



ADAPTIVE Music

Join us to make music using instruments, vocals, and even your body. Class includes fitness, drumming, dancing and more!

WHEN:

Fridays, Ongoing 2026, 1-2 PM

WHO:

Individuals Age 10+ with a disability or special need

WHERE:

**Bermuda Dunes Community Center
78400 Ave 42, Bermuda Dunes**

FEE:

\$35 per month or FREE with Adaptive Membership

REGISTER AT
[MyRecreationDistrict.com/
adaptivetherapeutic-sports-
recreation](https://MyRecreationDistrict.com/adaptivetherapeutic-sports-recreation)