



# FOOD DISTRIBUTION PROGRAM

**Sunday: Pick Up at Posted Times**

April 27, 2025 10:30 – 10:45 AM

May 18, 2025 10:30 -10:45 AM

June 15, 2025 10:30-10:45 AM

July 13, 2025 10:30-10:45 AM

August 17, 2025 10:30 – 10:45 AM

September 21, 2025 10:30 – 10:45 AM

October 19, 2025 10:30 – 10:45 AM

November 16, 2025 10:30 – 10:45 AM

December 14, 2025 10:30 – 10:45 AM



**By Fall of 2025, Our JRA/CBJ Grocery Box Program will need a new mule!**

**What is a mule?**

The “mule” transports non-perishable supplies from the JRA warehouse in NE Philadelphia to CBJ where we pack the boxes. If the vehicle is large enough, two months of supplies can be transported at once. This task is generally done during the week, but we can inquire about transport on Sundays. If more than one person volunteers, the trips to NE Philly will be fewer and farther between for each individual volunteer. JRA workers will have all the supplies on a pallet at the warehouse and will help load the car. If you have interest, availability or questions, please contact Ruth Yeiser. For the JRA/CBJ grocery box program to continue, we need to know that this vital position will be filled.

**To volunteer or for more information, please contact Ruth Yeiser at  
[ryeiser@alumni.upenn.edu](mailto:ryeiser@alumni.upenn.edu)**