

Keys to Quality: Unlocking Your Professional Development



Unlocking Your Potential, Opening Up Possibilities

Child Care Aware of NH, a Program of Southern NH
Services

E-Conference

Saturday, January 28, 2023 from 8:30 am to 4:30 pm



Child Care Aware of New Hampshire's **Keys to Quality:** **Unlocking Your** **Professional Development**



Child Care Aware of New Hampshire, a program of Southern New Hampshire Services, is pleased to provide this full-day conference devoted to quality professional development to assist child care programs, early childhood professionals and administrators in enhancing and improving their practices.

Participants will partake in the Keynote Presentation, *The Impact of the Choose Love Movement* with Shannon Desilets, Program Director, State of NH, Choose Love Movement. Participants will then have the opportunity to select from **three (3)** additional sessions with a wide range of topics to choose from.

A total of twelve (12) training opportunities will be offered and each one will be **categorized for those wishing to take a "Training Track" specific to one (1) area of focus**. "Training Tracks" areas could be focused on social-emotional learning, curriculum, infants/toddlers, preschoolers or health, safety, and wellness. Some training may consist of more than **one (1) area of focus**. If you are looking to fulfill the health and safety training required yearly by NH Child Care Program Licensing Rules, QRIS, or the Infant and Toddler Endorsement, make sure to look for those Training Tracks.



CONFERENCE SCHEDULE

Welcome, Introductions & Keynote

8:30 am to 9:45 am

BREAK

9:45 am to 10:15 am

SESSION 1

10:15 am to 11:45 am

LUNCH

11:45 am to 12:45 pm

SESSION 2

12:45 pm to 2:15 pm

BREAK

2:15 pm to 2:45 pm

SESSION 3

2:45 pm to 4:15 pm

CLOSING

4:15 pm to 4:30 pm



***Please note:** All our trainers are either credentialed as an Early Childhood Master Professional Workshop Trainer (ECMPWT), Early Childhood Master Professional Allied Professional (ECMPAP), Early Childhood Master Professional Program Consultant (ECMPPC) or have a degree or background that qualifies them to provide training that is accepted by NH's Child Care Licensing Unit and/or for credentialing purposes. For more information on credentialing, visit <https://www.nh-connections.org/providers/credentialing/>.

Keynote Speaker:

Shannon Desilets, Program Director, State of NH, Choose Love Movement

Shannon was appointed by Governor Chris Sununu in August of 2018. Over the last four years, she has led the nation through the efforts and example being set by the state of NH, utilizing this Character Social Emotional Development lifespan program. Shannon's expertise in brain-based trauma therapy is what first introduced her to the Choose Love Movement, as she has provided therapy to the Newtown/Sandy Hook, CT community for the last almost 10 years. She has been an instructor of this specialized therapy (MNRI), teaching and providing therapy worldwide. She also serves the Choose Love Movement as Director of Advocacy. Shannon is a published author for STRIVE magazine, sharing what NH has made happen with the Choose Love Movement. Before anything else, Shannon is a mom. She was born and raised here in NH, and she is happy to have also raised her son here.



Keynote Address:

The Impact of the Choose Love Movement

Be inspired by both the history of this Movement and the direction it has been driven to support us all. Learn actionable ways we can utilize this program to both support our needs and the population we work with.

Through this Keynote we will:

- Gain an understanding of the why of this Movement
- Learn how the Choose Love formula is utilized as lifespan essential life skills and tools
- Open the opportunity for collaborative efforts in how we can bring this forward to support us in all we do.

Core Knowledge Areas: Developing as a Professional, Teaching & Learning and Promoting Child Growth & Development

Session 1, 10:15 am to 11:45 am

1A: INFANT/TODDLER/SOCIAL EMOTIONAL

Title: Social and Emotional Learning Basics & Choose Love™ for Infants and Toddlers

Description: Join us as we discuss the basics and importance of Social and Emotional Learning (SEL). We will discover what makes SEL more than just a program that is implemented in educational settings. We will look at the culture and climate of our own schools (writing exercise) to see where changes could be made to embrace SEL for everyone in the school. We will then take a look at Choose Love™ for Infants and Toddlers and see how this program works to shift the culture and climate of a school along with specific SEL lessons. The goals for this workshop are to increase your knowledge base of what SEL truly is and to give you tools through Choose Love to implement and make changes to your own school environment, culture, and climate to embrace a whole school model of SEL.

