

# YOU'RE INVITED

COACHING CAPACITY | 

## TOPIC

### MENTAL HEALTH for ALL

Mental Health affects everyone. Join the conversation to help end stigmas and empower your people for Success.

## LOCATION

First Street Center  
540 East 1<sup>st</sup> Street  
Waconia, MN 55387

## PRESENTERS

Enjoy a complimentary Lunch-n Learn presented by:  
Sheena Paquin & Dave Style, MRCI's IPS Specialists.

## RESERVATIONS REQUIRED

651-600-0153 or [rkalal@mrciworksource.org](mailto:rkalal@mrciworksource.org)

## TIME

11:30am - 1:00PM

## DATE

October 29, 2018

For more than 65 years, MRCI has been developing the talents and skills in our workforce. Now, MRCI is proud to be hosting a monthly education series called Coaching Capacity to convene all industries to learn from each other.

With more than 11 topics ranging from disability awareness to workplace success, MRCI is partnering with local employers to present forward-thinking ideas to coach all talents and abilities as well as build capacity for your organization.

We would like to invite you to take the journey with us by attending one of our complimentary pre-scheduled lunch-n-learns or arrange for one or all of these 45-minute sessions to be presented to your group. A complete list of topics can be found online.

REGISTER ONLINE AT:

[www.mrciworksource.org/coaching.html](http://www.mrciworksource.org/coaching.html)