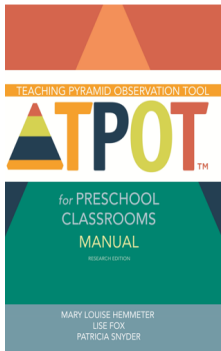
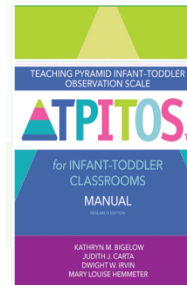


# TPOT & TPITOS TIP TUESDAY

## Taming Your TPOT Fears



## Taming Your TPITOS Fears



Introducing a scripted story for teachers that will ease their fears of the TPOT or TPITOS.

# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v=jZesd5Zg1co>

Offer choices during snack to increase child engagement and communication.

# TPITOS Tip Tuesday



"Clean up time,  
clean up time."



Providing toddlers with verbal and/or visual  
cues helps them transition smoothly  
both inside and outside.

<https://www.youtube.com/watch?v=qcHwDcuzj4M>

# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v=37Wnd0wHOes>

When singing your children's favorite songs at Circle Time, insert their names into verses of the songs to increase engagement.



# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v=9QLHD0kidl4>

Visual cues like this 5-Minute Glove can help children prepare for transitioning to a new activity.



Program-Wide  
Positive Behavior Support



# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v=pJbiSb-v8e0>

Reviewing the daily schedule and rules provides predictability to toddlers about what is expected.



Program-Wide  
Positive Behavior Support

# TPITOS Tip Tuesday



[https://www.youtube.com/watch?v=E0MgmqnRiVM&list=PLaXAdXonRX0QXCCFd2yIWav4JXYBlm5U &index=68&t=16s](https://www.youtube.com/watch?v=E0MgmqnRiVM&list=PLaXAdXonRX0QXCCFd2yIWav4JXYBlm5U&index=68&t=16s)

Remaining nearby during children's social interactions helps build social and emotional skills.



# TPITOS Tip Tuesday



<https://www.youtube.com/watch?v=qaxyJagY8fY>

Helping toddlers work cooperatively is a great way to promote positive peer interactions.



# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v=QoegewQY-Ak>

Reviewing the class schedule with a child is a fantastic way to provide individualized support during transitions.

# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v=clpZ1cRoWxc>

Supportive conversations during play nurtures your relationships with children as well as their development.

# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v=upflgj1YfUA>

Giving a child an individualized cue like a picture of a diaper or holding up & showing them a diaper can be helpful during transitions.

# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v=S1iwb7GyqBM>

It's fun to 'Pass the Pumpkin'  
at Circle Time.



# TPITOS Tip Tuesday



<https://www.youtube.com/watch?v=PVuT2pzIFkQ>

Walking in pairs is a great way to transition and build friendship skills.

# TPITOS TIP TUESDAY



## Nap Time Rules

1. Quiet mouth.



2. Stay on your mat.



3. Close your eyes.



<https://www.youtube.com/watch?v=CmHAQW8BuHY>

Nap Time Rules help children know what is expected at nap time.

# TPITOS TIP TUESDAY



## Re-Connecting and Building Relationships with Infants

When transitioning back to childcare settings, it's likely infants—and adults—may need help adapting to new routines and re-establishing relationships. Practitioners should ensure that routines are responsive to individual children's needs and implemented consistently to help infants and their families transition back after an extended break. Infants may also need extra support to connect with their caregivers, even if they are caregivers who were there before the break. Here are some tips and strategies to reconnect and build relationships with infants as they return to your program.

### Warmth and Responsivity

- ▶ Use a positive, calm, and supportive tone.
- ▶ Interact at the child's level and make eye contact.
- ▶ When wearing a mask, it will be important to exaggerate your eyes and eyebrows and use other nonverbal communication strategies.
- ▶ Show physical affection (e.g., gentle pats, holding them, rocking gently).
- ▶ Greet children and address them by name throughout the day.
- ▶ Be responsive to children in distress (e.g., pick them up, rock them gently).



### Daily Routines

- ▶ Be consistent with daily routines.
- ▶ Individualize routines for each child (e.g., diaper change, feeding, sleep).
- ▶ Narrate steps and activities during routines.
- ▶ Plan for extra time to complete routines with children. For example, a child might need extra time to calm down before they are ready to sleep.