Trainer: Dee Dee Thurber, ECMPWT, Choose Love™ Ambassador

Core Knowledge Areas: Developing as a Professional and Promoting Child Growth & Development

1B: PRESCHOOL/SOCIAL EMOTIONAL

Title: Hurricane or Harmony: Examining the Influence of Adult Behavior on Classroom Climate

Description: Both new teachers and veteran educators with years of experience can struggle to support children who exhibit challenging behaviors. There are many strategies and tools we can employ to help children learn the skills they need to be successful socially and emotionally, but it's also very important to examine the adults' influence on the climate of the classroom. Our beliefs about how children learn, what children have the capacity to learn at different ages, and our experiences growing up can have a huge impact on how we act with and react to the children we care for each day. In this session we will be exploring these ideas in order to develop our emotional intelligence and identify our contributions to our classroom environment.

Trainer: Stephanie Therrien, ECMPWT

Core Knowledge Area: Developing as a Professional, Teaching & Learning and Promoting Child Growth & Development



This conference will award participants up to six (6) hours of professional development, including a welcome address and networking time.



Conference Contributors

Child Care Aware of NH would like to acknowledge the following organizations and groups who collaborated and are contributing to the success of this event:

- Choose Love
- NH Division of Public Health Services
- NH Family Voices
- NH Child Care Licensing Unit
- Cooking Matters

Thank you for your support and contributions to promote quality

Session 1, 10:15 am to 11:45 am (Continued)

1C: HEALTH/SAFETY

Title: Childhood Lead Poisoning in NH: How to Keep Children Lead-Safe

Description: Every year hundreds of children living in New Hampshire are poisoned by lead. Lead poisoning, or what is also known as lead exposure, harms children's health and brain function, and the effects can be permanent and last a lifetime. This session will review the impact of lead exposure on children's development, common sources of exposure, prevention strategies, and the importance of lead level testing at ages 1 and 2. The recently released children's board book "Happy, Healthy, Lead-Free Me!" will be introduced, along with other resources to support lead-exposed children and their families.

Trainer: Gail Gettens, MS ECMP, Child Development Specialist and Health Communication Advisor, NH Division of Public Health Services, Childhood Lead Poisoning Prevention Program.

Core Knowledge Areas: Developing as a Professional and Building Family & Community Relationships

1D: QRIS/Screening

Title: Watch Me Grow, Ages and Stages and Learn the Signs: Act Early

Description: This training will focus on presenting information regarding the Center for Disease Control's Act Early Campaign and NH's Watch Me Grow system of developmental screening. Participants will discuss the importance of developmental screening and learn about resources that are available locally as well as from the Learn the Signs: Act Early Campaign. Participants will learn the components of the Ages and Stages Questionnaire and discuss the various ways this developmental screening tool can be used to have meaningful conversations with families about their children's development.

Trainer: Carly Ireland, Development Screening Care Coordinator, NH Family Voices

Core Knowledge Areas: Developing as a Professional and Developing as a Professional and Promoting Child Growth and Development

Session 2, 12:45 pm to 2:15 pm

2A: PRESCHOOL/SOCIAL EMOTIONAL

Title: Social and Emotional Learning Basics & Choose Love™ for PreK & Kindergarten

Description: Join us as we discuss the basics and importance of Social and Emotional Learning (SEL). We will discover what makes SEL more than just a program that is implemented in educational settings. We will look at the culture and climate of our own schools (writing exercise) to see where changes could be made to embrace SEL for everyone in the school. We will then take a look at Choose Love™ for Pre-K and Kindergarten students and see how this program works to shift the culture and climate of a school along with specific SEL lessons. Goals for this workshop are to increase your knowledge base of what SEL truly is and give you tools through Choose Love to implement and make changes to your own early learning environment/culture and climate to embrace a whole school or program model of SEL.

