



# *Relentlessly* DEDICATED TO SERVING IOWA FAMILIES.

## ACROSS THE STATE, LSI LIFTS UP HUNDREDS OF IOWA CHILDREN, ADULTS, AND FAMILIES THROUGH A WIDE BREADTH OF SERVICES.

### BEHAVIORAL HEALTH INTERVENTION SERVICES AND MENTAL HEALTH SERVICES

LSI's expert therapists provide mental health care, in-person and virtually, to children, couples, families, and adults on a flexible schedule that meets each client's needs.

LSI Behavioral Health Intervention Services social workers provide regular in-home visits to children with severe emotional or behavioral disorders, providing families with activities and tips to improve healthy communication, anger management, and decision-making.

**EARLY CHILDHOOD SERVICES** LSI parent educators empower parents and expecting parents through in-home visits and education to ensure children are hitting their developmental milestones.

They also connect families to resources like parenting support groups and community supports like affordable housing, local food pantries, and career development programming.

### SERVICES FOR PEOPLE WITH DISABILITIES

LSI walks alongside Iowans with disabilities as they build their independence. Our Services for People with Disabilities provide a range of service, from occasional respite care, to direct support professionals offering 24-7 supervision or hourly care.

LSI's newest program, Host Homes, provides an innovative shared living opportunity for adults with disabilities, who may thrive in a private family home with more one-on-one support from an LSI independent contractor.

**FOSTER CARE AND ADOPTION** In 30 western Iowa counties, LSI Foster Care and Adoption recruits, licenses, and supports foster and adoptive parents to ensure every child has a healthy support system.

LSI's recruiters provide initial orientations for families, guide them through the licensing and training process, and serve as a shoulder to lean on for foster and adoptive families.

### IMMIGRANT AND REFUGEE COMMUNITY SERVICES

Iowa has a long legacy of welcoming former refugees and immigrants as they build their new lives in the U.S.

LSI's Refugee and Immigrant Services team empowers and supports families by providing education, family wellness, and career development programming.

**RESIDENTIAL TREATMENT** LSI's Bremwood Residential Treatment Center campus in Waverly provides 24-hour mental health treatment for some of Iowa's most vulnerable children and teens.

Youth associates and specialists on campus provide children with the safe, positive, and therapeutic environment they need to thrive. An on-campus therapist provides trauma-informed care to the children and teens through individual, group, and family sessions.

**FAMILY CENTERED SERVICES** LSI is a selected provider for these crisis stabilization and family preservation services through Iowa's Department of Human Services.

Using evidence-based practices, LSI's family support specialists work closely with families who are at risk of neglect or child abuse, empowering them through strengths-based approaches that build on a family's own skills and strengths.



Unite



Respect



Grow



Empower



LSI is affiliated with Lutheran Services in America and the three Iowa synods of the Evangelical Lutheran Church in America. We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. LSI is nationally accredited by the Council on Accreditation.