Shea, I am going to pick you up so we can change your diaper.

I know you are hungry, Devon. I am going to get your bottle, and then I can feed you.

### Self-Care

- ▶ Practice mindfulness strategies that calm YOU throughout the day (e.g., breathing, taking a sip of water).
- ▶ Be present during your interactions with infants and avoid focusing on things out of your control.
- ▶ Ask for support when needed
  - When feeling overwhelmed, anxious, or frustrated, collaborate with a colleague to take a break.
  - Talk with other adults about your feelings.



### Building Relationships & Communication

- ▶ Imitate and elaborate on infants' vocalizations and actions.
- ▶ Provide positive attention by engaging and commenting on infants' movements, vocalizations and behaviors.
- ▶ Use words and gestures to comment on other children in the classroom and help children notice their peers.

You are making music banging those blocks.

Look, Jason is crawling over to say hi to you.

I see you looking at the bird. Should I make it fly?

### Emotional Support

- ▶ Label and describe adult and child emotions throughout the day.
- ▶ Create a nurturing environment by playing calming music or sounds to support regulation.

That was a loud noise. Did that scare you?

I see you smiling, Nat. You look happy holding the shaker.

### Drop-Off and Pick Up

Because of new regulations, it is likely that drop-off and pick-up routines will be different. If this is the case, it will be important to be intentional in supporting families and their infants during these routines:

- ▶ Prepare families ahead of time for the new routines.
- ▶ Have a consistent caregiver greet the family each day.
- ▶ Bring a favorite classroom item to the drop-off location (e.g., book, toy).
- ▶ Post photos of classroom activities near the drop-off/pickup location.
- ▶ Expect that drop off/pick-up might take longer and stagger when families arrive.



<https://www.youtube.com/watch?v=xq1kUsOvY2A>

# TPITOS TIP TUESDAY

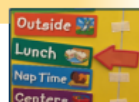


## Rebuilding the Pyramid: Reconnecting After a Break

After a long break, it's likely children and adults may forget some of the routines that make the school day go smoothly. To help with the transition of your classroom community back to school after an extended break, it may be important to re-teach or remind children of schedules, expectations, and routines. Adults should expect that children will **NOT** remember all of these things and should intentionally plan extra supports following a break. The longer the break, the more likely it is that children will need to be reminded of the routines and expectations. Children will also need time to reconnect with teachers and peers after time away from school. Make sure you are engaging in positive interactions with all children throughout the day to support their return to school and increase the likelihood that they will be successful.

### Schedules

- ▶ Re-teach the schedule at the beginning of each day
- ▶ Note any changes in the schedule as a result of the break
- ▶ Refer to the schedule before and after activities throughout the day



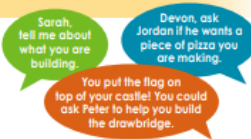
### Routines

- ▶ Re-teach steps of common routines
- ▶ Model and practice the steps
- ▶ Provide individual supports as needed
- ▶ Provide positive descriptive feedback to children when they follow the routines



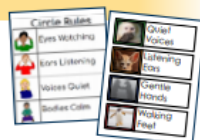
### Supportive Conversations

- ▶ Acknowledge children's communication to you
- ▶ Greet/call children by name
- ▶ Use a calm and positive tone
- ▶ Join in play and talk about their play (e.g. questions and comments)
- ▶ Support interactions between children in play



### Expectations and Rules

- ▶ Re-teach the rules
- ▶ Provide children with opportunities to practice the rules
- ▶ Refer to rules throughout the day
- ▶ Give children positive feedback when they follow the rules
- ▶ Talk about how the rules link to the program-wide expectations (e.g., Be Safe and Be a Friend)



### Positive Descriptive Feedback

- Provide positive descriptive feedback to children when they
- ▶ ... follow a direction
  - ▶ ...engage in activities
  - ▶ ...transition appropriately
  - ▶ ...follow the rules
  - ▶ ...engage in friendship skills
  - ▶ ...demonstrate desirable behaviors/actions/skills



### Emotional Support

- ▶ Label and describe adult and child emotions throughout the day especially as they relate to returning to school
- ▶ Support children in talking about their own emotions
- ▶ Model and practice calm down strategies



[https://www.youtube.com/watch?v=b1BgF3DP\\_I8](https://www.youtube.com/watch?v=b1BgF3DP_I8)

Reviewing the schedule throughout the day helps young children know what to expect.



