



Steubenville City Schools

Lunch Menu

Our menu is subject to change due to availability of food or school closure!  
This Institution is an equal opportunity provider

# October 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b> Calzone Green beans Fruit Milk	<b>2</b> Chili Cornbread Corn Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>5</b> Breaded Chicken Sand Corn/black beans Fruit Bun Milk	<b>6</b> Cheese Burger Pickle Tator Tots Fruit Bun Milk	<b>7</b> Pasta w/meat sauce Brocc Fruit Roll Milk	<b>8</b> Pizza Stick w/sauce Green beans Fruit Cookie w.g Milk	<b>9</b> Chili Corn bread Carrots Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>12</b> Chicken Strips Corn/black beans Fruit Roll Milk	<b>13</b> Bacon Burger Carrots Fruit Bun Milk	<b>14</b> Pasta w/ meat sauce Brocc Fruit Roll Milk	<b>15</b> Calzone Green Beans Fruit Milk	<b>16</b> Chili Corn bread Mix veg Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>19</b> Grilled chicken w/ bacon Corn/black Beans Fruit Bun Milk	<b>20</b> Cheese Burger Tator Tots/ Fries Carrots Fruit Bun Milk	<b>21</b> Pasta w/ meat sauce Brocc. Fruit Roll Milk	<b>22</b> Round Pizza Green Beans Fruit Milk	<b>23</b> Chili Corn bread Mix veg Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>26</b> Breaded chicken Sand Corn/black beans Fruit/Bun/Milk	<b>27</b> Bacon Burger Carrots Fruit Bun Milk	<b>28</b> Pasta w/ meat sauce Brocc. Fruit Roll Milk	<b>29</b> Mozzarella Stick w/ sauce Green bean Fruit Milk	<b>30</b> Chili Corn bread Mix veg Fruit Milk	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium: