



STATE OF NEW HAMPSHIRE

DEPARTMENT OF HEALTH AND HUMAN SERVICES

*DIVISION OF LONG TERM SUPPORTS AND SERVICES*

*BUREAU OF SPECIAL MEDICAL SERVICES*

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Dear Early Childhood Professional,

As an Early Childhood Professional, families trust you and rely on you to provide them with information regarding their child's development. The Center for Disease Control has a number of **free**, printable "Learn the Signs. Act Early" materials available, including books to promote early literacy and to prepare children for the transition to school. These materials can be valuable resources for both you and the families you serve and can facilitate important conversations around early developmental milestones. You can utilize this information in your newsletters, classroom websites or on social media outlets that you are using.

The following link provides access to a number of free CDC materials that you can customize and print:

<https://www.cdc.gov/ncbddd/actearly/hcp/index.html>. These materials include:

- A NH specific fact sheet on Developmental Screening (visit [www.watchmegrownh.org](http://www.watchmegrownh.org) or [www.nhfv.org](http://www.nhfv.org))
- A flyer for the CDC's free Milestone Tracker app (or have families download it while in the office)
- Milestone Moments Booklets, checklists and fact sheets for families
- Grow Up Healthy Chart (which includes information on immunizations)
- Children's books ("Amazing Me – It's Busy Being 3!", "Where is Bear? – A Terrific Tale for 2-Year-Olds")

If you are looking for **free** materials to provide to families, you can contact New Hampshire Family Voices (NHFV) at (800) 852-3345 X 4525 or (603) 271-4525 or complete the "contact us" form with your specific request for number and type of materials at <http://nhfv.org/contact-us/>.

The following **free** training (and opportunity for Continuing Education) is also available to you to guide you in monitoring children's development in the classroom, should you be interested: <https://www.cdc.gov/ncbddd/watchmetraining/index.html>

If you are not providing developmental screening to your families, or need them to complete the screener outside the classroom, you can refer them to [www.watchmegrownh.org](http://www.watchmegrownh.org) for access to a **free** Ages and Stages Questionnaire for their child birth to six years old.

If you need more information on how to integrate these materials into your current practice, please contact NH's Learn the Signs. Act Early Ambassador, Jennifer Doris at [Jennifer.doris@dhhs.nh.gov](mailto:Jennifer.doris@dhhs.nh.gov).

Sincerely,

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Learn the Signs. Act Early

