



As LSI welcomes and resettles families from across the globe to Iowa, you can show them how welcome they are in our community by coming together with your neighbors, coworkers, faith community, or book club to make Welcome Kits. Many of our refugee families arrive in Iowa with few possessions or supplies. You can help them as they begin to rebuild new lives here and make a home in Iowa.

**Choose one or more of the categories below, clip out the list, place the items in a clear plastic tub that can close, check off all items included in the tub, and put the list at the top of the container. Please purchase new items and do not tape the tub closed.**

**We also encourage you to include a hand-written, unsealed note welcoming the family!** Consider using print rather than cursive, short sentences, and beginner-level words as some new refugees have limited English proficiency.

**Thank you for helping us welcome new neighbors to Iowa!**

Please contact [Nancy.Strutzenberg@LSIowa.org](mailto:Nancy.Strutzenberg@LSIowa.org) with any questions or to arrange drop-off of your Welcome Kits.



## Meal Service Kit

(dishes and silverware can be gently used)

*\*Please check off each item your kit contains.*

- |                                                     |                                               |
|-----------------------------------------------------|-----------------------------------------------|
| <input type="checkbox"/> Dishes - plates (6)        | <input type="checkbox"/> Serving spoons/forks |
| <input type="checkbox"/> Dishes - bowls (6)         | (wooden for nonstick pans)                    |
| <input type="checkbox"/> Cups/glasses - (6)         | <input type="checkbox"/> Paper towels         |
| <input type="checkbox"/> Teacups/mugs - (4)         | <input type="checkbox"/> Paper towel holder   |
| <input type="checkbox"/> Silverware - forks (6-8)   | <input type="checkbox"/> Dish towels (2)      |
| <input type="checkbox"/> Silverware - knives (6-8)  | <input type="checkbox"/> Potholders (2)       |
| <input type="checkbox"/> Silverware - spoons (6-8)  | <input type="checkbox"/> Dish soap            |
| <input type="checkbox"/> Silverware tray for drawer |                                               |



## Meal Prep Kit

\*Please check off each item your kit contains.

- |                                                          |                                                    |
|----------------------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> Mixing bowls (2-3)              | <input type="checkbox"/> Large chef's knife        |
| <input type="checkbox"/> Plastic food storage containers | <input type="checkbox"/> Small paring knife        |
| <input type="checkbox"/> Medium pot with lid             | <input type="checkbox"/> Can opener                |
| <input type="checkbox"/> Large pot with lid              | <input type="checkbox"/> Whisk                     |
| <input type="checkbox"/> Skillet/frying pan              | <input type="checkbox"/> Spatula                   |
| <input type="checkbox"/> Baking dish (glass or ceramic)  | <input type="checkbox"/> Trash can (11-13 gallon)  |
| <input type="checkbox"/> Cutting board (1-2)             | <input type="checkbox"/> Trash bags (kitchen size) |



## Bathroom Kit

\*Please check off each item your kit contains.

- |                                                 |                                                    |
|-------------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> Bath towels (4)        | <input type="checkbox"/> Floor bath mat            |
| <input type="checkbox"/> Hand towels (4)        | <input type="checkbox"/> Small waste basket        |
| <input type="checkbox"/> Washcloths (6-8)       | <input type="checkbox"/> Rolls of toilet paper (4) |
| <input type="checkbox"/> Shower curtain & rings | <input type="checkbox"/> Hand soap                 |



## Personal Care Kit

\*Please check off each item your kit contains.

- |                                                            |                                                                      |
|------------------------------------------------------------|----------------------------------------------------------------------|
| <input type="checkbox"/> Toothbrushes (4-6)                | <input type="checkbox"/> Razors (4)                                  |
| <input type="checkbox"/> Toothpaste (2)                    | <input type="checkbox"/> Shaving cream (2)                           |
| <input type="checkbox"/> Shampoo (2)                       | <input type="checkbox"/> Nail clippers and file                      |
| <input type="checkbox"/> Conditioner (2)                   | <input type="checkbox"/> Tweezers                                    |
| <input type="checkbox"/> Men's deodorant (2)               | <input type="checkbox"/> Feminine hygiene pads<br>(minimum one pack) |
| <input type="checkbox"/> Women's deodorant (2)             | <input type="checkbox"/> Rolls of toilet paper (minimum 4)           |
| <input type="checkbox"/> Bars of soap (3) OR body wash (2) |                                                                      |



## Cleaning Kit

\*Please check off each item your kit contains.

