

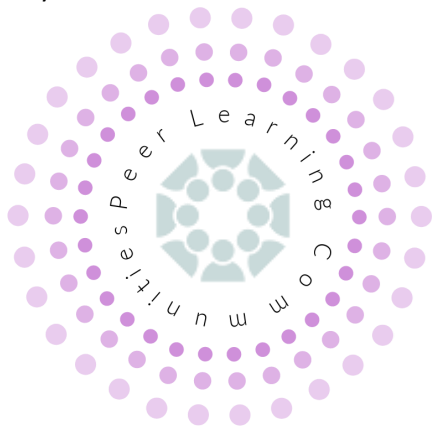


PEER LEARNING COMMUNITIES:

Mind in the Making Seven Essential Life Skills

This year, Child Care Aware of NH is offering its first ever Peer Learning Communities focused on the **Mind in the Making training series. The Mind in the Making Seven Essential Life Skills Modules** have their origins in a book by Ellen Galinsky, *Mind in the Making: The Seven Essential Life Skills Every Child Needs*. Following an Introductory Module, each Module is focused on one of the Seven Essential Life Skills: focus and self control; perspective taking; communicating; making connections; critical thinking; taking on challenges; and self-directed, engaged learning. These evidence-based Life Skills all involve what researchers call executive functions of the brain.

Please note, the first session is required to be able to participate in any of the other sessions in the series. Participants must also choose one Peer Learning Community to participate in, participants will not be able to bounce between the two groups. Although it is not required that you go to all sessions, it is **highly** recommended. We strongly encourage participation in all sessions to get the most out of this opportunity.



Two Peer Learning Communities

Trainers: Christine Brown, ECMPWT, Stephanie Therrien, ECMPWT and Shannon Quinn, ECMPWT

Date & Time:

- Tuesday, September 15, 2020, 6:30-8:30 PM
- Tuesday, October 6, 2020, 6:30-8:30 PM
- Tuesday, October 20, 2020, 6:30-8:30 PM
- Monday, November 2, 2020, 6:30-8:30 PM
- Tuesday, November 17, 2020, 6:30-8:30 PM
- Monday, December 7, 2020, 6:30-8:30 PM
- Monday, December 14, 2020, 6:30-8:30 PM
- Tuesday, January 5, 2021, 6:30-8:30 PM

Two (2) hours of professional development offered per session.

The CKAs for this series are Developing as a Professional and Building Family & Community Relationships.

Trainers: Courtney Mitchell, ECMPWT, Heather Webster, ECMPWT and Sue Cloutier, ECMPWT

Dates & Times:

- Saturday, September 19, 2020, 8:30 AM-12:30 PM
- Saturday, October 17, 2020, 8:30 AM-12:30 PM
- Saturday, November 7, 2020, 8:30 AM-12:30 PM
- Saturday, December 19, 2020, 8:30 AM-12:30 PM

Four (4) hours of professional development offered per session.

The CKAs for this series are Developing as a Professional and Building Family & Community

Registration Information:

- Registration is free and available through the [NH Professional Registry](#).
- The morning of the training, registered participants will be emailed a link to log into Zoom as well as the online evaluation link. At the end of the training, please complete the evaluation.
- Registration is on-line only and pre-registration is required.

Information on how to access Zoom:

- <https://support.zoom.us/hc/en-us/articles/201362193-How-Do-I-Join-A-Meeting>

Questions:

- Email ccrtraining@snhs.org or call at (603) 578-1386, ext. 2532.