

# First 5 San Joaquin

# HOME VISITING SERVICES

## 2016-2017

### ABOUT HOME VISITING SERVICES

First 5 San Joaquin provides home visitation services under two unique initiatives that target high need families: **1) Healthy & Ready to Learn Home Visitation Initiative (HVI)** and **2) CalWORKs Health Education Pilot Program (CalHEPP)**. Programs funded under these initiatives purpose to engage parents as their child's most important teacher, strengthen the bond between parent and child, promote positive health outcomes and school success, and better connect families to supportive services in the community.

### PROGRAM COMPONENTS



Under HVI, Parent Educators offering the **Parents as Teachers (PAT)** curriculum provide weekly home-based visits for 12 months. The PAT curriculum helps to increase parent knowledge of early childhood development, improve parenting practices, prevent child abuse and neglect, and increase children's school readiness. Monthly Parent Workshops are also offered to parents.



CalHEPP & HVI Parent Educators (those not implementing PAT) provide weekly in-home services, for six-months, to empower parents to make healthy lifestyle changes. Utilizing **Health Education** curricula, Parent Educators provide lessons focused on nutrition, physical activity, financial literacy and early literacy. Families participating in CalHEPP receive assistance with improving their job search and readiness skills. Monthly Parent Workshops are also offered to parents.



The **Raising A Reader** program engages parents and caregivers in a routine of book sharing with their children beginning at birth to foster healthy brain development, positive relationships, a love of reading, and the literacy skills critical for school success. Parent Educators also incorporate early literacy messages such as **Talk, Read, Sing, Draw, Play** into home visits and Parent Workshops.



All children served receive a **developmental screening** using the Ages & Stages Questionnaire, which helps to detect developmental delays and needed referrals. All participating families are also screened for **health insurance and utilization**, and other supportive services.



First 5 San Joaquin partners closely with the local **UC Cooperative Extension (UCCE)** and the San Joaquin County Human Services Agency **CalWORKs** program to develop, fund, and administer home visitation services. Quarterly "Learning Exchange" meetings are held, in partnership with UCCE, to provide ongoing professional development opportunities to Parent Educators.