

Active Collaborative Training (A.C.T.) Series: Compassionate Care for Families Affected by Perinatal Substance Exposure Using a Solution Focused, Trauma-Informed Approach



Training Description: In caring for and interacting with families affected by perinatal substance exposure, staff often say "I know there is a better way to express my care and concern for this family, I am just not sure exactly what to do, or what to say and how to say it".

As professionals who want to help and who are committed to keeping infants and their families safe and healthy, we may struggle with the balance between setting clear guidance and providing compassionate, flexible care and communication. Additionally, when we carry stress about families we are concerned about, we often experience the compound effects known as "compassion fatigue". In this session, we will explore the struggles with providing this balanced care and the strategies to continue to improve communication and reduce compassion fatigue.

We will follow this training session with a guided **Question and Answer Session** moderated by **Infant and Toddler Specialist, Meg Atwood** from Child Care Aware of NH

Trainer: Farrah Sheehan Deselle, MSN, RN, IBCLC, Perinatal Nurse Educator and Consultant BirthingYou

Trainer Bio: Farrah Sheehan Deselle, MSN, RN is a perinatal nurse educator and consultant whose work focuses on trauma informed care, birth trauma recovery and care for substance exposed infants and their families. She provides services for individual families as well as education and consultation for professionals through her business, BirthingYou.



Training Information

Saturday, December 5, 2020

8:30 AM to 12:00 PM

Online Zoom Training

Three (3) hours of professional development awarded.

CKAs: Developing as a Professional and Promoting Child Growth & Development.

Schedule of Day

8:30-9:30 AM Welcome/Discussion Part 1
9:30-9:45 AM Break
9:45-10:45 AM Discussion Part 2
10:45-11:00 AM Break
11:00 AM-12:00 PM Q&A Guided Discussion

Registration Information

Registration fee is \$15.00.

Register through [Eventbrite](https://www.eventbrite.com/x/12520-active-collaborative-training-act-series-tickets-116899404265) at
<https://www.eventbrite.com/x/12520-active-collaborative-training-act-series-tickets-116899404265>.

Registration is online only and pre-registration is required.

Registration fees are non-refundable.



Child Care Aware of NH is a Child Care Resource and Referral Program powered by Southern New Hampshire Services. The preparation of this flyer was financed under a Contract with the State of NH, Department of Health and Human Services, Division of Economic and Housing Stability, Bureau of Child Development and Head Start Collaboration, with funds provided in part by the State of NH and the US Department of Health and Human Services.