



Caring for Our Children Conference in Conway

Saturday, November 9, 2019
8:00 am to 4:00 pm

Kennett Middle School
176 Main Street
Conway, NH 03818



Child Care Aware of NH
Powered by
Southern New Hampshire Services





CONFERENCE SCHEDULE

REGISTRATION

8:00 to 8:30 am

WELCOME

8:30 to 8:45 am

KEYNOTE

8:45 to 9:45 am

SESSION 1

10:00 to 11:30 am

LUNCH

11:30 am to 12:30 pm

SESSION 2

12:45 to 2:15 pm

SESSION 3

2:30 to 4:00 pm

Child Care Aware of New Hampshire's *"Caring for Our Children"* Conference

Child Care Aware of New Hampshire powered by Southern New Hampshire Services is pleased to provide this full day conference **devoted to quality professional development** to assist child care programs, early childhood professionals and administrators in enhancing and improving their practices.

Child Care Aware of NH will be offering participants an **option to purchase a bag lunch for \$5.00**. Check out the lunch section of the brochure on page 10 for more details.

Participants will partake in a **Keynote Presentation: Relationships as the Foundation for Early Learning** with Keynote Speaker Stephanie Therrien, M. Ed, ECMPWT in the morning. Participants will then have the opportunity to select from a wide range of training topics to assist them in a stimulating day of learning, networking and fun. A total of 15 trainings are being offered and each one has been categorized for those wishing to take a "Training Track" specific to one area of focus. "Training Tracks" include Communication, Curriculum, Early Learning Standards, Health, Safety, Observation & Assessment and Wellness. Some tracks may consist of more than one area of focus. If you are looking to fulfill the health and safety training required yearly by NH Child Care Program Licensing Rules, look for trainings within the Health or Safety Tracks. Some sessions have been duplicated to ensure that participants have equal access to trainings offered.

Keynote Speaker

Stephanie Therrien, M. Ed, ECMPWT

Stephanie is a Training and Technical Assistance Specialist at SNHS Child Care Aware of New Hampshire and an adjunct instructor for NHTI-Concord's Community College and Nashua Community College. She has worked with children and families for over 25 years and has a strong background in the Pyramid Model framework from her time as a Behavioral Support Coach at Easterseals NH through Project LAUNCH. Stephanie is passionate about working with teachers and families to help develop their skill sets in developing young children's social and emotional skill development.



This conference will award participants up to six (6) hours of professional development, including a welcome address and networking time.



Keynote Address

Relationships as the Foundation for Early Learning

The Pyramid Model is a conceptual framework of evidence-based practices for promoting young children's healthy social and emotional development. Tier I focuses on Universal Promotion of supports and practices for all children in your care. The Pyramid Model stresses that relationships with our children, our teammates, our families, and us cannot be separated from our classroom curriculum and activities. Many practitioners and families look for quick fixes to change children's behaviors, but if we don't have good relationships with the young people we work with every day, then no intervention strategy will be successful. Children learn in the context of the relationships they have. The stronger your relationship is with your children and your team, the more your children can learn the skills that are important to their development.

Core Knowledge Areas: Developing as a Professional, Teaching & Learning and Promoting Child Growth & Development

Session 1, 10:00 to 11:30 am

1A SOCIAL EMOTIONAL/PRESCHOOL

Exploring Tier II of the Pyramid Model Teaching What We Want to See: Creating Expectations, Rules, and Consequences with Preschoolers to Prevent Challenging Behaviors

When we want children to learn something we teach them. We teach them letters and numbers, shapes and colors and about the world around them. It's just as important to teach children about the expectations of the classroom, including having rules and appropriate consequences. In this session, we will explore Tier II of the Pyramid Model which centers on creating appropriate expectations, rules and consequences in your classroom and setting up systems to acknowledge children's appropriate behaviors.

Trainer: Stephanie Therrien, M. Ed, ECMPWT

Core Knowledge Areas: Teaching & Learning and Promoting Child Growth & Development

***Please note:** All our trainers are either credentialed as an Early Childhood Master Professional Workshop Trainer (ECMPWT), Early Childhood Master Professional Allied Professional (ECMPAP), Early Childhood Master Professional Program Consultant (ECMPPC) or have a degree or background that qualifies them to provide training that is accepted by NH's Child Care Licensing Unit and/or for credentialing purposes. For more information on credentialing, visit <http://nh.childcareaware.org/nh-early-childhood-professional-development-system/>



Bag Lunch Option

Interested in purchasing a bag lunch when you register for this training?

Child Care Aware of NH is offering participants the option to purchase a bag lunch during your online registration for only \$5.00. Check out the lunch options page for more details!



