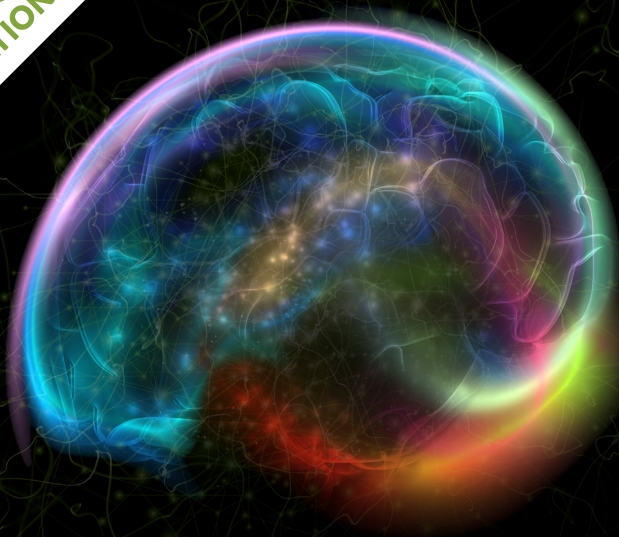


REGISTRATION
INFORMATION



I'm Still Standing: Conquering Caregiving Challenges

22nd Annual Conference on
Alzheimer's Disease and Related Dementias

October 26-28, 2022

Hilton Jackson Hotel and Conference Center | Jackson, MS

Presented by The MIND Center at
University of Mississippi Medical Center



For more information and to register, visit
umc.edu/alzconf



22nd Annual Conference on Alzheimer's Disease and Related Dementias

The goal of the 22nd Annual Conference on Alzheimer's Disease and Related Dementias is to inform, educate and train individuals in Mississippi and surrounding states who are caring for persons with Alzheimer's disease and related dementias (ADRD). This year's conference, themed "I'm Still Standing: Conquering Caregiving Challenges" will focus on comprehensive strategies to prepare health care professionals and family caregivers to deliver quality and compassionate care to individuals living with these diseases.

We are excited to welcome this year's keynote speaker, Emily Shubeck, Senior Associate Director of Quality Care at the Alzheimer's Association. With a Master of Social Work degree and extensive experience in care delivery and support for those living with Alzheimer's and dementia, her opening presentation will spotlight the impact of these diseases on health care professionals as well as the entire family from children and grandchildren to spouses and parents. Other conference topics will help families and professional caregivers improve health care delivery for patients with ADRD in various care settings and at every phase of the disease progression.

From getting an accurate diagnosis to medication management to exploring disparities in Alzheimer's and dementia, presentations in both general and concurrent session format will provide practical solutions for care delivery and caregiver support. The conference will conclude on Friday with a motivational and inspirational presentation by Jackson's beloved Maggie Wade, News Anchor with WLBT, as she shares her caregiving experience. We hope you will make plans to join us in Jackson for this exciting educational event!



Our Keynote Speaker, Emily Shubeck, is the Senior Associate Director of Quality Care for the national headquarters of the Alzheimer's Association. She is responsible for the development and oversight of quality care products that leverage current evidence-based practices to improve the quality of care for individuals living with dementia in long-term and community-based care settings. Previously, Emily managed the National Early-Stage Advisory Group - a program that supports individuals living

with Alzheimer's and dementia to share their experiences to raise awareness, enhance care and support, advance public policy and accelerate research. She holds a master's degree in social work from Loyola University Chicago and a bachelor's degree in psychology from Syracuse University.

Who should attend? Nurse practitioners, registered nurses, licensed practical nurses, social workers, physical and occupational therapists, speech therapists, marriage and family therapists, nursing home administrators, mental health providers, activity directors, recreational therapists, students, seniors and family caregivers.

