

Mom, semi-pro, peer and WICT advocate

Being able to ask for and receive feedback in a safe environment is just one of the many ways WICT has helped Carrie Engelbrecht, WICT Heartland membership chair, grow both personally and professionally. We recently chatted with Carrie to learn which sport she plays semi-professionally, why ***LISTEN with more than just your ears*** is the most impactful Touchstone to her and what she always has stocked in her refrigerator.

1. Tell us a little about yourself.

I've worked in the telecommunications industry for 20 years, and I've been with Cox for four of those years. I play pool — billiards — semi-professionally, and I love crafts and DIY projects. My husband, Andrew, and I recently bought a new house. I have a 14-year-old son, Chandler, who is so witty and loves puns as much as I do. I have the most amazing men in my life: my dad who is a jack of all trades and can fix anything, and my husband who supports me in all that I do, advocates for me intensely and gets out of my way when I'm on a mission.

At Cox, I'm an engineering technical project manager, and I love my job. It lets me spend most of my time working at the intersection of my profession and my passions. Cox nurtures innovation, welcomes outside of the box ideas and leaves room to experiment. For someone who thinks of themselves as a change agent, it's the perfect place to be!



2. You've been a WICT member for four years, and on

the WICT Heartland board for two years. How has the Heartland chapter helped you grow personally and/or professionally?

It has made me a better employee, co-worker, leader, friend, daughter, wife and mom. I have been able to ask for and receive feedback in a safe environment. Then, I've been able to experiment with implementing strategies to improve areas that I needed to work on and see the results. This has been especially evident as I've been honing my leadership skills.



3. Which of the [WICT Touchstones](#) speak most to you?

The one that speaks to me the most is ***BE FEARLESS*** because I'm rarely afraid to speak my mind or share my opinions. However, the one that has impacted me the most is ***LISTEN with more than just your ears*** which is an area that, if I'm being honest, I still need a lot of work in. I have a habit of listening with my head only, especially when it comes to work situations. I've worked to better align my intent with how I'm perceived because the two didn't always align and learning to listen has been an important part of that evolution.

4. What is your favorite WICT event or activity?

The book clubs. I read a lot. Well, I listen to a lot of audiobooks. I love having the opportunity to discuss what I'm reading with other people. The WICT book clubs are diverse and provide interesting dialogue. Through the

discussions, I feel like I get so much more out of the books.

5. Why do you encourage other to join WICT?

I encourage others to join WICT because in a world where we might feel disconnected, WICT tethers us to a community of people all growing and learning together. WICT helps us stay connected and drive the mission of creating more women leaders in our industry. There is no way I will ever be able to give WICT what it has given me. So, I want to help others get that same experience.

Now for some rapid-fire questions.

If you could have a superpower, what would it be?

Teleportation

What do you always have stocked in your refrigerator?

Soy sauce

Latest binge watch?

The Handmaids Tale

What keeps you busy outside of work?

We recently rescued two dogs — Raleigh and Ruby — from the Animal Rescue Foundation in Tulsa.



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For WICT Heartland Chapter information, [visit wict-heartland.org](http://wict-heartland.org).*

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