

The Menu is subject to change due to the availability of food or school closure!  
 This Institution is an equal opportunity provider

# November 2020



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>2</b> General Tso Brocc Fruit Milk	<b>3</b> BBQ Beef Ribs Carrots w/dip Fruit Milk	<b>4</b> Hot Dog Baked Beans Fruit Milk	<b>5</b> Pizza Stick Green Beans Fruit Milk	<b>6</b> Walking Taco Corn Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>9</b> Drumstick Green Beans Fruit Milk	<b>10</b> Cheese Burger Peas Fruit Milk	<b>11</b> Pulled Chicken Brocc Fruit Milk	<b>12</b> Fiestado Pizza Corn/Black bean Fruit Milk	<b>13</b> Salisbury Steak Mashed Potato Peas & Carrots Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>16</b> Chic Nuggets Peas Fruit Milk	<b>17</b> Beef & Cheese Nachos Corn Fruit Milk	<b>18</b> Corn Dog Baked Beans Fruit Milk	<b>19</b> Calzone Green Beans Fruit Milk	<b>20</b> Turkey Gravy Mashed Potato Carrots Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>23</b> Meatball Brocc Fruit Milk	<b>24</b> Grilled Chicken Carrots w/dip Fruit Milk	<b>25</b> <p style="text-align: center;"><b>NO School</b></p>	<b>26</b> <p style="text-align: center;">No School!  Thanksgiving</p>	<b>27</b> <p style="text-align: center;"><b>NO School</b></p>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>30</b> Bacon Cheese Burger Carrot Tator Tots Fruit & Milk	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:

