



Parents by Choice



SAN JOAQUIN
—COUNTY—
Greatness grows here.

2529 W. March Lane, Suite 205 Stockton, CA 95207

2020 Free Positive Parenting Program *6 Sessions*

All Classes will be held online through Zoom

SPANISH Co-Parenting Triple P– for Spanish speaking parents who are experiencing distress from separation or divorce. Dates and times to this class will be determined based on the ratio of participants.

Please refer **Spanish speakers** to call **209-905-9585** to register to the class.

Course: Co-Parenting Triple P– For parents who are experiencing distress from separation or divorce.

Class: Every **Mondays and Tuesdays**

Dates: August 24th, 25th, 31st, September 1st, 8th, and (9th Wednesday).

Time **4:00 PM – 5:30PM**

Course: 0-12 Triple P – For Parents or caregivers of children 0 – 12 years old.

Class: Every **Monday and Wednesday**

Dates: August 31st, September 2nd, (8th Tuesday), 9th, 14th, and 16th.

Time **4:00PM – 5:30PM**

Course: Pathways Triple P– Parents who are experiencing stress and can benefit from stress and anger management techniques to improve a their ability to cope with raising children.

Class: Every **Tuesday and Thursday**

Dates: September 1st, 3rd, 8th, 10th, 15th, and 17th.

Time **4:00PM – 5:30PM**

Course: SPANISH 0-12 Triple P – For Spanish speaking parents or caregivers of children 0 – 12 years old.

Class: Every **Wednesday and Friday**

Dates: September 2nd, 4th, 9th, 11th, 16th and 18th.

Time **10:00AM – 11:30AM**

Course: Co-Parenting Triple P– for parents who are experiencing distress from separation or divorce.

Class: Every **Fridays**

Dates: September 11th, 18th, 25th, October 2nd, 9th and 16th.

Time **10:00AM – 11:30AM**

To register contact the Triple P Program OR register online

www.parentsbychoice.net/positiveparenting.

(209) 478-4554 ext. 1005