



Nutrition and Physical Activity for Childcare - \$1,000 Mini Grant Opportunity

Keene State College through the support of the Department of Health and Human Services, Division of Public Health Services is recruiting 15 child care centers across the state to participate in an exciting initiative designed to improve the health of children. Child care centers interested in participating should serve an average of 50 children and have not previously participated in the Nutrition and Physical Activity Self-Assessment for Childcare (NAP SACC) initiative in the past five years. Participating centers should also participate in CACFP or provide an independent meal service to children.

The NAP SACC (Nutrition and Physical Activity Self-Assessment for Childcare) initiative is designed to provide centers with an easy tool to evaluate their own nutrition environment and make changes to support the health of young children.

Through this initiative, your center will:

- Partner with a trained NAP SACC consultant.
- Complete a user friendly nutrition self-assessment by October 31, 2017 with a trained NAP SACC consultant using a provided tool.
- Work with your NAP SACC consultant in-person and/or through brief telephone conversations to establish a plan to improve nutrition and reduce sodium at your center.
- Have at least one person in your child care program complete a 90-minute approved online training on wellness policy development in the child care setting by May 1, 2018.
- Commit to working through your chosen goals.
- Receive a **\$1000 mini-grant** to support the successful implementation of your plan (restrictions apply, brief mini-grant application due March 1, 2018).
- Complete a post-project nutrition self-assessment and provide success stories based on the initiative to your assigned NAP SACC consultant by May 1, 2018.

If you are interested in participating or learning more about the program, please contact Karrie Kalich kkalich@keene.edu. **Act quickly as participation is limited to the first 15 child care centers!**