

# The Mug Club

*Caring Ideas for Caregivers from cutting edge sources.*

Come get a cup of coffee, tea or soda and discuss the latest book or share an idea and become a better family caregiver.



## ***Ladies***

First and Third Tuesdays at 1:30pm, at the Perkins on W College Ave. Appleton

## ***Men***

First and Third Wednesdays at 1:30pm, at the Perkins on W College Ave. Appleton

Please contact [Terry.Schmeckpeper@Lsswis.org](mailto:Terry.Schmeckpeper@Lsswis.org) or (920)225-1704,

to sign up and get your book for the next session.