



# Missouri Association for Infant Mental Health

## IECMH Training Series Registration

\*Note: Registration is capped at 300 participants per training.



**AUGUST 12**  
12PM–2PM CT

### Using Reflective Practice in Home Visiting

Learn what reflective practice is and why it matters in home visiting. Explore how it supports curiosity, perspective taking, and the parallel process to strengthen relationships with families and enhance your well-being and effectiveness.

[Register Here](#)



**AUGUST 26**  
12PM–2PM CT

### Self-Care Across the Spectrum of EBHV Work

Define self-care as a professional responsibility and learn how it builds resilience, effectiveness, and longevity in home visiting. Create a personalized self-care plan with reflective, relational, and practical strategies to support your well-being and sustain quality service.

[Register Here](#)



**SEPTEMBER 9**  
12PM–2PM CT

### Using Reflective Practice to Handle Workplace Conflict

Explore how reflective practice can help you navigate challenging conversations and situations at work. Examine how personal experiences, beliefs, emotions, and stress responses influence perceptions of and reactions to workplace conflict.

[Register Here](#)



**SEPTEMBER 23**  
12PM–2PM CT

### Engaging Disengaged Parents in Home Visiting

Learn to identify barriers to engagement and how family experiences, strengths, and circumstances influence readiness for support. Discover reflective, relationship-based strategies to build trust, responsiveness, and sustained engagement.

[Register Here](#)



**OCTOBER 14**  
12PM–2PM CT

### Maternal Health and Infant Mental Health: The Connection Begins Before Birth

Explore the powerful connection between maternal and infant mental health. Examine how stress, mental and physical health, and social determinants impact fetal development and early relationships—and how these experiences show up in the relationship.

[Register Here](#)



**OCTOBER 28**  
12PM–2PM CT

### Sore Spots: Communicating with Families about Sensitive Issues

Identify common sensitive topics in family work and the factors that make them challenging. Learn relationship-based communication strategies that promote trust, curiosity, cultural humility, and collaborative problem-solving.

[Register Here](#)



**NOVEMBER 11**  
12PM–2PM CT

### Supporting Parents and Families with Trauma History

Understand trauma and its impact on parents, family systems, and child development. Learn reflective, strengths-based, and trauma-responsive approaches to support families, foster resilience, and promote relational health.

[Register Here](#)