Session 1, 10:00 to 11:30 am (Continued)

1B HEALTH/SAFETY/INFANT & TODDLER

Period of PURPLE Crying Awareness Training

Learn more about the Period of PURPLE Crying so that you can support the parents of infants with whom you interact. This presentation will increase your awareness about this developmental stage of increased crying, ways to cope with it and the dangers of reacting to the crying in frustration. Parents of 96% of the babies born in NH are learning about PURPLE Crying when they give birth. If you work with these families you need to know about it too! New Hampshire Children's Trust leads the effort to bring information about the Period of PURPLE Crying to parents by providing technical assistance to hospitals to implement the program, supporting community based providers in reinforcing the program's message and spreading the word through coordinating public awareness. The program employs a triple dose strategy to introduce, reinforce and promote the messages of the program. A question and answer period has been added for informational purposes.

Trainer: Maria Doyle, MSS, ECMPAP, Program Director, NH Children's Trust

Core Knowledge Areas: Building Family & Community Relationships and Promoting Child Growth & Development

1C POLICY/ADMINISTRATION

Policy Implementation in Early Childhood Programs

This training will focus on the adoption, implementation, and the continued success of policy implementation within Early Childhood Programs. This training will help administrators to understand the process of change implementation as well as important factors to consider when policy implementation is deemed critical. During this conference session, administrators will focus primarily on the Expulsion Prevention Policy as an example.

Trainer: Elizabeth M Costa, MA, ECMPWT

Core Knowledge Area: Developing as a Professional

1D HEALTH/SAFETY

Childhood Lead Poisoning in NH: What Early Childhood Educators Need to Know

Each year close to 1,000 children in New Hampshire are poisoned by lead and experience blood levels known to impair cognitive development. Lead poisoning in New Hampshire and the effects that even low-level lead exposure have on the brain's learning systems will be provided from numerous studies. (Continued on next page.)

Disclaimer Statement:

Caring for Our Children: National Health and Safety Performance Guidelines for Early Care and Education Programs is a publication offered through the National Resource Center for Health and Safety in Child Care and Education (NRC), American Academy of Pediatrics (AAP) and the American Public Health Association (APHA). This publication is affiliated with the "Caring for Our Children: Health, Safety, Nutrition and Wellness" Conference in part by name and topic areas only and is not directly endorsed or affiliated with the NRC, AAP or APHA. The conference, publication and these associations share in the spirit of supporting early care and education programs and their efforts to promote healthy, safe and nutritional practices in their early learning environments only.

A print version of the publication is available for printing <https://nrckids.org/CFOC> or for purchase at <https://shop.aap.org/caring-for-our-children-national-health-and-safety-performance-standards-4th-edition-paperback/>.

Child Care Aware of NH would encourage you to use this publication as a supplementary resource to promote healthy, safe and nutritional practices in your work with children, families and program staff.

**Session 1, 10:00 to 11:30 am (Continued)****1D HEALTH/SAFETY (Continued)****Childhood Lead Poisoning in NH: What Early Childhood Educators Need to Know**

Early Childhood Educators will develop an understanding of lead's "neurobehavioral signature" which can create significant negative impacts on: cognitive ability, speech and language, hearing, visual-spatial skills, attention, impulse control, social behaviors, emotional regulation and motor skills. The impact of lead poisoning is irreversible and can cause a life-time of consequences. The training will provide information about educational interventions for young children affected by lead and the importance of having results of required lead screening documented on school health forms.

Trainer: Gail Gettens, MS, Health Promotion Advisor Healthy Homes and Lead Poisoning Prevention Program

Core Knowledge Areas: Promoting Child Growth & Development and Observing, Documenting & Assessing

1E HEALTH/DEVELOPMENT**Ages and Stages of Healthy Child Sexual Development**

This workshop will discuss introductory information regarding typical child sexual development and behavior. Each developmental stage will be explored including normal sexual behaviors and those that could be red flags for developmental concerns and/or abuse. Basic strategies to address sexual behaviors in children will also be reviewed. Case examples will be offered and evaluated in the context of development of sexual behaviors which will allow for audience interaction.

Trainer: Jessica Cantin (Sugrue), ECMPWT

Core Knowledge Areas: Teaching & Learning, Promoting Child Growth & Development, and Observing, Documenting & Assessing



This conference will award participants up to six (6) hours of professional development, including a welcome address and networking time.

Session 2, 12:45 to 2:15 pm

2A ENVIRONMENT RATING SCALE

Introduction to Environment Rating Scales (ERS) (Part 1)

This training is designed to provide an overview of the Environment Rating Scale (ERS) tools. The training will focus on how to use the tools for program self-assessment and continuous quality improvement. **Must take part 1 and 2 (Part 2 is Session 3A).**

Trainer: Jaime Calcagni, ECMPWT

Core Knowledge Areas: Developing as a Professional and Teaching & Learning

2B SOCIAL EMOTIONAL/INFANT & TODDLER

Exploring Tier I of the Pyramid Model with Infants and Toddlers:

Responsive Relationships and Supportive Environments Are Key!

