



# Summer Camp!

# FROM JUNE 12 TO AUGUST 2, 2024

8:30 AM TO 5:30 PM

**GRADES K-8TH** 

- Art, STEM & sports
- Outdoor activities
- V New friends, new skills,
  - new recipes
- V Daily discoveries

REGISTRATION OPENS APRIL 1ST!





# **WELCOME!**

As the largest provider of youth summer activities in Sonoma Valley, Boys & Girls Clubs of Sonoma Valley is proud to provide our community with educational and enriching summer programming that helps youth improve academically and socially.

From June 12 to August 2nd, between 8:30 AM and 5:30 PM, youth currently enrolled in Kindergarten through 8th for the 2023/24 school year may participate in a variety of camps designed to thrill, challenge, and inspire. Whether you're a budding fashionista at Fashion Design Camp, a future chef at Cooking Camp, a soccer star in the making, a rock-climbing enthusiast, or eager to discover the wonders of Science, STEM and Art, we've got you covered! Each camp is a unique journey, packed with hands-on activities, expert guidance, and tons of fun. Discover your passions, hone your talents, and make unforgettable memories with friends old and new.

Middle School members will also once again have the opportunity to participate in a wide variety of activities that will capture their attention and stimulate their curiosity. From thrilling sports to captivating art projects, refreshing nature walks, to the joy of mastering culinary delights from around the world – there's something for everyone!









## **8 WEEKS. ENDLESS FUN!**

Discovery Camp  Rock Climbing Camp  Art Camp: Upcycled Art  STEM Camp: Jewelry Design  Cooking Camp: What's For Lunch?  Middle School Camp  K - 5th  K - 2nd  3rd - 5th  \$160  K - 2nd  K - 2nd  \$160  K - 2nd  \$160  \$160  \$160	
Rock Climbing Camp  Hold Rock Climbing Camp  Art Camp: Upcycled Art  STEM Camp: Jewelry Design  Cooking Camp: What's For Lunch?  K - 2nd  3rd - 5th  \$160  \$160  K - 2nd  \$160	
Art Camp: Upcycled Art \$160 \$160 \$160 \$160 \$160 \$160 \$160 \$160	
STEM Camp: Jewelry Design  Strict Str	
> 5 0 Cooking Camp: What's For Lunch? K - 2nd \$160	
Middle School Camp 6th - 8th \$110	
Discovery Camp K - 5th \$150	
S 2 Basketball Camp 3rd - 5th \$210	
Art Camp: Imagination Art Lab  K - 2nd  \$210  K - 2nd  \$210	
Cooking Camp: Kitchen FUNdamentals 3rd - 5th \$210	
Middle School Camp 6th - 8th \$150	
Discovery Camp  Volleyball Camp  Art Camp: Creating with Clay  STEM Camp: Galaxy Explorers  Cooking Camp: Little Bites  Middle School Camp  K - 5th  3rd - 5th  \$260  K - 2nd  \$260  \$260	
Art Camp: Creating with Clay 3rd - 5th \$260	
STEM Camp: Galaxy Explorers K - 2nd \$260	
Cooking Camp: Little Bites K - 2nd \$260	
Middle School Camp 6th - 8th \$180	5.
Discovery Camp K - 5th \$110	5
Soccer Camp  Art Camp: Paint Party  STEM Camp: Earth Scientists  Cooking Camp: Veggie Delights  K - 2nd  3rd - 5th  \$160  K - 2nd  \$160  K - 2nd  \$160	
Art Camp: Paint Party 3rd - 5th \$160	
STEM Camp: Earth Scientists 3rd - 5th \$160	3
Cooking Camp: Veggie Delights K - 2nd \$160	-
* Middle School Camp 6th - 8th \$110	
Discovery Camp K - 5th \$180	
Rock Climbing Camp K - 2nd \$260	
Art Camp: Paint Party K - 2nd \$260	
STEM Camp: Fashion Design 3rd - 5th \$260	
Cooking Camp: One-Pot Plates 3rd - 5th \$260	
Middle School Camp 6th - 8th \$180	
Discovery Camp K - 5th \$180	
Art Camp: Magic Makers K - 2nd \$260	015
Rock Climbing Camp  Art Camp: Magic Makers  STEM Camp: Jr. Engineers  Cooking Camp: Cooking Around the World  3rd - 5th  K - 2nd  K - 2nd  \$260  \$3rd - 5th  \$260  \$3rd - 5th  \$260	
Cooking Camp: Cooking Around the World 3rd - 5th \$260	
Middle School Camp 6th - 8th \$180	
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Middle School Camp 5th 9th \$190	
7/22 - 7/26 Middle School Camp 6th - 8th \$180	
WEEK 8 Discovery Camp K - 5th \$180	
Middle School Camp 6th 9th \$190	
7/29 - 8/2 Middle School Camp 6th - 8th \$180	



## **WEEK 1 | JUNE 12 - JUNE 14**

\*CLOSED 6/10 & 6/11

DISCOVERY CAMP \$110
GRADES K-5TH

Discovery Camp combines fun, learning, and creativity. Prevent summer learning loss with 'Brain Gain,' and enjoy daily activities to fuel your imagination. From art to STEM, sports, and more, every day is a chance to make new friends and discover something new.

