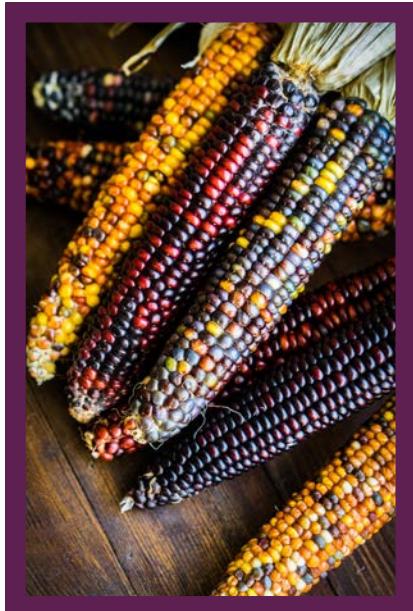


Indigenous Corn

When kids today think of corn, they likely visualize the bright yellow sweet corn sold in our grocery stores. But did you know that corn (or maize) varieties of every color have been grown by Native Americans for thousands of years?

Corn was adapted over the years using special cultivation methods. The goal was to create a variety of corn that was best suited for human consumption.

Indigenous corn varieties appear in a range of colors and shapes. The colorful seeds mean that the corn is full of vitamins and minerals.



Examples of indigenous corn varieties include glass gem (or rainbow) and pod seed.

Beaded Corn

Supplies:

- Four pipe cleaners
- Beads (red, orange, yellow, brown, and white)



1. Bundle four pipe cleaners together.

Twist 2-3 times in the middle.

Spread pipe cleaners out evenly to create a star.



2. Add colored beads to each pipe cleaner. Leave approx. 1.5 inches of pipe cleaner at the ends. The order of colors does not matter.



3. Bend all of the pipe cleaners upwards and gather the ends together. Twist the ends 2-3 times to secure.