***Opportunity to earn approximately 17 Continuing Education Hours**

Program Objectives:

- Discuss the impact of Alzheimer's disease and related dementias on health care professionals and families providing care to persons living with these diseases
- Explore new research to promote healthy aging and identify new biomarkers and ways to predict, prevent and treat Alzheimer's and dementia
- Identify methods to connect health care professionals and family caregivers with available resources and support services in Mississippi to improve care delivery
- Describe the social determinants of health for Alzheimer's and dementia both nationally and locally and discuss ways to promote health equity and improve health outcomes

Register now at umc.edu/alzconf



Location

The Hilton Hotel and Conference Center
1001 E. County Line Rd,
Jackson, MS

Welcome Reception with Sponsors **Hilton Jackson Hotel and Conference Center** **October 26, 2022**

5:15 pm – 6:15 pm

What better way to wrap up the first day of the conference than catching up with your friends and colleagues while listening to good music and enjoying signature beverages and delicious hors d'oeuvres! This event is free to registered attendees, sponsors and exhibitors and will wrap in plenty of time for attendees to enjoy the culinary delights in the Jackson area.

Motivational Speaker: Maggie Wade **News Anchor, WLBT, Jackson, MS**

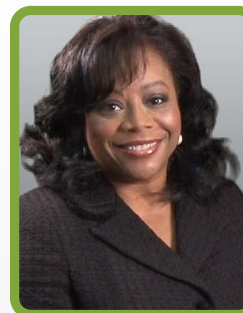
Friday, October 28, 2022

11:45 am - 12:45 pm

Surviving the Caregiving Journey

1:00 pm

Photo Opportunity



Maggie Wade is a news anchor for WLBT in Jackson, Mississippi. Maggie is a native of Crystal Springs, Mississippi and a graduate of Utica High School. She received an Honorary Doctorate Degree in Humanities from Belhaven University. An Emmy nominated News Anchor, Maggie attended Jackson State University and Mississippi College. She served as an adjunct instructor at Belhaven College for 14 years and has served on numerous advisory boards. She is the recipient

of multiple awards recognizing her community leadership and work with many charitable causes. Maggie will share her journey of caregiving as a family member of a person living with dementia.

Conference Agenda

Tuesday, October 25

4:00 pm – 6:00 pm

Registration and Exhibitor Setup

Wednesday, October 26

7:30 am – 5:00 pm

Registration Open

7:30 am – 8:30 am

Continental Breakfast/ Sponsor Exhibits Open

GENERAL SESSIONS

8:30 am – 8:45 am

Opening Remarks/ Conference Overview

8:45 am – 10:15 am

General Session 1: Supporting Individuals Living with Dementia: The Experiences of Professional and Family Caregivers

Emily Shubeck, MSW, LSW

Senior Associate Director of Quality Care,
Alzheimer's Association, Chicago, IL

- Discuss the Impact of Alzheimer's disease and related dementias (ADRD) on caregivers and the entire family

- Explore the role of health care professionals in caring for patients with ADRD and challenges encountered during the pandemic
- Acknowledge the importance of early financial and legal planning to alleviate caregiver stress and prepare for the future
- Explain evidence-based practices to support individuals living with dementia in long-term and community-based care settings

10:15 am – 10:45 am

Break/Sponsor Exhibits Open

10:45 am – 12:15 pm

General Session 2: Getting an Accurate Diagnosis and What to Do Next

Chloe Kilman, MD

Assistant Professor, Division of Geriatrics,
University of Mississippi Medical Center,
Jackson, MS

- Explore the benefit of early detection and diagnosis of ADRD
- Describe knowledge of physical health issues which are prevalent in older adults, caregivers, and those living with ADRD
- Examine the most common types of dementia, associated symptoms, and differences in disease progression
- Identify methods to connect newly diagnosed individuals and their families with available resources and support services in their community

12:15 pm – 1:00 pm

Lunch provided

1:00 pm – 2:00 pm

Session 3: Implications of Caregiving on Family Systems

Kathy T. Gregg, MD

Associate Professor, Division of Geriatrics,
University of Mississippi Medical Center