#### ROCK CLIMBING CAMP GRADES K-2ND

\$160

Experience the thrill of rock climbing this summer! Our camp boosts mental focus, flexibility, confidence, and strength. Learn climbing safety, traversing, knot tying, and top roping, with coaching for all skill levels —no experience needed. All gear provided. Wear closed-toed shoes and pants or shorts; no dresses or skirts. Join us to climb to new heights and unlock your potential!

#### ART CAMP: UPCYCLED ART

\$160

**GRADES 3RD-5TH** 

Discover the art of transformation at Upcycled Art Summer Camp, where we turn the ordinary into extraordinary! This innovative camp inspires campers to see the beauty in everyday objects, teaching them to repurpose items into stunning works of art. From bottle caps turned into dazzling mosaics to old household items turned into environmental art, our projects encourage creativity, and a fresh perspective. Join Upcycled Art Camp for a summer where trash becomes treasure, and imagination knows no bounds!

#### STEM CAMP: JEWELRY DESIGN

\$160

**GRADES 3RD-5TH** 

This week at Jewelry Design Camp, we will be making wearable artwork as we string beads and wrap wire! Members will make beaded and knotted bracelets, necklaces, earrings, and more! Members will even learn how to wire wrap rocks and crystals! From intricate to innovative, this camp will give members the chance to create one-of-a-kind keepsake wearable artwork!

#### COOKING CAMP: WHAT'S FOR LUNCH

\$160

#### **GRADES K-2ND**

Unpack the fun at "What's For Lunch?", where young chefs will create delicious, easy to make lunchtime masterpieces! This camp serves up a menu of inspiration, teaching campers to craft a variety of lunch foods that will turn midday meals into a culinary adventure. From effortless entrees, to healthy sides and snacks, campers will learn the secrets to preparing nutritious and tasty lunches. Campers will explore a variety of flavors and learn valuable cooking techniques while growing confidence in the kitchen. Join "What's For Lunch?" for a summer of flavor explorations and a lunchbox revolution!

## MIDDLE SCHOOL CAMP GRADES 6TH-8TH

\$110



# WEEK 2 | JUNE 17 - JUNE 21 \*CLOSED 6/19

DISCOVERY CAMP GRADES K-5TH

\$150

Discovery Camp combines fun, learning, and creativity. Prevent summer learning loss with 'Brain Gain,' and enjoy daily activities to fuel your imagination. From art to STEM, sports, and more, every day is a chance to make new friends and discover something new.

BASKETBALL CAMP GRADES 3RD-5TH

\$210

Join us for a fun week of basketball! We will focus on skills ranging from passing, defense, shooting, and ball handling, as well as knowledge of game play and rules, all in a friendly and age-appropriate environment. This will be a fun and dynamic camp, led by highly skilled and passionate coaches. Campers will walk away with new skills, ready for the next season! Please wear closed toed shoes that can be used for various activities

ART CAMP: IMAGINATION ART LAB

\$210

**GRADES K-2ND** 

Get ready to throw on your creativity cap as we learn about various different mediums, styles, and types of art! Members will have fun painting, sculpting, assembling and more! You won't want to miss bringing life to our imaginary friends and places here at Imagination Art Lab Camp!

STEM CAMP: SPROUT SCOUTS

\$210

**GRADES K-2ND** 

Dive into the heart of nature with Sprout Scouts, where little hands sow the seeds of tomorrow's green world! This camp is an exploration of our local plants, bugs, and animals. Campers will get their hands dirty in the best way possible—helping to nourish the tiny life all around us. Campers will help make bird feeders to attract and feed our feathery friends and make bug houses for crawling critters! Join us for a summer of discovery, growth, and fun at Sprout Scouts Camp!