National Center for Pyramid Model Innovations | [ChallengingBehavior.org](http://ChallengingBehavior.org)

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Pub: 05/12/20





# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v=nXAND3HMJzE>

Using a mirror to identify feelings  
is fun and engaging!



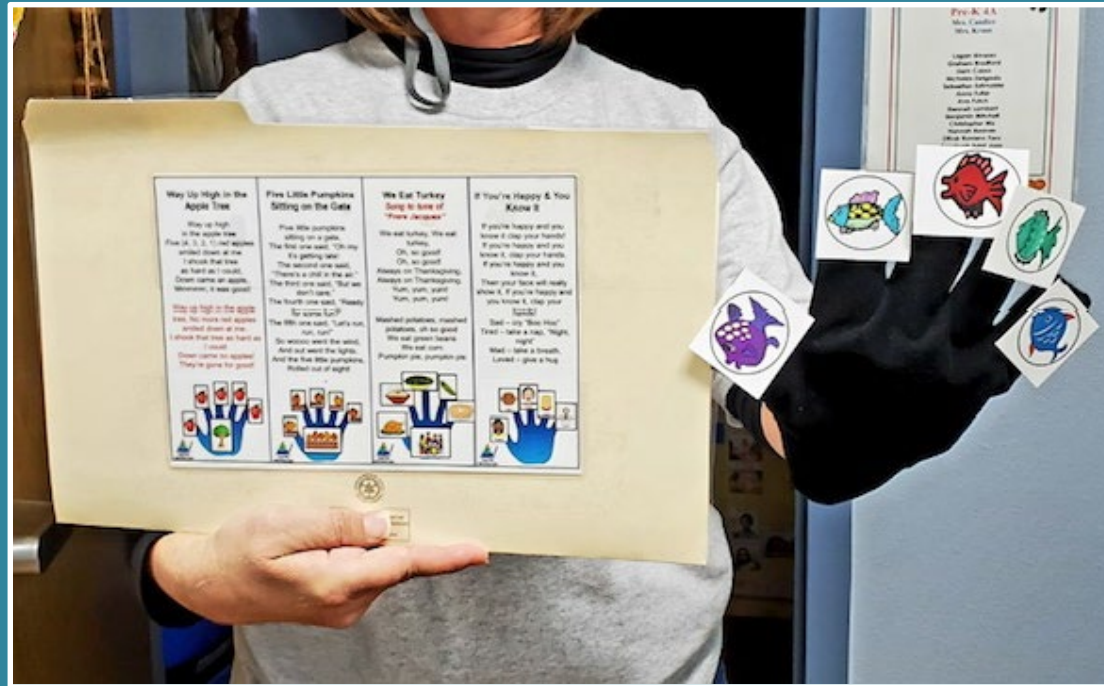
# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v=0xAtdvMjs1U&list=PLaXAdXonRX0QXCCFd2yIWav4JXYBIm5U> &index=63

Circle time is an ideal time to sing and practice sharing. Watch how these toddler teachers encourage children to share bells as they sing.

# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v=9emPeyq9xlc>

Using a song glove is an engaging way to connect with children during Circle Time or while waiting for another activity or routine to start.



