

## Telehealth Script

Dear [REP. or SEN. LAST NAME],  
My name is [YOUR NAME], and I live in [TOWN/CITY]. [If you are an LSI team member: I am a [YOUR TITLE] with Lutheran Services in Iowa.] Many Iowans face significant barriers — including childcare, transportation, employment conflicts, and lack of services in rural areas — to accessing quality mental healthcare. Virtual services are extremely effective in treating conditions that impact kids' and adults' mental health and wellbeing. During the COVID-19 pandemic, many Iowans were able to connect with therapists and social workers virtually to help cope with stress, grief, and the challenges of daily life. It's imperative we make this access a permanent part of the menu of options available to our residents. I'm asking you to ensure every Iowan has access to telehealth services for mental and behavioral healthcare. Thank you, [YOUR NAME].