

# Physical Education

In physical education, we have been playing all different types of soccer. Students of all grade levels have been learning skills and playing different soccer related games. We turned the front lawn of Saint Mark School into a soccer golf course which was really fun and even played a game of covid approved “no hands kickball”.

We’ve been taking advantage of the nice weather and going outside every day for physical education. This has given students the opportunity to enjoy some fresh air and often take long mask breaks since they can spread out while they are playing.

*Ask your child what their favorite activity in physical education has been so far!*



Now that it’s beginning to get colder out, we will be transitioning into the gym for class. While inside, we’ll be doing a mix of dance, fitness, and other fun activities that will allow us to maintain space between students while also having lots of fun!

When online, we will provide fun activities that each of our students can do from home! While you’re at home working on your distance learning, continue to be active! It is recommended that children need at least 60 minutes of physical activity each day to grow up strong and healthy!

Check out our websites!

**Miss Buck:** <https://sites.google.com/saintmarkschool.com/missbuck-smk/home>

**Mr. Smith:** <https://sites.google.com/saintmarkschool.com/mrsmithpek--2website/home>

Mr. Smith & Miss Buck