



# Child Care Aware of New Hampshire Powered by Southern New Hampshire Services



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## Guidelines for Visiting Child Care Programs

Below are some guidelines that Southern New Hampshire Services, Child Care Aware of New Hampshire (CCAoNH) has created for visiting child care programs.

### Before going into a program:

- Take your temperature
- Answer the following questions:
  - Within the past 14 days, have you had close contact with or cared for someone who has been diagnosed with COVID-19 or suspected to have COVID-19?
  - Have you traveled in the past 14 days either: internationally (including to/from Canada); on a cruise ship; or domestically outside of the New England states of Maine, Vermont, Massachusetts, Connecticut, or Rhode Island?
  - Do you have any Covid-19 symptoms such as:
    - Fever of 100.4 or higher
    - Coughing/ dry cough
    - Shortness of Breath
    - Sore throat
    - Loss of taste or smell

### While in the program:

- Wash hands as you enter the program and then again when you enter the classroom. Make sure to follow the Caring for Our Children guidelines for hand washing
- Wear a face covering at all times and make sure not to touch it after you have placed it on your face. People wearing face coverings must not touch their eyes, nose, mouth, or face, or adjust their face covering without first sanitizing hands. After touching face or adjusting face covering, hands must be sanitized.
- Make sure you are socially distancing (6 feet) from the adults and the children in the program.
- Try not to touch anything in the classroom you are visiting, you do not want to contaminate any of the items in the classroom.
- Do not share any materials including paper, pens and any other items that you might have with you.