

COVID-19 Vaccines:

As we travel through the journey of COVID 19 Vaccination, there are many questions about the vaccine itself, how it was developed and when should people get it. It varies depending upon state, including NH. Here is a link to the CDC's COVID 19 vaccine webpage:

[COVID-19 Vaccines | CDC](#)

NH has been vaccinating its residents since December. NH continues to vaccinate according to their allocation guidelines. Here is the link to the NH Vaccination Planning webpage:

[Vaccine Information | Resources Guidelines | COVID-19 \(nh.gov\)](#)

Children and COVID 19:

There may be parents and children that are asking questions regarding COVID 19, here is a link to the CDC's webpage to support parents and children that may have questions.

[Children and Teens | COVID-19 | CDC](#)

COVID-19 and the flu:

This is what the CDC states about flu and COVID 19:

A flu vaccine will not protect you from getting COVID-19, but it can prevent you from getting influenza (flu) at the same time as COVID-19. This can keep you from having a more severe illness. While it's not possible to say with certainty what will happen in the winter, CDC believes it's likely that flu viruses and the virus that causes COVID-19 will both be spreading during that time. That means that getting a flu vaccine is more important than ever.

Content source: [Frequently Asked Questions about COVID-19 Vaccination | CDC](#)

It is still not too late to get the Flu shot. All provider offices and pharmacies have strict policies in effect to keep you safe from getting COVID 19 while receiving vaccinations at their places of business. Please encourage everyone that has not obtained a flu vaccination to do so as soon as they are able.

Keep informed:

There continues to be a weekly zoom webinar/call for schools that is presented by NH Division of Public Health Services:

Webinar for **school partners** every **Wednesday** from **3:30 – 4:30 pm**: ○ Zoom link: <https://nh-dhhs.zoom.us/j/98062195081>

- Call-in phone number: (646) 558-8656
- Meeting ID: 980 6219 5081
- Password: 197445

Here is the link to the tool kit that is available for Schools and Childcare. It provides guidance on preventing, reporting, and controlling COVID-19 in educational settings as well as tools to communicate best practices to staff and families:

NH school toolkit: [COVID-19 School Toolkit \(nh.gov\)](#)

As we continue through this eventful time, sometimes it may seem hard to keep up with the daily changes in information coming from many sources regarding COVID-19. Keep watching our NH DHHS website for regular updates and changes.

[Home | COVID-19 \(nh.gov\)](#)

Thank you for all you do today and every day!