#### **COOKING CAMP: KITCHEN FUNDAMENTALS**

\$210

**GRADES 3RD-5TH** 

Join us at Kitchen FUN-damentals Camp for a week of culinary adventures! Whip up some excitement and flavor as you discover the joy of cooking while learning essential kitchen techniques, kitchen safety, and the art of preparing delicious foods. From measuring and mixing, to creating tasty treats and meals, each day is filled with hands-on experiences that will inspire your dishes. Develop fundamental kitchen skills and unleash your creativity as you make yummy meals. Don't miss out on a summer filled with tasty adventures and culinary creations.

#### MIDDLE SCHOOL CAMP

**GRADES 6TH-8TH** 

\$150



## **WEEK 3 | JUNE 24 - JUNE 28**

DISCOVERY CAMP
GRADES K-5TH
\$180

Discovery Camp combines fun, learning, and creativity. Prevent summer learning loss with 'Brain Gain,' and enjoy daily activities to fuel your imagination. From art to STEM, sports, and more, every day is a chance to make new friends and discover something new.

VOLLEYBALL CAMP
GRADES 3RD-5TH
\$260

Volleyball is one of the most fun and exciting team sports! Delivered in an appealing and engaging way, this co-ed camp helps each athlete develop the fundamental skills of the game through game-speed drills and scrimmages. This camp is aimed at developing the whole player. Campers will have a great time as they learn new skills and make new friends. Please wear closed toed shoes that can be used for various activities, knee pads are optional.

ART CAMP: CREATING WITH CLAY \$260
GRADES 3RD-5TH

This week in Camp Creating with Clay we will be building and sculpting clay! Members will learn about a variety of clay skills, tools, and techniques, all while working on a collaborative larger scale piece. We will make small and large scale critters and creatures of our imagination with polymer clay and we will dabble in the world of wheel throwing and using the kiln.

STEM CAMP: GALAXY EXPLORERS
GRADES K-2ND
\$260

Blast off into adventure at Galaxy Explorers Camp, where the mysteries of the universe are at your fingertips! This stellar camp is designed for curious minds eager to learn about space, planets, and the wonders beyond our world. Through interactive lessons and exciting arts and crafts, campers will journey through the cosmos, discovering fascinating facts about our solar system and beyond. Create your own galaxy in a bottle, make alien friends, and learn what makes earth so special. Guided by passionate instructors, every day is a new mission exploring the galactic frontier.

COOKING CAMP: LITTLE BITES

GRADES K-2ND

\$260

Get ready to get your hands on some tasty bites with the Little Bites Summer Camp! Learn that eating with your hands can be fun and nutritious as we stir up some handheld treats. Campers will learn kitchen skills and grow their cooking confidence as they whisk up finger foods and hearty handfuls. Campers will have the chance to perfect a pizza or sweeten things up with a refreshing fruit kabob. Join us to grab hold of your culinary future!

MIDDLE SCHOOL CAMP
GRADES 6TH-8TH
\$180



## WEEK 4 | JULY 1 - JULY 3

\*CLOSED 7/4 & 7/5

DISCOVERY CAMP

GRADES K-5TH

\$110

Discovery Camp combines fun, learning, and creativity. Prevent summer learning loss with 'Brain Gain,' and enjoy daily activities to fuel your imagination. From art to STEM, sports, and more, every day is a chance to make new friends and discover something new.

SOCCER CAMP
GRADES K-2ND
\$160

Soccer camp is a great place for any soccer enthusiast who is looking to improve their skills, work hard, and have fun! Heading up by an enthusiastic coach, the camp introduces the core skills of dribbling, passing, and goalkeeping - all in a fun and friendly training environment. Please wear closed toed shoes that can be used for various activities, cleats are optional (please no metal cleats).

ART CAMP: PAINT PARTY

GRADES 3RD-5TH

\$160

Dive into a summer of splashes, colors, and fun at Paint Party summer camp! It's a magical place where your paintbrush is your wand, and every canvas is a new adventure. Kids of all skills will find joy and excitement in turning blobs of paint into fantastic masterpieces. Campers will embark on a journey through painting wonders, from tote bag painting to DIY Dream catchers. It's not about just painting; it's about making friends, laughing till your sides hurt, and bringing your wildest imaginations to life. So, why wait? Join us at the Paint Party!

STEM CAMP: EARTH SCIENTISTS

GRADES 3RD-5TH

\$160

Dive into the heart of nature by becoming an earth scientist, where little hands sow the seeds of tomorrow's green world! This camp is a vibrant exploration of the smallest living things to the biggest in our local ecosystem, emphasizing their crucial roles. Campers will get their hands dirty in the best way possible—seeing the way science blooms in our garden. Through these activities, they'll learn about the cycle of life and the impact of sustainable living. Campers will not only grow plants but also grow their understanding of how every living thing is interconnected. Join us for a summer of discovery, growth, and fun at Earth Scientists Camp!

