



## MPA Annual Conference at Margaritaville Lake Resort Lake of the Ozarks

### *THE PERFECT BLEND OF LAKE LATITUDE AND ISLAND ATTITUDE*

This year the Missouri Pharmacy Association (MPA) will come together at Margaritaville Lake Resort in Osage Beach, MO for its Annual Conference to be held September 15-18, 2022. Join pharmacy professionals in all practice settings to get energizing education, best practices, and networking opportunities.

Don your shades, kick up your feet, and grab your favorite drink. Tucked away on the banks of the Lake of the Ozarks in Osage Beach, Margaritaville Lake Resort Lake of the Ozarks is a refuge for endlessly fun living. Inspired by the lyrics and lifestyle of singer, songwriter, and author Jimmy Buffett, our resort invites you to live it up on the lake.

Tee off on our championship golf courses or set out on a lake cruise with a pontoon boat rental at the resort's full-service marina. Flavors and cocktails play together to form a meal you won't soon forget at one of our 7 restaurants and bars. Find your moment of zen at Driftwood Spa and Salon. Spend the day cooling off at Jolly Mon Indoor Water Park or explore local trails on horseback. Waterfront surroundings, lakeside adventures, and relaxing vibes are set on 420 scenic acres. There's no better paradise than right here.

**If that isn't reason enough to attend, check out the education sessions and networking opportunities below. REGISTER: [www.morx.com](http://www.morx.com)**

---

## Educational Sessions

---

### Thursday, September 15

**12-4p MPA Board of Directors Meeting**

**11a-5:30p Mental Health First Aid (separate registration)**

Just as CPR helps you assist an individual having a heart attack, Mental Health First Aid helps you assist someone experiencing a mental health or substance use-related crisis. In the Mental Health First Aid course, you learn risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and non-crisis situations, and where to turn for help.

**5:30-7p Welcome Reception**

### Friday, September 16

**7:30a Registration Open**

**7:30-8a Missouri Pharmacy Foundation Board Meeting**

- 7:30-8:30a Breakfast Presentation by Neurocrine Biosciences: Clinical Practice Guidelines and Recommendations for Patients with or at Risk for Tardive Dyskinesia**
- 8:30-9:30a Pharmacist Enrollment as Providers with Missouri Healthnet; How to Get Paid for the Service You Are Already Providing**  
Speaker: Erica Mahn, PharmD, BC-ADM; Director of Community Pharmacy – Alps Pharmacy  
This program will show technicians, pharmacists, and pharmacy owners how to efficiently enroll pharmacists for a provider through Missouri Medicaid. We will walk staff members through navigating the Cyber Access site, reserving interventions, preparing for the patient discussion, completing an intervention, and what documentation to save for audit purposes, billing the intervention, and how to reconcile payments once received.
- 9:40-10:40a Missouri Bd. Of Pharmacy Regulatory Update**  
Speaker: Kimberly Grinston, J.D.; Executive Director – Missouri Board of Pharmacy  
This program will discuss a number of new statutes and Board rules that have recently been enacted/promulgated that will substantially impact Missouri pharmacist practice, including changes related to technician supervision, technology usage, and pharmacy standards of operation.
- 10:50-11:50a Start Now! Incorporating Smoking Cessation in Your Pharmacy**  
Speaker: Heather Lyons-Burney, PharmD, TTS; Clinical Associate Professor – UMKC School of Pharmacy  
Kendall Guthrie, PharmD, BCACP; Clinical Associate Professor – UMKC School of Pharmacy  
The program intends to provide pharmacists with a kick-start to providing a smoking cessation service within their practice setting. A review of the pharmacological options and non-pharmacological strategies, including motivational interviewing, will be utilized within the patient scenarios and discussion. Pharmacists will review the current Missouri legislation for NRT, along with various business models to incorporate the service. Through the use of discussion, case scenarios, video clips, and interactive learning strategies, the audience will leave with an action plan for incorporating a smoking cessation service into their pharmacy practice.
- 10:50-11:50a Medication Overload in Older Adults: A Closer Look at Polypharmacy and Deprescribing**  
Speaker: Hedva Levy, PharmD; Director - HBL PharmaConsulting  
This program will identify ways to define polypharmacy, discuss the consequences of polypharmacy in older adults, progress and challenges related to deprescribing, and tools/tactics for optimizing medication use in older adults.
- 12-1:30p Awards Lunch**  
Join us for the MPA Awards Lunch as selected pharmacy professionals receive awards.
- 1:40-2:40p Leading your Pharmacy with Purpose**  
Speaker: Caleb Witt, PharmD; Pharmax Pharmacy/UHSP  
This session will talk about understanding the three reasons why your patients and employees won't listen to you and the three reasons why they do listen to you, and how to lead them to success. We will identify which current patients you should focus your time and energy on to grow your business. There will be a discussion about purposeful ways to attract new patients that will lead to business growth. There will be discussion and ideas from the audience, using real case examples with audience participation.

