

TRY THIS BRAIN BUILDING TIP!

Try this simple Vroom Tip™ during an everyday moment at home with your child. Your child will enjoy helping you brush your teeth!

TOOTHY TWOSOME

Ages 2-3

When brushing your teeth, have your child be your partner. Let them brush their own teeth first, then give them your toothbrush so they can help brush yours. Ask, “Can you help me brush my teeth? Can you brush the ones in the front, and then the ones on the sides?” Take turns!

BRAINY BACKGROUND™

Sharing a moment and taking turns is one of the most important ways you can promote your child’s learning today and in the future.



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