## COOKING CAMP: VEGGIE DELIGHTS STATE \$160

Whisk away to a culinary adventure at Veggie Delight Summer Camp, where budding chefs turn gardenfresh produce into scrumptious, veggie-focused dishes! Campers will learn kitchen basics while exploring the flavors and nutritional benefits of plant-based ingredients. From crafting rainbow salads to warm bread and pastas, Veggie Delight is the perfect recipe for a summer filled with fun, learning, and mouth watering creations. Join us and transform fresh veggies into culinary masterpieces!

## MIDDLE SCHOOL CAMP GRADES 6TH-8TH \$110



## **WEEK 5** | JULY 8 - JULY 12

## DISCOVERY CAMP GRADES K-5TH \$180

Discovery Camp combines fun, learning, and creativity. Prevent summer learning loss with 'Brain Gain,' and enjoy daily activities to fuel your imagination. From art to STEM, sports, and more, every day is a chance to make new friends and discover something new.

#### ROCK CLIMBING CAMP \$260

#### **GRADES K-2ND**

Experience the thrill of rock climbing this summer! Our camp boosts mental focus, flexibility, confidence, and strength. Learn climbing safety, traversing, knot tying, and top roping, with coaching for all skill levels —no experience needed. All gear provided. Wear closed-toed shoes and pants or shorts; no dresses or skirts. Join us to climb to new heights and unlock your potential!

#### ART CAMP: PAINT PARTY \$260

#### **GRADES K-2ND**

Dive into a summer of splashes, colors, and fun at Paint Party Summer Camp! It's a magical place where your paintbrush is your wand, and every canvas is a new adventure. Kids of all skills will find joy and excitement in turning blobs of paint into fantastic masterpieces. Campers will embark on a journey through painting wonders, from DIY bubble art to squirt gun painting. It's not about painting; it's about making friends, laughing till your sides hurt, and bringing your wildest imaginations to life. So, why wait? Join us at the Paint Party!

#### STEM CAMP: FASHION DESIGN

#### \$260

#### **GRADES 3RD-5TH**

Stride into the spotlight at Fashion Design Camp, where campers will unravel the threads of creativity to weave their very own style! This camp introduces them to the basics of sewing and knitting in order to empower them to take fashion into their own hands. By creating a knitted scarf, altering clothes, or sewing something completely new. Our camp encourages exploration in textures, colors, and patterns. Guided by experienced designers, campers will be challenged to create something unique for a dazzling end-of-week show. Join us for a summer of flair and fabric, where every camper gets to shine in their uniquely designed ensemble!

#### **COOKING CAMP: ONE-POT PLATES**

#### \$260

#### **GRADES 3RD-5TH**

Stir up simplicity and flavor at One-Pot Plates Summer Camp, where young chefs learn the art of creating delicious meals with just one pot, plate, or pan! This unique cooking camp emphasizes the beauty of minimalism in the kitchen. From crave-able curry and stews to mouthwatering skillet pizzas and one-pan pastas, our chefs will learn valuable cooking skills and the importance of cleanup. Join One-Pot Plates for a summer of culinary creativity, where simplicity meets deliciousness!

#### MIDDLE SCHOOL CAMP

\$180

#### **GRADES 6TH-8TH**



## **WEEK 6 | JULY 15 - JULY 19**

## DISCOVERY CAMP GRADES K-5TH \$180

Discovery Camp combines fun, learning, and creativity. Prevent summer learning loss with 'Brain Gain,' and enjoy daily activities to fuel your imagination. From arts to STEM, sports, and more, every day is a chance to make new friends and discover something new.

## ROCK CLIMBING CAMP GRADES 3RD-5TH \$260

Experience the thrill of rock climbing this summer! Our camp boosts mental focus, flexibility, confidence, and strength. Learn climbing safety, traversing, knot tying, and top roping, with coaching for all skill levels —no experience needed. All gear provided. Wear closed-toed shoes and pants or shorts; no dresses or skirts. Join us to climb to new heights and unlock your potential!

## ART CAMP: MAGIC MAKERS \$260 GRADES K-2ND

Get ready to slide into the world of fairies, goblins, and gnomes during Magic Makers Camp as we create wizard wands, fairy houses, goblin huts, and more! Members will participate in bringing mythical creatures and magical landscapes to life! From fairies and goblins to gnomes and wizards, this camp will provide young artists to let their magical and whimsical imaginations run free!

