



## FOX VALLEY MEMORY CAFÉS

August, 2018



Memory Cafés welcome those experiencing early stage dementia, mild memory loss or cognitive impairment as well as family and friends of those affected. It's a great opportunity for lively discussions, information gathering, refreshments, camaraderie and lots of creative fun! Call Lynn Ann at (920) 225-1711 for more information. You can also check us out at [www.foxvalleymemoryproject.org](http://www.foxvalleymemoryproject.org). **We encourage everyone to attend with a partner.**

### APPLETON:

Appleton Public Library, 225 N Oneida St, **Tuesday, August 7, 10-11:30 am** Aloha from Hawaii! Hula entertainment by Marsha's School of Dance! Refreshments will be served. Take the elevator to Lower Level Meeting Room D.

Atlas Waterfront Café, 425 W Water St, (Paper Discovery Center building) **Thursday, August 2 & 16, 2-4 pm**

**August 2** Michelle Graf is eager to share what she learned during her recent trip to Germany. How has Germany changed (and not changed) from the Middle Ages? Have you been to Germany? What are your memories? Everyone will have a chance to design your own personal noble coat of arms.

**August 16** What is "home" to you? Is it feeling safe? Feeling accepted? Maybe at times it is chaotic! Home can be and mean many things. For individuals and families experiencing homelessness, home can be more of a challenge than a source of comfort. Join us as our special guest, Beth Vanderloop from Homeless Connections asks us to share us what home means to us. We will write and/or illustrate what home is, and collage the responses to a canvas that will be displayed at Homeless Connections.

### KAUKAUNA:

Kaukauna Public Library, 207 Thilmany Rd, Suite 200, **Monday, August 13, 1:30-3:00 pm** Did you know that August is Rock Collectors month? Come join us and "rock out" with activities and games related to rocks and stones. We will make special rocks for the Fox Valley Hidden Rock project or you may keep one for a "pet". If you collect rocks or have found a special one, bring it in and tell us how and where you found it!

Hoffman Memory Care Resource Center, 221 East 13th St, **Monday, August 27, 10:30 am-12 pm** Join us for Time Slips-a fun and creative story telling event! Laughs are guaranteed!

**KIMBERLY:** Village of Kimberly Municipal Complex, Cedar Room, 515 W Kimberly Ave, **Wednesday, August 22, 1-3 pm** Have you joined the rock painting craze yet? The idea is simple. People paint rocks bright colors or with short messages on them and hide them – preferably in plain sight – so that people find them. The person who finds the rock can take a photo of it or a selfie with the rock and post it to a special Facebook page. We have enlisted some of our very own rock painting enthusiasts to lead us!

**MENASHA:** Elisha D Smith Public Library, 440 First St, **Wednesday, August 15, 1:30-3 pm** Join us as we practice some fundamental Tai Chi. The purpose of tai chi is to cultivate life energy within us to flow smoothly and powerfully throughout our body. Have you ever had to "rebalance" your life? We would love to hear about your experiences.

**NEENAH:** Neenah Public Library, 240 E Wisconsin Ave, **Monday, August 20, 1:30-3:30 pm** We have an exciting afternoon planned with staff from Bergstrom-Mahler Museum. They will lead us in making fused glass sun catchers. Special thanks to Jean Chew for providing the funding for this café in memory of her husband Jim.

**NEW LONDON:** Mosquito Hill Nature Center, N3880 Rogers Rd, **Wednesday, August 8, 1:30-3 pm** Join us for Ice Cream and Monarchs at The Hill! We will make our own ice cream and have toppings for creating sundaes to savor! If we have some monarch butterflies ready for flight from our butterfly lab, we'll release them outside for their long migration south. We hope you can join us at the nature center where we always have a great time with good friends.