

A Place at the Table – Monday, January 10 at 6:30 pm Celebrating African American Culture in North Carolina: Food

Updated October 20, 2021

Read:

- *The Cooking Gene: A Journey Through African-American Culinary History in the Old South*, by Michael W. Twitty
- *High on the Hog: A Culinary Journey from Africa to America*, by Jessica B. Harris
- [*The Skillet: How African American Cuisine became America's Supper*](#), Charlotte Observer, May 24, 2021
- [*How Slaves Shaped American Cooking*](#), National Geographic, March 1, 2014
- [*Carolina Farm Trust*](#) – a network of urban farming
- [*After a Century of Dispossession, Black Farmers are Fighting to Get Back to the Land*](#), Mother Jones, May-June 2021 issue
- [*Make Farmers Black Again*](#), NPR, August 25, 2020

Watch:

- “[*Chitlin Circuit*](#)” video about food, music and social clubs in the Jim Crow and Green Book era
- *High on the Hog* (Netflix series with Stephen Satterfield)
- [*A Feast of African-American Culinary Contributions, Baked into the South's DNA*](#), PBS August 1, 2017, with Chef Michael W. Twitty

Visit:

- [*24 Black-owned Restaurants and Dessert Shops in Charlotte*](#), Charlotte Magazine, June 3, 2020