Trainer: Dee Dee Thurber, ECMPWT, Choose Love™ Ambassador

Core Knowledge Areas: Developing as a Professional and Promoting Child Growth & Development

2B: Infant/Toddler/Social Emotional

Title: The Gifts of Challenging Behavior: Transforming Our Reactions to Biting, Tantrums and Other Typical Infant and Toddler Expressions by Valuing Their Attempts to Communicate

Description: Any provider who has worked with children knows there are certain negative behaviors that can drain our spirits and make teaching difficult. Infant and toddler teachers can be especially familiar with problematic behaviors because their children lack the vocabulary necessary to tell others how they are feeling.

Fortunately, there are supports out there for providers. This training is going to examine the adult role in promoting appropriate communication with our youngest learners and support the development of teacher reflection and meaningful responses. These foundational yet significant practices can help to soften our responses to challenging behaviors.

Trainer: Stephanie Therrien, EMCPWT, Social Emotional Content Coordinator

Core Knowledge Areas: Developing as a Professional, Teaching & Learning and Promoting Child Growth & Development

SCHEDULE OF THE DAY

WELCOME, INTRODUCTIONS & KEYNOTE

8:30 am to 9:45 am

BREAK

9:45 am to 10:15 am

SESSION 1

10:15 am to 11:45 am

LUNCH

11:45 am to 12:45 pm

SESSION 2

12:45 pm to 2:15 pm

BREAK

2:15 pm to 2:45 pm

SESSION 3

2:45 pm to 4:15 pm

CLOSING



TWO WAYS TO PAY

- 1. CCAoNH Training Bucks:** Use your Training bucks earned by participating in a Progressive or Cohort with your program
- 2. NH Cares Scholarship:** If attending the conference is cost-prohibitive and you are a provider currently working 30 hours or more; you qualify. This scholarship will cover the total fee to attend this conference. The "NH Cares Scholarship" is **non-refundable and non-transferable**.

To receive the NH Cares Scholarship please send the information below to ccrrtraining@snhs.org with the subject line "**NH Cares Scholarship**"

- Name
- Email
- Phone Number
- Place of Employment
- Hours You Work
- How the NH Cares Scholarship will Benefit You



Session 2, 12:45 PM to 2:15 PM (Continued)

2C: HEALTH/SAFETY

Title: Understanding Homelessness and Its Impacts on Children and Families

Description: In this session, we will understand: the general state of homelessness in NH; how to identify a homeless child and/or family; the relationship between homelessness and trauma in children; the physical and emotional impacts of homelessness; the reactions and symptoms of trauma and homelessness in children; and the best practices in serving children who experience homelessness. This training will incorporate a variety of teaching techniques including didactic presentation, small group discussions/brainstorms, videos and opportunity for questions, dialogue and discussion.

Trainer: Courtney Porter, MSW, M.Ed., LSSW

Core Knowledge Area: Building Family & Community Relationships

2D CURRICULUM/MULTI-AGE

Title: Set the Stage for Multiage

Description: Do you work in a setting with 3-6 year olds? Come on in and learn ways and ideas to meet your charge's developmental needs and yours as the teacher! Ways to enrich your classroom experience, including ideas on themes, and resources will be shared. Bounce around ideas that have worked for you and network with folks who have a similar classroom experience.

Trainer: Kathleen Jablonski, M.Ed., ASMPFWT

Core Knowledge Areas: Developing as a Professional and Promoting Child Growth & Development

Session 3, 2:45 PM to 4:15 PM

3A SIGN/LANGUAGE/SOCIAL/EMOTIONAL

Title: Sign Language to Enhance Social-Emotional Learning

Description: Join Dr. Hubler and Lillian Hubler as they share the gift of sign language to enhance communication and social-emotional learning through the use of music, games, daily interaction, and hands on participation. Come away with all the knowledge you will need to add this into your curriculum and into your classroom the very next day.

