

Keene State College through the support of the Department of Health and Human Services, Division of Public Health Services is recruiting SEVEN child care centers across the state to participate in an exciting initiative designed to improve the health of children. Child care centers interested in participating should serve an average of 35 children and have not previously participated in the NAP SACC initiative in the past five years. Participating centers should also participate in CACFP or provide an independent meal service to children. **If you are interested in this opportunity, READ ON, as there is a mini-grant opportunity of \$1500 to implement health-related initiatives!**

Participating in this project will enable your child care center to identify improvements in nutrition and physical activity policies and practices. We are asking centers to:

1. Work with an assigned health consultant in-person and through brief telephone conversations to identify 3 areas of improvement based on the results of 3 completed assessments (child nutrition, breastfeeding/infant feeding, and physical activity - attached). Once the areas of improvement have been identified create an action plan that identifies steps needed to achieve and sustain goals with a realistic timeline.
2. Ask at least one member of your center to participate in **one of two** online trainings; each online training is 90 minutes. One training focuses on breastfeeding friendly child care and the other on wellness policy development. Both trainings are approved by NH child care licensing for continuing education hours. We ask that the designated person complete the training by May 1, 2019.
3. Commit to working through your chosen plan.
4. **Receive a \$1500 mini-grant** to support the implementation of your action plan (application due March 1, 2019; restrictions apply).
5. Provide success stories based on the initiative to your assigned health consultant by May 1, 2019.

Act quickly as participation is limited to the first SEVEN child care centers! If you are interested, please email [Rebecca Dunn](mailto:Rebecca.Dunn@keene.edu) rdunn@keene.edu.