# TPITOS TIP TUESDAY

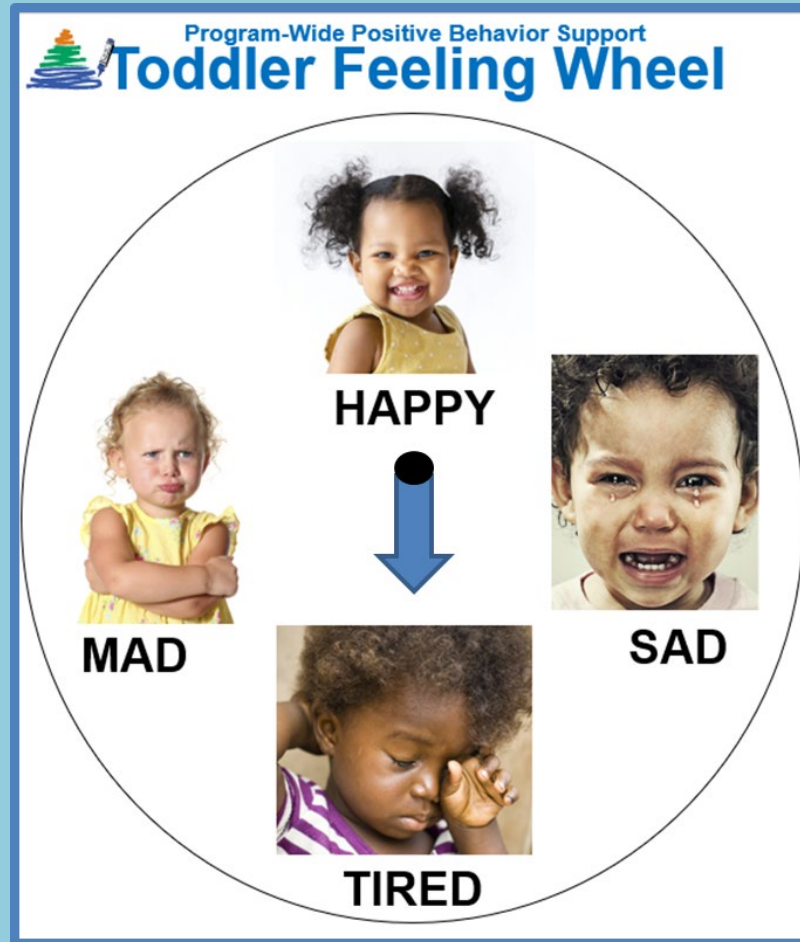


<https://www.youtube.com/watch?v=n3febfAfswl&list=PLaXAdXonRX0Q0GvwSsfRQ9lnMn6rXNRJS&index=10>

It is essential for a teacher to remain calm, supportive, and positive when a child is experiencing a challenging situation.



# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v= PUueaXhqKA>

Allowing toddlers to identify how they are feeling is an awesome way to enhance emotional vocabulary!

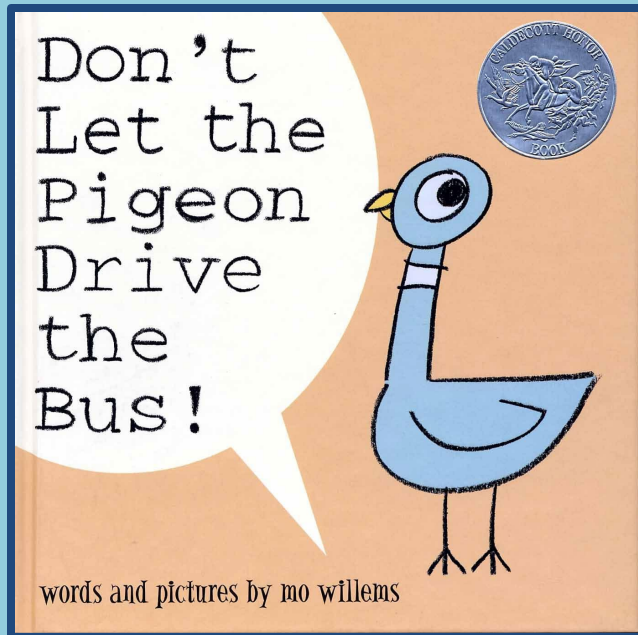
# TPITOS TIP TUESDAY



[https://www.youtube.com/watch?v=SsZ6mB\\_wVDk](https://www.youtube.com/watch?v=SsZ6mB_wVDk)

Outside time is an opportune time for teachers to join in play with children and follow their lead.

# TPITOS TIP TUESDAY



[https://www.youtube.com/watch?v=ogCdG\\_1fnww](https://www.youtube.com/watch?v=ogCdG_1fnww)

Reading a story that allows for active participation is a great way to keep children engaged at Circle Time.

# TPITOS TIP TUESDAY



<https://www.youtube.com/watch?v=xjbEwNG1J58&list=PLaXAdXonRX0QXCCFd2yIWav4JXYBlm5U> &index=9

Circle Time is a great opportunity to let toddlers know, in a positive tone, what they should do.