- |                                                              |                                             |
|--------------------------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Mop and bucket                      | <input type="checkbox"/> Laundry detergent  |
| <input type="checkbox"/> Broom and dustpan                   | <input type="checkbox"/> Dryer sheets       |
| <input type="checkbox"/> Pack of sponges                     | <input type="checkbox"/> Light bulbs        |
| <input type="checkbox"/> Bottle of all-purpose cleaner spray | <input type="checkbox"/> Tissues (2)        |
| <input type="checkbox"/> Dish cloths /cleaning cloths (3)    | <input type="checkbox"/> Disinfectant wipes |
| <input type="checkbox"/> Toilet brush                        | <input type="checkbox"/> Paper towels (2)   |
| <input type="checkbox"/> Dish soap                           |                                             |



## Adult Bedding Kit

\*Please check off each item your kit contains.

- |                                                       |                                                                  |
|-------------------------------------------------------|------------------------------------------------------------------|
| <input type="checkbox"/> Full or queen size comforter | <input type="checkbox"/> Pillows (2)                             |
| <input type="checkbox"/> Full or queen size sheets    | <input type="checkbox"/> Alarm clock (check if need batteries)   |
| <input type="checkbox"/> Pillowcases (2)              | <input type="checkbox"/> If necessary, batteries for alarm clock |



## Child Bedding Kit

\*Please check off each item your kit contains.

- |                                              |                                         |
|----------------------------------------------|-----------------------------------------|
| <input type="checkbox"/> Twin size comforter | <input type="checkbox"/> Pillow         |
| <input type="checkbox"/> Twin size sheets    | <input type="checkbox"/> Stuffed animal |
| <input type="checkbox"/> Pillowcase          |                                         |



## Baby Kit

\*Please check off each item your kit contains.

- |                                                            |                                                                                     |
|------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <input type="checkbox"/> Diapers (any size)                | <input type="checkbox"/> Baby bath wash                                             |
| <input type="checkbox"/> Baby wipes (minimum 3-pack)       | <input type="checkbox"/> Baby lotion                                                |
| <input type="checkbox"/> Diaper cream                      | <input type="checkbox"/> Small baby items -- pacifiers, onesies, rattles/toys, etc. |
| <input type="checkbox"/> Bottles (minimum 3)               |                                                                                     |
| <input type="checkbox"/> Blanket/receiving blanket/swaddle |                                                                                     |



## Welcome to Iowa Kit

(please place all items in a laundry basket)

\*Please check off each item your kit contains.

- |                                                  |                                      |
|--------------------------------------------------|--------------------------------------|
| <input type="checkbox"/> Teapot                  | <input type="checkbox"/> Pens        |
| <input type="checkbox"/> Locally themed calendar | <input type="checkbox"/> Hangers     |
| <input type="checkbox"/> Map of area             | <input type="checkbox"/> Umbrella    |
| <input type="checkbox"/> Blanket                 | <input type="checkbox"/> Soccer ball |
| <input type="checkbox"/> "Welcome" doormat       | <input type="checkbox"/> Chocolate   |
| <input type="checkbox"/> Notebook                |                                      |



## Winter Welcome Kit

\*Please check off each item your kit contains.

- |                                                                               |                                                   |
|-------------------------------------------------------------------------------|---------------------------------------------------|
| <input type="checkbox"/> 4-6 pairs of adult and children's cold weather socks | <input type="checkbox"/> 4-6 pairs of warm gloves |
| <input type="checkbox"/> 2-4 beanies or winter hats                           | <input type="checkbox"/> 2-3 scarves              |
|                                                                               | <input type="checkbox"/> Warm, thick blanket      |

