

## Apple Cinnamon Baked Oatmeal

Prep time: 10 mins    Cook time: 15 mins    Total time: 25 mins

### Ingredients

- 2 cup rolled oats, old fashioned
- 2 bananas, medium ripe
- 1 egg
- ½ cup milk (low-fat or non-dairy)
- 1 teaspoon baking powder
- 1 teaspoon ground cinnamon
- 1 apple peeled and diced

### Instructions

1. Preheat oven to 375 F.
2. Line standard muffin pan with 12 liners and set aside.
3. In a medium bowl, mash banana with a fork.
4. Then beat in the egg and add rolled oats, baking powder, cinnamon, milk and pinch of salt. Stir until well combined.
5. Add the diced apple. Stir to combine.
6. Divide the batter into the prepared muffin pan and bake for 15 minutes, or until toothpick inserted in center of muffin comes out clean.



Recipe by Yummiest Food Recipes at <http://yummiestfood.com/apple-cinnamon-baked-oatmeal/>