

TIPS FOR SUCCESSFUL TRICK OR TREATING

-  Select costume early for practice and account for sensory issues. If a costume or piece of the costume is not working it is OK to go without it.
-  Create a visual story about your child's trick-or-treating experience.
-  Set clear rules about which doors you will knock on, how much candy to take, how much candy can be eaten and staying with an adult.
-  Consider safety issues (e.g. wearing reflective materials, crossing streets together, and adding name/address tag to their goody bag or costume).
-  Practice trick-or-treating with a few neighbors or at a special event.
-  Host a candy scavenger hunt like activity for trick-or-treaters to get their candy.
-  Use CARD's Trick-or-Treat sticker for non-verbal participants.
-  Know your child's limits. Have a back up plan if child gets overstimulated.
-  Remember that CARD has additional resources available and families can contact their consultant if they need specific strategies.