Children develop in the context of relationships. When children are cared for and made to feel safe in their surroundings, they can grow and develop to their fullest potential. Likewise, a stimulating, engaging environment helps children learn the skills they need to advance in their development. This session, will examine Tier I of the Pyramid Model for Infants and Toddlers and explore ways to increase the quality of your relationships and provide high quality environments for the infants and toddlers you work with every day.

Trainer: Stephanie Therrien, M. Ed, ECMPWT

Core Knowledge Areas: Teaching & Learning and Promoting Child Growth & Development

2C HEALTH/OBSERVATION/DEVELOPMENT

Growing Up with ACES: Understanding the Impact of Adverse Childhood Experiences on the Developing Child and Family

In this session, participants will explore one of the largest research studies to date investigating childhood abuse and neglect and the correlation between health outcomes and well-being across the life span referred to as the Adverse Childhood Experiences Study (ACES). Through engaging discussion and presentation we will develop a better understanding of how we can support children who have experienced ACES and their families through opportunities to minimize the impacts of the adversity they have experienced when community supports and interventions are in place.

Trainer: Jessica Cantin (Sugrue), ECMPWT

Core Knowledge Areas: Building Family & Community Relationships and Promoting Child Growth & Development

2D HEALTH/SAFETY

Child Care Licensing Question & Answer Session

Come to this information session and meet with Child Care Licensing Staff. This unique session is the perfect opportunity to ask all those questions about the rules you always wanted answers to and get an up-to-date understanding of licensing. (Continued on next page.)

Conference Contributors

Child Care Aware of NH would like to acknowledge the following organizations and groups who collaborated and are contributing to the success of this event:

- Bureau of Child Development and Head Start Collaboration
- DHHS Child Care Licensing Unit
- DHHS Division of Children, Youth, and Families
- DHHS NH Immunization Program
- Kennett Middle School
- Lead Poisoning Prevention Program

Thank you for your support and contributions to promote quality practices in early childhood settings!

Many of the photos in the Conference Brochure were taken from the 2019

CCAoNH Photo Shoot Programs:

- Barrington Village School Family and Child Enrichment Center
- The Learning Tree
- The Learning Path
- Keene Day Care
- Lancaster Play and Learn
- Moultonborough Learning Center
- The Kids Spot
- Yeni's Daycare

Session 2, 12:45 to 2:15 pm (Continued)

2D HEALTH/SAFETY (Continued)

Child Care Licensing Question & Answer Session

Trainer: Melanie Smith, Licensing Coordinator, CCLU

Core Knowledge Areas: Developing as a Professional and Promoting Child Growth & Development

2E SPEECH/COMMUNICATION/PRESCHOOLERS

Integrating Speech and Language Development in Outdoor Play and Nature Based Activities for Preschoolers

This presentation will discuss the importance of outdoor play, movement and creativity and how it supports speech and language development in the preschool years. Allison P. Cloutier will highlight how to integrate specific speech and language skills in outdoor or nature based games and activities. With picture examples given, paired with hands-on exploration, participants will leave with new and inspiring ideas to get kids outside to play, building skills such as sequencing, following directions, problem solving, social communication, speech sound awareness and more.

Trainer: Allison P. Cloutier, MS CCC-SLP, ECMPWT

Core Knowledge Area: Promoting Child Growth & Development

Session 3, 2:30 to 4:00 pm

3A ENVIRONMENT RATING SCALE

Introduction to Environment Rating Scales (ERS) (Part 2)

This training is designed to provide an overview of the Environment Rating Scale (ERS) tools. The training will focus on how to use the tools for program self-assessment and continuous quality improvement.

Must take Part I and 2 (Part 1 is Session 2A).

Trainer: Jaime Calcagni, ECMPWT

Core Knowledge Areas: Developing as a Professional and Teaching & Learning





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Session 3, 2:30 to 4:00 pm (Continued)

3B: HEALTH/SAFETY

Recognizing and Reporting Abuse & Neglect

Did you know you are mandated to report suspected child abuse and/or neglect? Do you know who to call? Do you know what signs to look for? Or what happens after you call? Come join us for this informative workshop and get these questions and more addressed! Participants will have the opportunity to define child abuse and neglect and examine the impact of maltreatment on a child's development. Participants will learn how best to respond to concerns about possible abuse and neglect and discover what their role is as a mandated reporter.

Trainer: Athena Cote, MS W, DCYF, Child Protector Service Worker
This training is being offered in collaboration with the Division for Children, Youth and Families.

