interfaith Chapel  
1:00-3:00 Supervised Exercise: Fitness Center  
1:15 Fit and Flexible: Aerobics Studio



## Programs for January 26<sup>th</sup> - February 1<sup>st</sup>

### Wednesday, January 29, CONTINUED

2:00 "Ninotchka": Theater/Channel 918

3:30-5:00 Winter Course: *Intermediate Bridge* Led by Instructor Nathalie Tabor: Card Room **(full class)**

7:30 "Ninotchka": Theater/Channel 918

7:30 *Commemorating Adoption of the 19<sup>th</sup> Amendment: Why Did it Take 72+ Years for Women to Obtain the Vote?!* Presented by Founder and President of Suffrage100Massachusetts, Freddie Kay: GMH

### Thursday, January 30

9:00 Fall Prevention: Strength and Balance (Advanced): Aerobics Studio

10:00 Coffee Connection: Club Room

10:30-12:00 Winter Course: *Birth of the American Theater: The Rise of New Forms & Artists, 1900-1960*  
Led by Dr. Beth Wynstra: Synagogue **(prior registration required)**

11:30 NY Times Sunday Crossword Puzzle Group: Theater

1:00 Tai Chi: Aerobics Studio

2:00 "Departures": Theater/Channel 918

2:00 *Show Trial: Hollywood, HUAC and the Birth of the Blacklist*

Presented by Professor Tom Doherty, Brandeis University: Great Meadow Hall

7:30 *Romantic Masterworks* Featuring The Lydian String Quartet: GMH

7:30 "Departures": Theater/Channel 918

### Friday, January 31

8:30-10:00 & 11:00-12:00 Supervised Exercise: Fitness Center

10:00 Current Events Discussion Group: Theater

11:00-12:45 Bus Departs for Shopping at the Dedham Plaza (Star Market, Whole Foods)

11:15 Bus departs for Boston Symphony Orchestra **(prior registration required)**

1:00-2:00 Supervised Exercise: Fitness Center

2:00 Better Balance: Aerobics Studio

5:00 Friday Night Shabbat Service: Synagogue

7:30 "The Creepy Line": Theater/Channel 918

### Saturday, February 1

10:00 Stretch & Strength with Fitness Instructor Pearl Pressman: Assisted Living, 2<sup>nd</sup> Floor

10:20 & 12:50 Bus Departs for Legacy Place

10:30 Bus departs for Met Opera Simulcast at Legacy Place **(prior registration required)**

11:00 Brain Boosters with Bonnie Edes: Assisted Living, Art Room

2:00 "Wag the Dog": Theater/Channel 918

7:30 *Sandy Ridge Boys*: GMH

7:30 "Wag the Dog": Theater/Channel 918