



SEEKING PARTICIPANTS FOR NATIONAL SURVEY: How Families Support Young Adults during Transition

The *“National Survey of Supports Family Members/ Adult Allies Provide to Young People during their Transition Years”* will document the support family members, parents and friends provide for young people with behavioral health needs during the transition years (16 to 25 years old).

The information you provide will help youth- and family-run organizations, policy makers and service providers better understand and respond to the needs and preferences of young adults and their families.

We are seeking survey participants who are:

- 1) family members/other allies who provided support to young adults with behavioral health challenges during their transition years (16 to 25 years old);
OR
- 2) young adults who are currently at least 18 years old who experienced behavioral health challenges during their transition years and receive or have received support from a family member or other ally.

If one of these categories describes you, we welcome you to participate by visiting the appropriate link below:

Family member/adult ally:

https://portlandstate.qualtrics.com/ife/form/SV_6FLmmGCAAFRfJPf

Young adult:

https://portlandstate.qualtrics.com/ife/form/SV_0MO5JYeH8SZKOkI

This survey is voluntary and confidential and will take about 25 minutes to complete. Thank you for sharing your time and expertise to promote solutions for young adults with behavioral health needs and their families.

The *“National Survey of Supports Family Members/ Adult Allies Provide to Young People during their Transition Years”* was developed through a collaboration between the [Pathways Research and Training Center](#) at Portland State University and [FREDLA, the Family-Run Executive Director Leadership Association](#). FREDLA is a national nonprofit organization whose mission is to build strong, sustainable family-run organizations and together influence policy and practice to achieve positive outcomes for children, youth and families.