Cindy Walker, RN, BSN, MBA

Caregiver Support Group Facilitator and
Caregiver

- Discuss how professionals can recognize and support the needs of caregivers of a loved one with ADRD
- Assist multidisciplinary teams in identifying and managing family conflict
- Design educational strategies to suggest support services to families

2:00 pm – 3:15 pm

General Session 4: State Agency Services for Older Adults

Panelists:

Chelsea B. Crittle, PhD

Aging Program Director, Central Mississippi
Planning and Development District, Inc.,
Jackson, MS

Paulette Johnson RN, BSN

Director, Office of Long Term Care, Mississippi
Division of Medicaid, Jackson, MS

Lindsay Thibodeaux, LCSW

Social Worker, Gulf Coast Veterans Health Care
System, Gulfport, MS

Al Cutturini, Esq.

Elder Law Project Director, North Mississippi
Rural Legal Services, Oxford, MS

KenYada Blake-Washington, M.Ed,
CIRS/AD

Mississippi's State Unit on Aging Director,
Division of Aging and Adult Services,
Department of Human Services, Jackson, MS

- Identify state agency support services available to older adults in Mississippi
- Identify resources available to veterans
- Describe when to involve Adult Protective Services to safeguard vulnerable adults in Mississippi and identify procedures to obtain assistance when appropriate
- Identify access options to legal and pro bono services for older adults, caregivers and persons with ADRD

3:15 pm – 3:40 pm

Break/Sponsor Exhibits Open

3:40 pm – 4:55 pm

General Session 5: Promoting Health Equity in Alzheimer's Disease and Dementia

Goldie Byrd, PhD

Professor and Director, Maya Angelou Center
for Health Equity, Wake Forest School of
Medicine, Winston Salem, NC

- Explore brain health inequities that exist within communities of color on both macro and micro levels
- Identify social determinants of health for Alzheimer's disease and related dementias on a national level that affect health outcomes
- Assess available data sources to evaluate opportunities to influence social and public health policy to address disparities in Alzheimer's disease and related dementias
- Identify national and state planning efforts to address brain health and ADRD disparities

Register now at umc.edu/alzconf

5:15 pm – 6:15 pm

**Welcome Reception with
Sponsors/Exhibitors**

Thursday, October 27

7:30 am – 5:00 pm

Registration Open

7:30 am – 8:30 am

**Continental Breakfast/Sponsor
Exhibits Open**

GENERAL SESSIONS

8:30 am – 10:00 am

**General Session 6: Mississippi Leads
the Way – Advances in Alzheimer's
and Dementia Research**

Tom Mosley, PhD

*Professor, Department of Neurology and
Department of Medicine, Division of Geriatrics
and Robbie and Dudley Hughes Distinguished
Chair and Director, The MIND Center, University
of Mississippi Medical Center, Jackson, MS*

Kevin Sullivan, PhD, MPH

*Assistant Professor of Medicine, Division
of Geriatrics, Assistant Director,
Neuroepidemiology Core, The MIND Center,
University of Mississippi Medical Center,
Jackson, MS*

- Explore the role of longitudinal studies in evaluating the relationship between risk factors and development of diseases such as ADRD
- Describe new research underway

at The MIND Center about healthy aging and preserving thinking and physical abilities as people age

- Review the latest trends in ADRD research and implications for clinical practice
- Identify methods to connect individuals and families living with ADRD with active research studies that may offer access to novel treatments.

10:00 am – 10:30 am

Break/Sponsor Exhibits Open

10:30 am – 11:30 am

**General Session 7: The Transformative
Role of Technology in Health Care**

Saurabh Chandra, MD, PhD

*Chief Telehealth Officer, Center for Telehealth,
University of Mississippi Medical Center,
Jackson, MS*

- Assess the emergent role of technology in patient care and management during the pandemic and beyond
- Explore acceptable/HIPAA compliant applications for professional use in care/service delivery
- Recognize recommended telemedicine/technology etiquette for health care professionals
- Explore caregiving technology and available applications

