

Mississippi Nurses Association

Commercial Driver Medical Examination Course 2023



STATEMENT OF PURPOSE

Effective May 21, 2014, all health care personnel performing medical examinations for commercial drivers must complete a training program and successfully pass an examination to continue performing medical examinations for commercial drivers. The Mississippi Nurses' Association Medical Examiner training course conforms to FMCSA's training curriculum modules and topics on regulations and guidelines for conducting CMV driver medical examinations. FMCSA regulations and guidelines are reviewed regularly, and the training is updated as required. This course was last updated in January 2023.

OBJECTIVES

Upon completion of this offering participants should be able to:

- 1. Review the background, rationale, mission, and goals of the Federal Motor Carrier Safety Administration (FMCSA).
- 2. Discuss the role of the medical examiner in reducing crashes, injuries, and fatalities involving commercial motor vehicles (CMV).
- 3. Describe the responsibilities and work environment involved in CMV operation.
- 4. Explain the role of the medical examiner in obtaining, reviewing, and documenting operator medical history, including prescription and over-the-counter medications.
- 5. Perform, review, and document the operator's medical examination.
- 6. Perform, obtain, and document additional diagnostic tests or medical opinions from medical specialists or treating physicians when appropriate.
- 7. Inform and educate the operator about medications and non-disqualifying medical conditions that require remedial care.
- 8. Determine operator certification outcomes and appropriate periods for which certification should be valid.
- 9. Discuss FMCSA reporting and documentation requirements.

Upon completion of this program, the healthcare professional will receive a certificate needed to register for the National Registry of Certified Examiners (NRCME) examination. Participants are required to take the certification examination after completion of this training class at testing site of your choosing.

Resources

Guide for Certified Medical Examiners, Including Instructions to Become a Certified Medical Examiner: This information is located on the Federal Motor Carrier Safety Administration site at: https://www.fmcsa.dot.gov/regulations/national-registry/national-registry-certified-medical-examiners

The Medical Examiner Handbook is continually updated. It serves as a good resource for the DOT Medical Examiner.



DOT National Registry of Certified Medical Examiners Training

Contact Hours: 9.0

OUTCOME

Overall Outcome: Event participants will experience increased knowledge and obtain training to sit for the FMSCA Medical Examiner certification boards.

(Please see the handout for the required FMCSA objectives for this continuing education course.)

DISCLOSURES

- 1. Requirements for successful completion of this CE activity include:
 - a. Attendance at the entire activity
 - b. Self-reported level of achievement of outcomes
 - c. Completion of the Evaluation form
- 2. The presenter(s) and planners have announced no influencing relationships with any commercial interest and other potential or real conflicts of interest related to this Continuing Education activity.

"Mississippi Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation."