

## **Our response to the recent viral outbreak**

At MPower Bodywork, your well-being is the highest priority. We are in the business of wellness. During a time when there is a call for social distancing, we want you to be secure in the knowledge that as state licensed professionals, who make physical contact with others every day for a living, we are prepared to respond to the need for elevated care taking. This is the work we have chosen to do and your best interest is always in mind.

As concerns continue to mount over COVID-19 (Coronavirus), we feel that it is important for you to know the steps we take to keep you, our therapists, and support staff protected.

Our office is not a crowded space.

Fresh sheets, towels, and face cradle covers are used for every session. The used items are removed from treatment rooms and bagged for laundering.

Oil and lotion bottles are cleaned between every session.

Objects that are frequently handled, such as phones, keyboards, door handles, lobby seating areas, water dispensers, massage stools and tables, counter tops, and cabinets are regularly cleaned.

Employees must thoroughly wash their hands before and after making contact with clients, sheets, towels, supplies, and equipment.

Hand sanitizer is available in our lobby and in all treatment rooms.

Our therapist are well trained to create a safe and healthy environment. In addition to studying universal health precautions, as a part of their education, they are trained in public access clinics and do coursework in pathology (the science of the causes and effects of diseases).

We are being exceedingly diligent to ensure employees exhibiting any signs or symptoms of illness, including acute respiratory illness, remain home. Additionally, if any of our clients are feeling unwell, we are urging them to reschedule their appointment.

If you have any questions or concerns, you can call the office at 212-539-1690. If you would like to contact either the owner or manager, you may do so by calling the office or contact them via email.

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