11:30 am – 12:15 pm

Lunch provided

**Concurrent Sessions
(Sessions will repeat)**

12:15 pm - 1:45 pm

**Concurrent Session 8a: Medication
Treatment for ADRD**

Scott Gibson, MD

*Assistant Professor, Division of Geriatrics,
School of Medicine, University of Mississippi
Medical Center, Jackson, MS*

- Identify health problems and complications that may arise in persons with dementia
- Explore how common mental health concerns present in older adults and caregivers
- Explore interventions for managing challenging behaviors
- Discuss available medications for symptom management of ADRD

**Concurrent Session 9a: Ethical
Decision Making and Determining
Capacity**

Heath Gordon, PhD, ABPP

*Clinical Neuropsychologist, Clinical and
Forensic Neuropsychology Services of
Mississippi, Ridgeland, MS*

Sue Ann Meng, LCSW

*Social Worker, The MIND Center, University of
Mississippi Medical Center, Jackson, MS*

- Identify the clinical and legal aspects of decisional capacity evaluation
- Identify the types of civil capacities in older adults
- Describe a framework for the evaluation of diminished decisional capacity
- Distinguish when it is ethically appropriate to advise a family or caregiver to consider assuming responsibility for decision making

**Concurrent Session 10a: Recognizing
and Treating Chronic Pain in Older
Adults**

Rebecca Heath, PharmD, MSCR

*Clinical Assistant Professor, University of
Mississippi School of Pharmacy, Jackson, MS*

- Discuss how chronic pain in older adults is assessed and diagnosed
- Review chronic pain treatments and treatment considerations for older adults
- Review standard protocols for drug management of chronic pain
- Recognize the risk of opioid addiction in older adults and/or caregivers
- Identify prevention strategies for drug addiction in older adults

**Concurrent Session 11a: Creative
Engagement of Older Adults through
Activities**

**Sheri Bankston, CTRS, Specialization
in Geriatrics/Dementia Behavioral
Specialist**

*Owner, Quality of Life Consultation Services,
Ridgeland, MS*

**Susan Anand, MA, ATR-BC, ATCS, LPAT,
LMFT**

*Instructor, Department of Psychiatry,
University of Mississippi Medical Center,
Jackson, MS*

Grayston Barron

*Assistant Curator of Interpretation, Mississippi
Museum of Art, Jackson, MS*

- Identify adaptations for enhancing the environment of those living with dementia
- Discover best practice engagement interventions to reduce apathy and improve quality of life

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- Explore how techniques including museum-based art therapy and visual thinking strategies can enhance the quality of life for people living with ADRD and their family caregivers
- Describe research into the impact of art therapy on stress reduction and improved behavioral and psychological symptoms in people with memory loss and mild cognitive impairment.

1:45 pm – 2:15 pm

Break/Sponsor Exhibits Open

2:15 pm

Sponsor Exhibits Break Down

2:15 pm – 3:45 pm

Concurrent Sessions Repeat

3:45 pm – 4:00 pm

Stretch Break

GENERAL SESSIONS

4:00 pm – 5:30 pm

General Session 12: An Integrated Approach to Brain Health and Healthy Aging

Josie Bidwell, DNP, FNP-C, DipACLM
Associate Professor, Department of Preventive Medicine, University of Mississippi Medical Center, Jackson, MS

Danny Burgess, PhD
Psychologist, Department of Psychiatry and Human Behavior, Director of the Center for Integrative Health, University of Mississippi Medical Center, Jackson, MS

Rachel Dear, PT

Physical Therapist, Department of Psychiatry and Human Behavior, Associate Director of the Center for Integrative Health, University of Mississippi Medical Center, Jackson, MS

Elena Dent, PhD, RDN, CDCES

Assistant Professor, Department of Preventive Medicine, Director of Education for the Center for Integrative Health, University of Mississippi Medical Center, Jackson, MS