- 1:40-2:40p Adherence: The Key to Success in Serving the Mental Health Population**  
 Speaker: Melissa Oxley, PharmD; Site Manager – Genoa Healthcare  
 This program will give a background on Mental Health-oriented pharmacy practice and the challenges faced by this population. There will be a discussion on tools to help this specific population with adherence and how the whole pharmacy team can take part in meeting adherence goals.
- 2:50-3:50p Are You Up to Date on Your Vaccines?**  
 Speaker: Lisa Cillessen, PharmD; Clinical Associate Professor – UMKC School of Pharmacy  
 The program will focus on recent CDC and ACIP changes to the vaccine schedules, including pneumococcal diseases, zoster, dengue fever, flu vaccine, Hepatitis B, and COVID-19. The program will highlight the changes and allow active participation in reviewing patient cases and selecting the correct vaccines indicated for the patient.
- 4-5p Building a Collaborative Practice Agreement from Top to Bottom**  
 Speaker: Cassie Heffern, PharmD, BCACP; Ambulatory Care Pharmacy Specialist/PGY2 Director - CoxHealth  
 This session will review state requirements regarding collaborative practice agreements (CPAs), highlight standing pharmacy protocols that are relevant to CPAs, evaluate best practices for key components of a CPA, and describe techniques to enhance provider discussions regarding a CPA.
- 5:10-6:10p The Business Mind: A Speed Networking Event**  
 This networking event is for all attendees to ask questions and learn from colleagues in a variety of practice settings. We will have roundtables set up with a leader at each table from a specific practice setting to facilitate the discussion. This is much like a ‘speed dating’ event in which, every 10 minutes, you will move to the next table. Bring your business cards.

### Saturday, September 17

- 7:30a Registration Open**
- 7:30-8:30a Past President’s Breakfast (Invite Only)**
- 7:30-8:30a Breakfast Presentation by NovoNordisk: A Closer Look at Obesity: Recognizing Obesity as a Heterogeneous and Chronic Disease with Vinay Kamat, MD with BJC in St. Louis**
- 8:40-9:40a The Future of RNA and DNA Vaccines**  
 Speaker: Lisa Cillessen, PharmD; Clinical Associate Professor – UMKC School of Pharmacy  
 The program will explore the history of RNA and DNA vaccines to set the stage for future implications of this technology. The audience will gain a better understanding of the technology and development of nucleic acid-based vaccines and explore disease states that are conducive to vaccination through RNA and DNA technologies.
- 9:50-10:50a Secrets and Opportunities of Transition of Care**  
 Speaker: Eстера Opris, PharmD, MBA, BCPS; Director of Pharmacy – Kindred Hospital  
 Stephanie Hart, PharmD, BCPS; Clinical Pharmacist – Kindred Hospital  
 This program will educate on different settings within transitions of care with a focus on acute long-term care settings. Also, it will present local data on inaccuracies in medication discharge lists from Missouri hospitals and how pharmacists could help prevent harm and/or patient readmissions.

**9:50-10:50a Empowering Pharmacy-Based Community Health Workers**

Speaker: Tripp Logan, PharmD; Owner – L&S Pharmacy

Pharmacy teams with a Community Health Worker (CHW) can be an innovative solution to impacting patient and community barriers related to Social Determinants of Health (SDoH). Because most of these patient-specific SDoH problems are local, the interventions must be local and meaningful to the patients engaged. However, just as important, these interventions must be longitudinal without continuous monitoring and follow-up. Community pharmacy teams are easily accessible, possess strong, established relationships with the community members they serve, and are equipped to provide medication-related education and services. Community pharmacy teams with a pharmacy technician/CHW are the perfect innovative solution to solving SDoH-related issues. This session will help you identify ways to utilize your staff, your accessibility, and your local relationships to create sustainable SDoH services and revenue.