## STEM CAMP: JR. ENGINEERS \$260 GRADES K-2ND

Gear up for a summer of innovation at Jr. Engineers Camp, where young minds are empowered to think, build, and invent! This camp is the perfect playground for budding engineers to learn about the wonders of simple machines and how they make our world work. Through hands-on activities and engaging projects, campers will dive into the mechanics of levers, pulleys, and gears, transforming ideas into creative inventions. Guided by experienced staff, each day brings a new challenge that encourages problemsolving, teamwork, and ingenuity. Join Jr. Engineers for a summer where imagination and engineering collide to create amazing things!

## COOKING CAMP: COOKING AROUND THE WORLD \$260 GRADES 3RD-5TH

Embark on a culinary journey at Cooking Around the World, where young chefs explore the globe through its flavors and dishes! We invite campers to traditions and tastes of different cultures by creating dishes inspired by regions far and wide. Travel through Europe, Asia, and the Americas, as we learn about international ingredients, cooking techniques, and the stories behind each dish. Campers will expand their palates as well as their understanding of the world. Join us for a summer of culinary adventure and taste your way through the continents.

## MIDDLE SCHOOL CAMP \$180 GRADES 6TH-8TH



# **WEEK 7 JULY 22 - JULY 26**

## DISCOVERY CAMP GRADES K-5TH

\$180

Discovery Camp combines fun, learning, and creativity. Prevent summer learning loss with 'Brain Gain,' and enjoy daily activities to fuel your imagination. From arts to STEM, sports, and more, every day is a chance to make new friends and discover something new.

#### MIDDLE SCHOOL CAMP GRADES 6TH-8TH

\$180

Embark on a journey of discovery as you engage in a variety of activities that cater to diverse interests. From thrilling sports to captivating art projects, refreshing nature walks, to the joy of mastering culinary delights from around the world – there's something for everyone!

### WEEK 8 JULY 22 - AUGUST 2

\$180

#### DISCOVERY CAMP GRADES K-5TH

Discovery Camp combines fun, learning, and creativity. Prevent summer learning loss with 'Brain Gain,' and enjoy daily activities to fuel your imagination. From arts to STEM, sports, and more, every day is a chance to make new friends and discover something new.

## MIDDLE SCHOOL CAMP GRADES 6TH-8TH

\$180

# **Camp Information**

#### **HOW TO REGISTER**

Registration opens April 1st, 2024. To register, go to bgcsonoma.org/summer

#### WHO ARE WE SERVING?

Camps are available for youth who are currently enrolled in Kindergarten through 8th grade for the 2023-24 school year.

#### **TEENS**

For information on summer programs for teens, please visit www.teenservices.org

## WHAT ARE SUMMER CAMP HOURS?

8:30 AM to 5:30 PM

## BREAKFAST, LUNCH AND SNACK SERVED DAILY\*

In partnership with the Redwood Empire Food Bank, Boys & Girls Clubs of Sonoma Valley works hard to ensure that every child receives the nourishment they need to succeed.

- We provide a nutritious breakfast, lunch, and afternoon snack every day of camp.
- If you prefer, or if your child has special needs, your child is welcome to bring their own food.
   HEALTHY HABITS - We ask that you
- HEALTHY HABITS We ask that you please support us in promoting healthy habits and pack only nutritious food for your camper.
- We do not refrigerate or heat up lunches. Please provide a lunch that is ready to eat.

\*Middle School Camps will only include lunch.

#### WHAT TO BRING TO CAMP

Campers will be spending their time both indoors and outdoors. It is important that they come to camp prepared for an active day and time in the sun. Please apply sunscreen before arriving to camp.

- Dress in comfortable clothing that can get dirty and wear closed-toe shoes (flip flops are NOT ALLOWED)
- An extra set of clothes.
- OPTIONAL: Bring a sun hat and glasses if needed for being in the sun.
- A reusable water bottle and backpack to store personal items.
- Snacks.

#### WHAT NOT TO BRING TO CAMP

Please do not send personal items such as special toys, electronics, phones, or other valuables that can get lost.

#### DROP OFF AND PICKUP

ALL members must be signed in and out by an authorized adult listed on their membership application. Members may not be present on Club grounds without being checked in and participating in Club activities. Therefore, members should NOT be dropped off prior to the opening of the facility, or be on Club property after checking out, as Club cannot be held responsible for their supervision.

#### **LOCATIONS**

K-5 Summer Camps located at Maxwell Clubhouse; 100 W Verano Ave., Sonoma, CA 95476

Middle School Camps located at El Verano Elementary School; 18606 Riverside Dr., Sonoma, CA 95476