- Examine strategies to promote sustainable healthy lifestyle changes
- Identify effective prevention strategies to address brain health disparities in MS
- Equip professionals to encourage healthy practices that will result in improved brain health and risk reduction for ADRD

5:30 pm

Meeting Concludes – Dinner on your own

Friday, October 28

8:00 am – 9:00 am

Seated Buffet Breakfast, Video Scrapbook, Award Presentation and Door Prizes

9:00 am – 10:15 am

General Session 13: A BOLD Public Health Approach and Addressing Social Determinants of Health for ADRD in Mississippi

Kina L. White, DrPH, MHSA, FACHE
Director, Office of Community Health Improvement, Mississippi State Department of Health, Ridgeland, MS

Kenneth R. Butler, Jr. PhD, CT (ASCP)

Professor of Medicine, Department of Medicine, Geriatrics/Gerontology, University of Mississippi Medical Center, Jackson, MS

- Identify key priorities of the Mississippi Alzheimer's Disease and Related Dementias Program
- Discuss planned enhancements to the State of Mississippi Strategic Plan for Alzheimer's Disease and Related Dementias
- Describe social determinants of health that increase risk or incidence of ADRD in Mississippi

10:15 am – 11:30 am

General Session 14: Unforeseen COVID Complications and Managing Post-Pandemic Trauma

Kim Tarver, MD

Associate Professor, Director, Division of Geriatrics, Director of Clinical Services, The MIND Center, University of Mississippi Medical Center, Jackson, MS

- Discuss the long-term, physical effects and risk factors for Post-COVID-19 Syndrome
- Identify the effect of pandemic isolation on mental health in older adults and those living with ADRD
- Examine the impact of COVID-19 on Senior Living and Long-Term Care

11:30 am – 11:45 am

Stretch Break

11:45 am – 12:45 pm

General Session 15: Surviving the Caregiving Journey

Maggie Wade

News Anchor, WLBT, Jackson, MS

- Describe the recognized indicators of ADRD and the evaluation and diagnosis process
- Discuss unexpected challenges that were encountered and how they were addressed/overcome
- Identify caregiving tips and "lessons learned" for families who are caring for loved ones with ADRD
- Examine recommendations for valuable resources, support networks, and sources of inspiration and strength

12:45 pm – 1:00 pm

Closing Remarks

1:00 pm

Conference Concludes

1:00 pm – 1:20 pm

Photo Opportunity with Maggie Wade

The MIND Center would like to thank the sponsors for their support of this event.

A list of sponsors, speaker financial and non-financial disclosures can be found on the conference website: umc.edu/alzconf.

Continuing Education Information

Health care professionals in the following disciplines may have the opportunity to earn up to 17 Continuing Education Hours.

- Nurses
- Social Workers
- Marriage and Family Therapists
- Physical Therapists
- Occupational Therapists
- Speech Therapists
- Nursing Home Administrators
- Mental Health Professionals
- Recreation Therapists
- Activity Directors

To earn continuing education credit, participant must complete each session's Continuing Education Evaluation Form by midnight on Friday, November 11, 2022.

Participants can request a certificate of attendance at the time of registration.

Planning forms are being submitted to the following entities for Continuing Education consideration:

- Mississippi Nurses Association – *The Mississippi Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.*
- This activity has been approved for a total of 17.0 Social Work CE (2.25 CD, 1.0 Ethics, 13.75 General) by the University of Mississippi Medical Center, The MIND Center DP#SWB220001.
- Mississippi State Board of Examiners for Social Workers and Marriage and Family Therapists
- Mississippi State Department of Health
- Mississippi State Board of Nursing Home Administrators



- Region 8 Mental Health Services
- National Certification Council of Activity Professionals
- American Therapeutic Recreation Association - CEU pre-approval is in process. ATRA and NCTRC cannot guarantee that every session offered for this continuing education opportunity will be granted CEUs.

