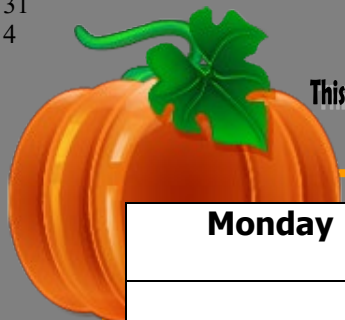


Steubenville City Schools  
Lunch Menu

This Menu is subject to change due to food availability of food or school closure!  
This institution is an equal opportunity provider.

# October 2024



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
	<b>1</b>  <b>Chicken Patty</b> <b>Wg chips</b> <b>Fruit</b> <b>Milk</b>	<b>2</b>  <b>Salisbury Steak</b> <b>Potatoes</b> <b>Green Beans</b> <b>Fruit</b> <b>Milk</b>	<b>3</b>  <b>Pizza</b> <b>Salad</b> <b>Fruit</b> <b>Milk</b>	<b>4</b>  <b>Cheese Burger</b> <b>French Fries</b> <b>Fruit</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>7</b>  <b>Taco in a Bag</b> <b>Corn w Black Beans</b> <b>Fruit</b> <b>Milk</b>	<b>8</b>  <b>Meatball Sandwich</b> <b>Green Beans</b> <b>Fruit</b> <b>Milk</b>	<b>9</b>  <b>Chicken Nuggets</b> <b>Mac n Cheese</b> <b>carrots</b> <b>Fruit</b> <b>Milk</b>	<b>10</b>  <b>Pizza Stick</b> <b>Salad</b> <b>cookie</b> <b>Fruit</b> <b>Milk</b>	<b>11</b>  <b>Grilled Cheese</b> <b>Soup</b> <b>Fruit</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>14</b>  <b>Chicken Strips</b> <b>corn</b> <b>Fruit</b> <b>Milk</b>	<b>15</b>  <b>Corn Dog</b> <b>Mixed vegetables</b> <b>Fruit</b> <b>Milk</b>	<b>16</b>  <b>General Tso</b> <b>Rice</b> <b>broccoli</b> <b>Egg Roll</b> <b>Fruit</b> <b>Milk</b>	<b>17</b>  <b>Pizza</b> <b>Green Beans</b> <b>Fruit</b> <b>Milk</b>	<b>18</b>  <b>Sloppy Jo</b> <b>Buttered Noodles</b> <b>carrots</b> <b>Fruit</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>21</b> <b>Hot Dog</b> <b>Carrots</b> <b>Wg cookie</b> <b>Fruit</b> <b>Milk</b>	<b>22</b>  <b>Beef &amp; Cheese</b> <b>Nachos</b> <b>Corn</b> <b>Fruit</b> <b>Milk</b>	<b>23</b>  <b>Chicken Parmesan</b> <b>Broccoli</b> <b>Fruit</b> <b>Milk</b> <b>Garlic Toast</b>	<b>24</b>  <b>Pizza Stick</b> <b>Salad</b> <b>Fruit</b> <b>Milk</b>	<b>25</b> <b>Biscuit w Chicken</b> <b>Gravy</b> <b>Green Beans</b> <b>Fruit</b> <b>Milk</b>	Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium:
<b>28</b> <b>Uncrustable</b> <b>WG Chips</b> <b>WG Cookie</b> <b>Fruit</b> <b>Milk</b>	<b>29</b> <b>Lasagna Roll</b> <b>Broccoli</b> <b>Fruit</b> <b>Milk</b> <b>Roll</b>	<b>30</b> <b>Steak Hoagie</b> <b>French Fries</b> <b>Fruit</b> <b>Milk</b> <b>Bun</b>	<b>31</b> <b>Pizza</b> <b>Green Beans</b> <b>Fruit</b> <b>Milk</b>		Calories: Total Fat: Saturated Fat: % Calories from Sat. Fat: Trans Fat: Carbohydrates: Protein: Sodium: