

NewsBridge
Upcoming events
 NEWBRIDGE ON THE CHARLES

Programs for January 26th – February 1st

Sunday, January 26

1:00 Bus Departs for Huntington Theater (**prior registration required**)
2:00 "The Marvelous Mrs. Maisel" – TV Series (Season 3, Episodes 3 & 4): Theater/Channel 918
7:00 "Steve Jobs": Theater/Channel 918

Monday, January 27

8:30-12:00 Supervised Exercise: Fitness Center
9:00 Fall Prevention: Strength and Balance (Advanced): Aerobics Studio
10:00-12:00 Winter Course: *Learning How to See: Drawing for All*
Led by Artist Roberta Paul: Art Studio (**prior registration required**)
10:00 Hebrew Literature with Yona Rosenman: Community Life Conference Room
11:00-12:45 Bus Departs for Shopping at the Dedham Mall
1:00-3:00 Supervised Exercise: Fitness Center
1:15 Fit and Flexible: Aerobics Studio
3:30 *Facing Forward: The Art of Aging: Inheritance – Best Intentions. Just Decisions?*
With Rabbi Judi Ehrlich: Interface Chapel
5:00 Wine Down Monday: Terrace Room
7:00 Duplicate Bridge with David Aronson: Card Room (All are welcome!)
7:30 "McCarthy": Theater/Channel 918

Tuesday, January 28

8:30 Zumba Gold: Aerobics Studio
10:00 Coffee Connection: Club Room
10:30-12:00 CANCELLED Winter Course: *The Talmud Tales* Led by Rabbi Sonia Saltzman
Synagogue - next class on February 4
11:00 Yoga Meditation and Gentle Stretch (Chair Yoga): Aerobics Studio
1:00-2:00 Supervised Swim: Pool
2:00 "Howards End": Theater/Channel 918
2:15 Better Balance: Aerobics Studio
4:00 1st Floor South Meeting
7:30 *Orphans of Fortune: Jewish Benevolence in the Jim Crow South*
Presented by Harvard Professor Caroline Light: Great Meadow Hall
7:30 "Howards End": Theater/Channel 918

Wednesday, January 29

8:30-12:00 Supervised Exercise: Fitness Center
9:00 Yoga Stretch: Aerobics Studio
9:00-10:45 Shopping at the Needham Plaza
10:15 Bus Departs for WGBH Tour and Lunch at Stockyard (sign up at 4-9218)
10:30-12:30 One on One with WizeGuides: Library Reading Room (sign up at 4-9218)
11:00 Torah Study Group with Rabbi Judi: Interfaith Chapel
1:00-3:00 Supervised Exercise: Fitness Center
1:15 Fit and Flexible: Aerobics Studio

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Programs for January 26th - February 1st

Wednesday, January 29, CONTINUED

- 2:00 "Ninotchka": Theater/Channel 918
3:30-5:00 Winter Course: *Intermediate Bridge* Led by Instructor Nathalie Tabor: Card Room (**full class**)
7:30 "Ninotchka": Theater/Channel 918
7:30 *Commemorating Adoption of the 19th Amendment: Why Did it Take 72+ Years for Women to Obtain the Vote?*? Presented by Founder and President of Suffrage100Massachusetts, Freddie Kay: GMH

Thursday, January 30

- 9:00 Fall Prevention: Strength and Balance (Advanced): Aerobics Studio
10:00 Coffee Connection: Club Room
10:30-12:00 Winter Course: *Birth of the American Theater: The Rise of New Forms & Artists, 1900-1960*
Led by Dr. Beth Wynstra: Synagogue (**prior registration required**)
11:30 NY Times Sunday Crossword Puzzle Group: Theater
1:00 Tai Chi: Aerobics Studio
2:00 "Departures": Theater/Channel 918
2:00 *Show Trial: Hollywood, HUAC and the Birth of the Blacklist*
Presented by Professor Tom Doherty, Brandeis University: Great Meadow Hall
7:30 *Romantic Masterworks* Featuring The Lydian String Quartet: GMH
7:30 "Departures": Theater/Channel 918

Friday, January 31

- 8:30-10:00 & 11:00-12:00 Supervised Exercise: Fitness Center
10:00 Current Events Discussion Group: Theater
11:00-12:45 Bus Departs for Shopping at the Dedham Plaza (Star Market, Whole Foods)
11:15 Bus departs for Boston Symphony Orchestra (**prior registration required**)
1:00-2:00 Supervised Exercise: Fitness Center
2:00 Better Balance: Aerobics Studio
5:00 Friday Night Shabbat Service: Synagogue
7:30 "The Creepy Line": Theater/Channel 918

Saturday, February 1

- 10:00 Stretch & Strength with Fitness Instructor Pearl Pressman: Assisted Living, 2nd Floor
10:20 & 12:50 Bus Departs for Legacy Place
10:30 Bus departs for Met Opera Simulcast at Legacy Place (**prior registration required**)
11:00 Brain Boosters with Bonnie Edes: Assisted Living, Art Room
2:00 "Wag the Dog": Theater/Channel 918
7:30 *Sandy Ridge Boys*: GMH
7:30 "Wag the Dog": Theater/Channel 918