For additional continuing education information visit umc.edu/alzconf or contact:

Kathy Van Cleave, LMSW, LCMHT
Conference Chair
Director of Education and Outreach
The MIND Center
University of Mississippi
Medical Center
Phone: 601.815.4256
Email: kvanceleave@umc.edu



Mental Health Disciplines Credit: Mississippi Department of Mental Health

Region 8 Mental Health Services may provide DMH approved CEs to anyone who is certified or licensed through the Department of Mental Health, Division of PLACE. One CE hour is equivalent to 60 minutes spent face-to-face with a qualified instructor.

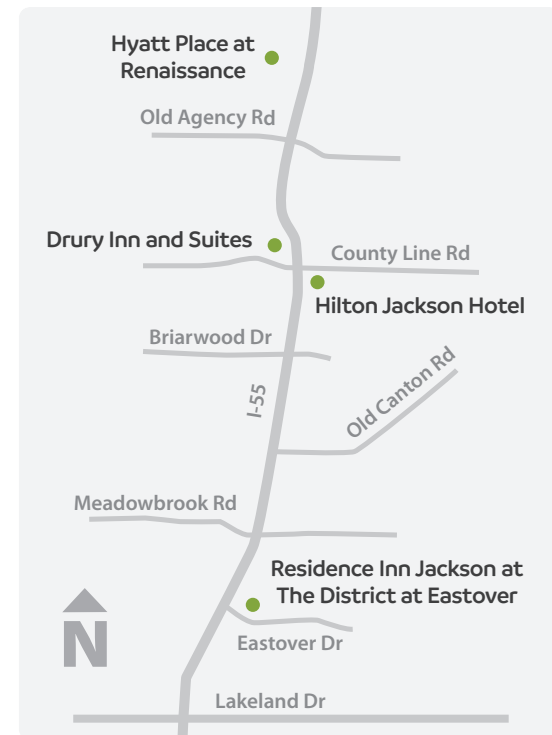
For additional information regarding continuing education for Mississippi Department of Mental Health disciplines contact:

Wm. Scott Sumrall, ScD, MHSA, MBA
Compliance Director
Region 8 Mental Health Services
Phone: 601.824.0342
ssumrall@region8mhs.org

Hotel Accommodations

Discounted rates have been secured at the Hilton Jackson Hotel and Conference Center and hotels which are in close proximity to the Conference Center. For more information about conference hotels and access to direct links to reservation booking sites, visit umc.edu/alzconf.

Hotel Name	Conference Rate	Group Code	Reservation Phone # / Website	Block Expiration
Hilton Jackson Hotel	\$119	ALZ22	601.957.2800 x7009	9/25/2022
Drury Inn and Suites	\$90	10026097	800.325.0720 druryinn.com	9/25/2022
Residence Inn Jackson at The District at Eastover	\$127 - 1 King	The Mind Center @ UMMC	601.362.8003	10/4/2022
Hyatt Place Ridgeland at Renaissance	\$115 - 1 King \$135 - 2 Queens	MCAC	601.898.8815	10/4/2022



Registration Fees

Register early to take advantage of Early Bird pricing!

Registration Type	Early Bird Registration through Sep 30	Registration Oct 1 through day of conference
Full Conference	\$235	\$265
Students, Seniors (60 years and older) and Family Caregivers	\$135	\$160
Single Day Rate Wednesday	\$135	\$135
Single Day Rate Thursday	\$135	\$135
Single Day Rate Friday	\$85	\$85

Questions or More Information

mindcenter@umc.edu
601.815.4237

Cancellation and Refund Policy

Cancellation refunds will be made according to the following schedule based on the number of calendar days requested prior to the start date of the conference:

21 days Full refund
14 – 20 days . . . 75% refund
7 – 13 days 50% refund
1 – 6 days No refund

Documented extenuating circumstances will be considered on a case-by-case basis by contacting Kathy Van Cleave, Director of Education and Outreach, at kvanceleave@umc.edu or 601.815.4256.

ADA Accommodations

The Hilton Jackson Hotel and Conference Center is ADA accessible. To request special accommodations, please contact kvanceleave@umc.edu.

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