**11a-2p Trade Show**

Visit with vendors from the pharmacy industry to get up-to-date information on innovative ideas and technology.

**12-1p Lunch**

**2:10-3:10p Sixty is the New Forty and the Pharmacy Fountain of Youth**

Speaker: Leah Gregory, PharmD, BCGP - CoxHealth

This session will review some basics of geriatrics and the ways pharmacists and pharmacy technicians can assist the population as we age, cover pharmacokinetic changes in aging, increased risk of adverse drug effects, tools to identify potentially inappropriate medications and deprescribing, and ways pharmacists and techs can help aging patients safely use medications at home.

**2:10-3:10p Real Life Neurobiology of Addiction and Recovery**

Speaker: Eric Crumbaugh, PharmD; Director of Clinical Business Development – Express Rx Pharmacy

During this presentation, I discuss the pathophysiology of addiction using real-life examples of this disease process. Additionally, I focus on treatments relevant to the disease process (beyond medication-assisted options). This presentation has been given at multiple conferences over the past few years. Some include the Arkansas Prescription Drug Abuse Prevention Summit and Arkansas Pharmacists Association Annual Convention.

**3:20-4:20p A Practical Review of Gender-Affirming Care**

Speaker: Jordan Rowe, PharmD; Assistant Clinical Professor – UMKC School of Pharmacy

This presentation will provide practical information for pharmacists regarding gender-affirming care for transgender and gender non-conforming individuals. This talk will include a discussion of the disparities that transgender and gender non-conforming individuals face within the healthcare system; a review of key clinical concepts for gender-affirming hormone therapy for setting goals, evaluating therapy, and assessing for safety; and a review of common medication errors associated with gender-affirming care. The goal of the presentation will be to present very real-world considerations that will be applicable to pharmacists in many practice settings.

**3:20-4:20p Major Depressive Disorder in Chronic Kidney Disease**

Speaker: Maria Perez, PharmD, AAHIVP; Umang Desai, PharmD – Neuroscience Clinical and Scientific Liaison – Otsuka Pharmaceutical

This program will provide education on Major Depressive Disorder (MDD) and Chronic Kidney Disease (CKD). There will be a discussion on the high prevalence of depression in patients with CKD, how the overlap of symptomatology between MDD and CKD makes diagnosing depression in the setting of CKD challenging, the association of MDD with poor outcomes in CKD, potential risk factors, and mechanisms of MDD in CKD.

**4:30-5:30p CPESN-MO Business Meeting (CPESN-MO Pharmacies Only)**

**6-7p Reception**

This is a reception prior to the Gala. Come have a drink and mingle with friends and colleagues.

**7p Gala**

Join us for dinner celebrating award recipients and see the new MPA board be installed.

### **Sunday, September 18**

**7:30-8a Pharmacist Political Action Committee Board Meeting**

**8-9a Legislative Breakfast**

Join us for breakfast as MPA's Director of Government Affairs, Henrio Thelemaque, and our Legislative Consultant, Jorgen Schlemeier discuss the past legislative session and what to expect in the 2023 legislative session. This will be a casual discussion where you can comment and get your questions answered.

---

## **Needing to Update your Headshot?**



MPA will be providing a photographer to take headshots during the annual conference trade show, FREE OF CHARGE! If it's been a while since you updated your social media profile or website photo, now is the time to take advantage of this service. All you have to do is register for the conference and show up. Don't forget to bring photo-worthy attire!

So, let's meet the photographer!

Tim Bommel has been a professional photographer for the past 41 years and a photojournalist with the Missouri House of Representatives for 26 years. His time as a photographer includes commercial, portraits, weddings, military, and photojournalism. With a diverse background in location, environmental, studio, and event photography, Tim has enjoyed working with so many amazing people in the Jefferson City area over the years.