

SIFAT CAMP

PACKING LIST

- Reusable water bottle
- Pillow
- Bible
- Journal
- Pen
- Flashlight
- Toiletries (toothpaste, toothbrush, soap, deodorant, etc.)
- Towel and Wash Cloth
- Snacks
- Closed toe shoes you don't mind getting dirty
- Rain Gear
- Bug Spray
- Sunscreen
- Work Gloves
- Sleeping Bag (hammocks are optional)
- Twin Size Sheets
- Weather appropriate clothing and clothes you don't mind getting dirty
- Swimsuit (please read dress code for details)
- Backpack
- Medicine
 - Any prescription medicine must be brought and noted on the medical release form for each participant
 - Epi Pens: must have with and have a designated person assigned to administer it if participant is unable
 - Inhalers