

## **Counseling**

The USPSTF indicates that genetic counseling about BRCA mutation testing may be done by trained health professionals, including primary care providers who have the requisite skills and specialized training needed to provide comprehensive genetic counseling. Professional organizations and specialty groups provide accreditation standards and guidance. Comprehensive BRCA counseling includes pretest counseling (involving detailed family history analysis and risk assessment for potentially harmful BRCA mutations), education about the possible implications of genetic testing, identification of affected family members who may be preferred candidates for testing (and outlining options for interventions for appropriate patients), and post-test counseling for interpretation of genetic test results.

Identifying Ladies First members with harmful BRCA mutations can be important for their own health and the health of their family members. After positive results to any of the screening tools above refer members to:

### **University of Vermont Medical Center in Burlington, Vermont**

For questions about genetic risk assessment and testing services: (802) 847-4495

To schedule an appointment: (802) 847-8400

### **Dartmouth Hitchcock Medical Center in Lebanon, New Hampshire**

Call: (603) 653-3541

Email: [familial.cancer@Hitchcock.org](mailto:familial.cancer@Hitchcock.org)