Trainers: Dr. Michael Hubler, Ed.D., Social & Emotional Learning Specialist; and Lillian Hubler, Owner Time to Sign

Core Knowledge Areas: Developing as a Professional and Promoting Child Growth & Development

Session 3, 2:45 pm to 4:15 pm (Continued)

3B SOCIAL/EMOTIONAL/LITERACY/PRESCHOOL

Title: Helping Children Through Tough Times: Using Children's Books To Enhance Our Efforts

Description: Early childhood teachers promote children's emotional & social development in many ways. Some of this work includes assisting children with common challenges, such as sibling rivalry or preparing to head off to Kindergarten. Other times, we must support children as they cope with significant life or community events. Join us as we explore quality picture books we can use to help children through these tough times.

Trainer: Kerry Belknap Morris, ECMWPT

Core Knowledge Areas: Promoting Child Growth & Development and Teaching & Learning

3C HEALTH/SAFETY

Title: NHCIS Background Record Checks Training and Q&A

Description: Come to this session for a walk-through with child care licensing staff on NHCIS for Background Record Checks. This session is the perfect opportunity to ask all those questions about the NHCIS BRC process and get helpful tips on ensuring the submissions are complete.

Trainer: Theresa Peck, Supervisor CCLU

Core Knowledge Area: Developing as a Professional

3D HEALTH/NUTRITION/MULTI-AGE

Training Title: Creating Positive Mealtime Attitudes

Description: Positive early childhood experiences surrounding food and the social environment are critical for shaping healthy eating behaviors. Child care providers will recognize their role in establishing healthy attitudes and behaviors towards food among the children in their care

Trainer: MacKenzie Kittery, Cooking Matters® Program Assistant

Core Knowledge Areas: Developing as a Professional

Registration Transferability

Training registrations are transferable for paid events with a minimum of five (5) business days notice. Please note that if you are unable to attend a paid training, to replace yourself with another individual, you may call the Professional Development Support Coordinator, Donna Lake, at (603) 903-0830, or email at ccrrtraining@snhs.org a minimum of five (5) business days before the event training date.



Thank you's:

- Shannon Desilets
- Dee Dee Thurber
- Stephanie Therrien
- Gail Gettens
- Carly Ireland
- Courtney Porter
- Kathleen Jablonski
- Kerry Belknap Morris
- Mackenzie Kittery
- Michael Hubler
- Lilian Hubler

Registration Information Cost: \$20

To register, go to or click on [Eventbrite](#). Once you register, you will receive a confirmation email with a ticket. Participants are asked to sign onto the online Zoom training before the advertised start time. Participants may sign on to the online Zoom training **fifteen (15) minutes** prior to beginning

Please note that participants will be provided with **two (2) thirty (30) minute breaks** throughout the day and a **one (1) hour break** for lunch.

If there are technical issues, please call our main line at **603-578-1386 ext. 2532** or email at ccrrtraining@snhs.org.

Credit for attending this online Zoom training will be provided through the [NHCIS Professional Registry](#) under Training Transcripts within **one (1) to five (5) business days**.

For more information about our services visit [nh-connections.org](#) or visit our agency site at www.snhs.org or check us out on Facebook and “Like Us” at Child Care Aware of New Hampshire. We look forward to seeing you!



Cost: \$20

Register Online: [Southern NH Services, Child Care Aware of NH Events](#)
[| Eventbrite](#)

Questions? Call Toll Free: 1-855-393-1731, ext. 2532

This conference will award participants up to six (6) hours of professional development, including a welcome address and networking time with other participants. These hours can help to satisfy the ongoing health and safety trainings required by CCLU.

Child Care Aware of New Hampshire
Main Office: 88 Temple Street, Nashua, 03060
1-(855) 393-1731, ext. 2532, ccrrtraining@snhs.org
[nh-connections.org](#)

