

# Unsung Hero Awards 2018

## Recognizing Strong Parents



These awards go out to parents who embody the protective factors.

Do you know a parent (a primary caregiver such as a single parent, foster parent, adoptive parent, grandparent, aunt/uncle etc..) that have some or all of these qualities?

- **Parental Resilience:** Overcoming everyday stress and bouncing back.
- **Social Connections:** Having people who know and support them.
- **Knowledge of Parenting and Child Development:** Finding out about parenting skills and developmental growth.
- **Concrete Support in Times of Need:** Knowing where to turn for help.
- **Social and Emotional Competence:** Knowing how to help their children talk about their feelings.

**Nominate a Parent Today.  
Nominations must be in by  
January 5<sup>th</sup>, 2018.**

Contact Julie Day  
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Visit us Online  
[www.nhchildrenstrust.org](http://www.nhchildrenstrust.org)

Or Call:  
603-224-1279 for a nomination form