Core Knowledge Areas: Developing as a Professional and Promoting Child Growth & Development

3C HEALTH/NUTRITION/WELLNESS

Smarter Mealtimes Movement

Smarter Mealtimes is an adaptation of the Smarter Lunchrooms Movement for the child care environment. The initiative offers 20 simple strategies proven to increase children's selection and consumption of healthy foods. Making *the healthy choice, the easy choice* does not have to be hard.

Trainer: Robin Peters, DTR, M. Ed, Field Specialist -Nutrition Connections UNH Cooperative Extension

Core Knowledge Areas: Developing as a Professional and Promoting Child Growth & Development

3D SPEECH/COMMUNICATION/INFANTS & TODDLER

Playing with Purpose with Infant & Toddlers

Explore games and have some fun, all while learning how to best support children's speech and language development. This workshop is a hands-on brainstorming session, where attendees will interact with games, activities and one another, leaving the session with inspiration to bring back to their Infant and Toddler classrooms. The activities will integrate autumn themed topics as we enter into this season of the year!

Trainer: Allison P. Cloutier, MS CCC-SLP, ECMPWT

Core Knowledge Area: Promoting Child Growth & Development



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Session 3, 2:30 to 4:00 pm (Continued)

3E HEALTH/SAFETY

NH Child Care Immunization Requirements and Annual Reports

The focus of this presentation is not specifically on the immunizations themselves, but the laws that apply to the annual report and how to fill the report out. Participants will receive resources they can use to fill out the immunization report and resources to provide to parents about immunizations and disease reporting.

Trainer: Xan P. Gallup, RN, RRT, Public Health Nurse Coordinator, NH Immunization Program

Core Knowledge Areas: Developing as a Professional and Promoting Child Growth & Development





Lunch Options

BUY a BAG LUNCH when registering online:
CCAoNH is offering participants the option to purchase a bag lunch for **\$5.00**. Orders must be placed when registering for the conference. Preordering is required.



Bag lunch sandwich options are as follows:

- Turkey
- Ham
- Roast Beef
- Vegetarian

The bag lunch will include a sandwich, bottle of water, chips, seasonal fruit and cookie (condiments for the sandwich will be on the side).

Prefer to go out to eat? Lunch options are plentiful in Conway. You can bring your own bagged lunch or check out some local eateries for lunch at one of many options:

- Café Noche
- First Stop Deli & Grocery
- Sweet Maple Café
- Bea's Café

***Please contact the Professional Development Support Coordinator if you have any life threatening allergies at least one week before the event at crrrtraining@snhs.org!**

Hotel Accommodations

Looking to make this event a staff retreat or weekend away? Consider the options below for potential accommodations in the area.

- North Conway Grand Hotel: <https://www.northconwaygrand.com/>
- Scenic Inn of Conway: <https://www.scenicinn.com/>
- Merrill Farm Inn: <http://merrillfarminn.com/>
- White Mountain Hostel: <https://wmhostel.com/>

Registration Transferability (NEW)

Training registrations are NOW transferable for paid events with a **minimum of five (5) business days notice**. Please note that if you are unable to attend a paid training; to replace yourself with another individual, you must call the Professional Development Support Coordinator, Donna Lake, at (603) 903-0830 a minimum of five (5) business days before the event training date by 5:00 pm. Transfers are only made via phone.



Registration Information Cost: \$45

To register, go to or click on www.snhscrr.eventbrite.com. Once you register, you will receive a confirmation email with a ticket. Please bring this ticket to the event and present it when signing-in.

Child Care Aware of New Hampshire will be adding trainings and conferences taken through Eventbrite into the NH Professional Registry. If you register for this conference, Child Care Aware of New Hampshire staff will be adding this training to your Registry record and you will have it available on your Training Transcript once you complete the training. You will be getting a confirmation email from Eventbrite with your ticket that you are registered and will also be receiving an email from the Registry indicating that you are enrolled. If you have questions about this, please contact our toll free line, at 1-855-393-1731, ext. 32 or one of our regional outreach offices.

For more information about our services visit nh.childcareaware.org or visit our agency site at www.snhscrr.org or check us out on Facebook and "Like Us" at Child Care Aware of New Hampshire. We look forward to seeing you!



Cost: \$45

(Lunch available for additional \$5.00, must be preordered)

Register Online: www.snhscrr.eventbrite.com

Questions? Call Toll Free: 1-855-393-1731, ext. 32

This conference will award participants up to 6 hours of professional development, including a welcome address and networking time with other participants. These hours can help to satisfy the ongoing health and safety trainings required by CCLU.

Child Care Aware of New Hampshire
Main Office: 88 Temple Street, Nashua, 03060
1-(855) 393-1731, ext. 32, crrtraining@snhs.org
nh.childcareaware.org

