



Are you in a healthy relationship?

If not, we can help.



April Howe, CAPP Program Supervisor

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Available in Buena Vista, Clay, Crawford, Cherokee, Sac, O'Brien, Emmet & Dickinson counties.



**IT'S OK TO NOT BE READY
FOR THE NEXT STEP IN
YOUR RELATIONSHIP.**

**JUST BECAUSE YOUR
FRIENDS ARE DOING
SOMETHING DOESN'T
MEAN YOU HAVE TO.**

**DO WHAT MAKES YOU
FEEL COMFORTABLE.**



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You are

awesome

brave

strong

And you deserve to be
loved for **who you are.**



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You deserve to be happy and healthy.

If you're not, LSI can help.



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